



Rangers' Review



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Presidential Press

Opportunity... what is opportunity - a time or set of circumstances that makes it possible to do something. I have been reflecting recently and was thinking about the number of opportunities that I have been presented through my life and how many of those I actually embraced which in turn had an impact on my life. Sitting alongside opportunity comes choices. You reach the fork in the road, which way do you go. We all have them and I am sure we have all made good choices and not so good choices. So, where am I going with this, nowhere really, I'd just say be brave, if an opportunity presents itself, embrace it for what it is, remember you may not get the chance to do that ever again which then leads to regret which is an entirely

Moving right along...as I write this I note that the year is rapidly coming to a close, with only two more meetings then it's the Christmas break. I am pleased to announce that someone answered the call to drive the MLR Silver Jubilee bus, thanks Chris for stepping up. Based on what I have heard to date we have some good things in the pipeline, which of course will require your support.

Speaking of subcommittees, the MLR members of the Octoberfest subcommittee recently gathered at my place for a lessons / reflection activity. In short, we have decided that MLR will take a break from organising an event in 2021 and have notified 4WDSA to that end. We have offered support to anyone who may want to pick up the ball and run with it. Similarly, we toyed with the idea of running an event just for MLR members that we may pilot next year, so standby for more information on what that may look like, but I'm excited.

different journey.







On Octoberfest, due to the increased numbers and excellent raffle ticket sales, the event generated a healthy profit (contrary to everyone's expectations). The MLR committee discussed options regarding what we might do with the funds remembering we didn't run the event to make a profit. The bottom line is we will make a \$4000 to the RFDS and \$2000 to Beyond Blue and keep a small amount in reserve for seed funding for the next event should we decide to conduct one in the future. Well-done and thankyou to all who made this possible.

Drum banging time... don't forget:

- MLR Christmas at Avoca Dell (\$20 refundable deposit per car required at the Nov meeting)
- Anaconda for discounts and Pizza, Wed 20 Nov.
- Evil Santa for our Dec meeting.
- Beachport have you booked your site yet?

Next Meetings:

Next monthly meeting is **11**th **November** (Armistice day) Next committee meeting **25**th **November** (1 month to Christmas) <u>Word of the Month:</u>

In keeping with the current theme (check out the previous months)...

Honorificabilitudinitatibus - longest word with alternating consonants and vowels - a twenty-seven-letter way of saying "with honorableness."



YOUR COMMITTEE 2019-20 COMMITTEE DIRECTORS



PRESIDENT
Gary Light
president@mountloftyrangers.com.au

VICE PRESIDENT
Chris Grear
vp@mountloftyrangers.com.au



TREASURER
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treasurer@mountloftyrangers.com.au

SECRETARY & PUBLIC OFFICER
Malcolm/Ann Morris
secretary@mountloftyrangers.com.au





TRIPS COORDINATOR
Trevor Light
trips@mountloftyrangers.com.au

FWD SA DELEGATE Roger Wilkinson delegate@mountloftvrangers.com.au



MEMBERSHIP OFFICER(S)
Rob Stevens / Marianne Sag / Steve Brown
membership@mountloftyrangers.com.au



Rangers Review



YOUR COMMITTEE 2019-20 **COMMITTEE MEMBERS**

WEBSITE OFFICER Kevin Jesshope

webmaster@mountloftyrangers.com.au





MERCHANDISE OFFICER

- TBA -

merchandise@mountloftvrangers.com.au

PROPERTY OFFICER Peter Reed property@mountloftyrangers.com.au





EDUCATION OFFICER Steve Townsend training@mountloftvrangers.com.au

> MAGAZINE EDITOR Kylie Cooper magazine@mountloftvrangers.com.au



COMMITTEE MEMBER Ian McFarland COMMITTEE MEMBER **Neil Stokes**



COMMITTEE **MEMBER** Paul Parsons

COMMITTEE **MEMBER** Kim McCoole









YOUR COMMITTEE

Committee members are elected by the members for the members. They are volunteers who kindly donate their time to represent the members interest in the day to day running of the Club, are you:

- Interested in putting your hand up to help this club get even greater? 1.
- 2. Not sure what role you'd like or what's involved?

Keep reading for a brief description of each role:

President: - Convenes all meetings of MLR. Meeting with 4WDSA to push the MLR interests. Sponsor Liaison.

Vice president: - Facilitate monthly topic of interest e.g. guest speakers, awareness sessions etc. Becomes acting President when the President unavailable. MLR club registration officer

Treasurer: - Looking after club financials. Sponsor liaison.

Secretary & Public Officer: - Minute taking for meetings. Correspondence in and out. **<u>Trips Coordinator:</u>** - Primary point of contact for members trip planning, advice and attendance sheets. Communicates trip calendar to members

4WDSA Delegate: - Attends bi-monthly 4WDSA meetings and is the voice of MLR, also reports back on any relevant information from 4WDSA that affects MLR.

Membership officers (1 lead & 2 x assistants): - First point of contact for visitors that come to MLR, keep track of member attendance at club meetings and criteria for membership acceptance, welcome visitors and link them with a buddy, run the club night raffle and pay for any birthday drinks.

Website officer: - Maintain and update MLR website and Facebook administration Merchandise officer: - Organises clothing and other club approved merchandise for sale to members.

Property Officer: - Looks after club property and trailer, by maintaining where appropriate and lends equipment out to members.

Education Officer: - Organises club training and awareness days. Liaises with 4WDSA Driver Training Unit for wider training opportunities.

Magazine editor: - Collates all material to go into club magazine - photos, trip reports, jokes, interesting 4WD related stories sourced elsewhere. Facebook administration.

Committee Member: - Supports other Officers of the committee, and helps with club events and trips where needed.

If you would like to share your experience and contribute to the running of the club, please speak to a current committee member to obtain a nomination form.



Mount Lofty Rangers Inc.

About Us

The Club's aim is for its members to enjoy all aspects of owning and using our 4WDs while enjoying the diverse surroundings offered by this great country. We are a club of 4WD enthusiasts who enjoy challenging driving, regular trips, camping, camp cooking and a great social scene on and off track.

Membership

Membership is open to anyone who owns a 4WD (regardless of its make or model) and has a passion for driving. Mount Lofty Rangers Inc is an affiliated member of the South Australian Association of Four Wheel Drive Clubs (FWDSA).

Club Outings

The Mount Lofty Rangers provides regular day, weekend and extended four wheel drive trips, lead by experienced trip leaders. Trips are rated on the level of difficulty and are available to all members and guests.

The club has a dedicated social committee which also organises regular events that complement the club trips.

Experience and Training

Our current members possess a wide range of skills ranging from beginner to advanced. The club has a number of accredited instructors and assessors, and is involved in regular training via the SAAFWDC Driver Training Unit.

Meetings

Club meetings are the <u>second Monday of each month*</u> and are held at the **Blackwood Football Club, Trevor Terrace, Blackwood**

Time: 7:15 pm for 7.30pm start

*Except where this Monday falls on a long weekend then the meeting is held on the third Monday of the month.

For more information on the Club please check out our website at:

www.mountloftyrangers.com.au

MT LOFTY RANGERS UHF CLUB CHANNEL NO 27





PON'T MISS OUT!!

NB: 22 people are required to make this activity feasible

Do you need camping kit replaced? Do you need extra kit?

MLR will be holding a Club night and Pizzas at "Anaconda" on

Wed 20 Nov 6:00-7:30

This is an ideal excuse to do some Christmas shopping. The evening will include:

- Pizza (supplied by the Club)
- Exclusive access to the shop
- Discounts for those who attend

If you would like to attend make sure you put your name on the Trip Sheet at the monthly meetings or contact Gary

Light



Located in: Mile End Home Maker Centre

Address: Mile End Homemaker Centre, 21/121-150 Railway Terrace, Mile End SA 5031

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GUEST SPEAKER

NOVEMBER MEETING –

Jason from Jakem Farm



For further information or to book a guest speaker, please email Guest Speaker Co-Ordinator & Vice President at vp@mountloftyrangers.com.au







Octoberfest - Mena Mora 2019

Bunbinyunna Track- Trip leaders Neil Stokes and Pam Wheare



The typical Flinders view

Sunday morning saw 3 groups set off for this popular trail on Mena Mora property. Our group of 11 had cars from Nissan Patrol and Adventurers Club as well as MLR, all ready for a challenge. The track has several areas where cars climb steep hills and after the first stop and photo opportunity, drivers were saying WOW that's fun. As we travelled to lookouts and a section of uphill track requiring the driver to calmly follow their training, they were smiling at the views from the top.





OCTOBERFEST





Up the big hill climb

The group with Pompey's Pillar behind



The cairn and signing book at Elsie's Lookout – Elsie Fels owned and ran Mena Mora by herself from 1964 to 2004. She raised a large family and introduced tourism to supplement the station income.







OCTOBERFEST

Photos from Marianne Wright



Wimmera Group - Arden Hills



Having a pitstop - Arden Hills





OCTOBERFEST



Mount Samuels











Blackwood SA 5051 p 08 8370 3344 f 08 8370 2800 David@bcps.net.au

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McGregor 0408 900 889 Paul

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Heeee's Baaaack! - Evil Santa

Our 9th Dec meeting will be the evil Santa meeting.

There will be \$2 champagnes and tap beer available, so bring your better half for a good evening.

Bring a present circa \$10 and get a ticket to receive a present, bring more than one, and receive more than one etc. You should go home with as many presents as you brought, however, the quality may have changed.



Tickets will be drawn, members can pick a gift from the table (unwrap and show gift to all) or steal a gift previously collected.

If you have your gift stolen, you get to return to the table for a second pick.

Oh...Bring a small plate of nibbles to share on your table.

NB: we will also be presenting donations to RFDS and Beyond Blue.





2000 Toyota LandCruiser 100 series



Cargo barrier, HID head and spot lights, bullbar with winch, arb 2 inch lift, Mickey Thompson tyres, twin Arb air lockers, under bonnet compressor, towbar, Redarc gauges, UHF radio, cd/radio with Bluetooth, Ozi Explorer satnav offroad mapping and street maps, rear drawers, window tint. Comes with factory seats.



Contact Les Toomer 0409 285 232 if interested and want to know more





THE BELAIR HOTEL

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BELAIRHOTEL.COM.AU 8278 8777 / 141 MAIN ROAD, BLACKWOOD SA ADMIN@BELAIRHOTEL.COM.AU



MERCHANDISE

Sand Flag

\$25 - MLR Sand Flag to be used under the the orange flag as required in the Desert Parks, Beachport as well as other places we 4WD like Peake and Morgan.



To place an order contact:

merchandise@mountloftyrangers.com.au

Is it your birthday this month???

NOVEMBER BIRTHDAYS

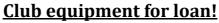
Kylie Cooper Frank Aschmoneit Tas Hunt Bruce Armstrong

See Kylie or a membership officer for a drink!



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- Grate mates
- Uniden UHF handheld radios
- Tyre repair kit (large & small)
 - *Tifor* hand winch and cable
 - Car Bra

- Gazebo 3m x 3m
- Hot water urn and kettle
 - Bead breaker
 - Drag chains (x 2)
- Trestle tables, plastic folding 1.8m (x2)
- Recovery bag (inc snatch straps, extension strap, tree trunk protector and shackles)

*All club equipment is securely stored within the club trailer @ Lonsdale

For further information on any loan equipment, please email Property Officer: property@mountloftyrangers.com.au



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2019 TRIPS CALENDAR

"Put up a trip sheet and people will come"

MONDAY	Club Meeting 7.30pm		
11 th November	Blackwood Football Club, Trevor Terrace, Blackwood		
Sat 23 rd – Sun	MLR Xmas	Kylie Cooper	Avoca Dell
24 th November			
Dinner provided on site by Golden Roast Catering – 3 choices of meat, 8 salad/veg			
options, bread rolls & icecream for dessert!			
MONDAY	Club Meeting 7.30pm		
9th December	Blackwood Football Club, Trevor Terrace, Blackwood		
Mon 9th Dec	Annual event	Gary Light	Evil Santa
Bring a \$10 gift (or two) to put on the table, receive a raffle ticket to be drawn and			
pick a giftbe prepared for evil santa to steal your gift and pick another!			

MLR Christmas *new location* Saturday 23rd November

Avoca Dell Caravan Park is only 4km out of Murray Bridge

Get in quick – Ring Kim on 8532 2095 to secure your site. Mention MLR 4x4 club for 10 % discount price (\$32.50) for a powered site for the night (feel free to go earlier and/or stay longer) *they do not have unpowered sites, but do have cabins if you would prefer

\$20 deposit required by November club meeting for catering purposes https://www.avocadellcaravanpark.com/





2020 TRIPS CALENDAR

MONDAY	Club Meeting 7.30pm			
13 th January	Blackwood Football Club, Trevor Terrace, Blackwood			
Mon 13 th Jan	Annual event	Gary Light	Show n Shine	
Get out the polish (or not), be prepared for random categories, weigh your car (load				
it up!), bring your wares for all to see and be judged				
Fri 24 th – Mon	Annual club trip	Gary Light	Beachport	
27 th Jan 2020				
Sand driving, dune fun, happy hour, icecream shop trips, ladies shopping, wine				
tasting, and more				
MONDAY	Club Meeting 7.30pm			
10 th February	Blackwood Football Club, Trevor Terrace, Blackwood			

EXPRESSION OF INTEREST

TBA	Weekend trip	TBA	Loveday 4WD Park	
Camp at Loveday and drive the 4WD track.				
Interested??? Put your name down and lead the trip!				
June/July 2020	Extended trip	Eric	Simpson Desert	
	-	Kalderovskis	-	
East to West				

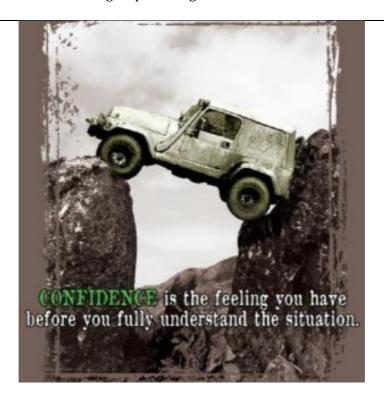




MLR TRAINING CALENDAR:

Courses run by Steve Townsend on his property at Ashbourne

Email <u>training@mountloftyrangers.com.au</u> for more information or to organise one-on-one or group training.







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LEGENDARY OFF-ROAD TIRES







ARB 4x4 CULTURE LIVE 2020

On the 21st-22nd March 2020 ARB is hosting a national off road event open to all ARB customers and friends. 4×4 Culture LIVE will be based around all the diverse aspects of 4WDing covered in the pages of the 4×4 Culture magazine: family travel, new products, vehicle set-ups, education, camping and everything that goes along with it. Hosted at Loveday 4×4 Adventure Park in South Australia, attendees will be spoilt with a weekend full of adventure including tag-along tours of the 8,000-acre park, scavenger hunts, prize giveaways, camp cooking, fishing classes, special guests, product experiences and industry experts.

As night falls, the park's licensed tavern will come to life with live music, catering and hours of socialising with other campers. For those with young tackers, a grassed yard adjoining the tavern will keep the youngsters entertained with a host of kids' activities and entertainment.

As a first-of-its-kind event, the number of tickets available is limited, so get in quick to avoid disappointment! While children under five can attend the event at no charge, you can purchase a ticket to suit the meal requirements of your child.

Adult (18+) \$150 (Sat & Sun dinners inc)
Teen (12-17) \$60 (Sat & Sun dinners inc)
Child (5-12) \$35 (Sat & Sun kid friendly dinners inc)
Child (under 5) FREE (no meals inc)

Please note that a 75c booking fee applies per ticket.

Your ticket to adventure will include:

- > Park access and camping fees
- > Saturday night tapas and dinner (kid-specific meals available)
- > Sunday night tapas and dinner (kid-specific meals available)
- > Access all areas (classes, demonstrations, tours, etc)
- > Evening entertainment
- > Kids' entertainment

Attendees will be responsible for their own camping equipment, fuel and meals (outside of included meals).

Find out more information here: https://www.arb.com.au/4x4culture-live/



2019 SA SCHOOL HOLIDAYS

School Holidays

Friday 13th December

SA PUBLIC HOLIDAYS 2019

Wednesday 25th December – Christmas Day Thursday 26th December – Boxing Day

SOUTH AUSTRALIA PUBLIC HOLIDAYS 2020

Wednesday 1st January – New Year's Day
Monday 27th January – Australia Day
Monday 9th March – Adelaide Cup Day
Friday 10th April – Good Friday
Monday 13th April – Easter Monday
Saturday 25th April – Anzac Day
Monday 8th June – Queen's Birthday
Monday 5th October – Labour Day
Friday 25th December – Christmas Day
Monday 28th December – Proclamation Day

SOUTH AUSTRALIA SCHOOL HOLIDAYS 2020

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Death Valley (USA) vs Simpson Desert (AUSTRALIA)

some interesting comparisons

Courtesy of Rob & Trish Dagri

On our recent 41 day trip to the USA, Cancun and Canada we included a self-drive route along the coast road from Los Angeles to San Francisco on the Californian coast road and then from San Francisco to Las Vegas. It was a most pleasant drive along the coast road with a 1 night stopover in Santa Barbara and Monterey. A very winding road in sections with the possibility of road closure due to rock slides. Fortunate for us the road was "open". Upon our arrival at San Francisco after viewing the news, we discovered whilst we were on the highway there was a 6.4 earthquake in a place called Ridgecrest which is basically in between Los Angeles and Las Vegas.

After the 6.4 earthquake there was a second one at 7.2 which was felt all the way to Las Vegas.

Our initial plan was to drive through the centre of Yosemite National Park, a very winding road, through the Tioga Pass, but this route would have lead us close to Ridgecrest, where they were to experience many an aftershock! We decided to just do the scenic drive from San Francisco through the upper section of Yosemite National Park to a town called Bishop, driving a total of 475 kms for the day. Our journey the next day from Bishop through the Death Valley National Park to Las Vegas was 428 kms.

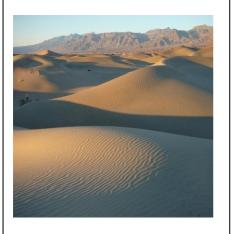




Death Valley is a desert valley located in Eastern California in the northern Mojave Desert. The size of Death Valley is 13,628 square kilometres, the largest national park in the lower 48 states and has nearly 1,600 km of roads that provide access to both popular and remote locations in the park. One million visitors visit the park each year.

It has history of being one of the hottest places in the world. In this below sea level basin, steady drought and record summer heat make Death Valley a land of extremes. On July 10, 1913 a high temperature of

56.7 degrees C was recorded at Furnace Creek, but amazingly snow frosts the park's towering peaks. Sand dunes are only a small part of this park.



The Simpson Desert is located mainly in the south eastern corner of Northern Territory, it overlaps into Queensland and South Australia. It is largely an uninhabited arid region covering some 143,000 square km. It boasts the longest parallel dunes in the world running northwest to southeast 450 metres apart and 20-37 metres high with some dunes up to 160 km long. The estimated number of parallel dunes is 1100 + with BIG RED the tallest dune at 40 metres high.

The Simpson Desert has summer high temperatures of approx. 36 degrees C although temperatures can soar to 50 degrees C and large sand storms are common.

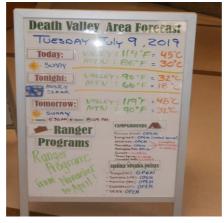




When conditions are right, the hills and valleys explode into a carpet of gold, purple, pink or white flowers. Deep soaking rain is essential for a desert floral display. A rainstorm of ½ inch or more is needed to wash the protective coating off wildflower seeds and allow them to sprout. For plants to continue growing, rainstorms must come at evenly spaced intervals throughout winter and spring.



Despite its reputation as a lifeless wasteland, Death Valley National Park contains a great diversity of plants. It has more than 1,000 described plant species ranging from ancient bristlecone pines to ephemeral spring wild flowers. It is recorded Death Valley is a home for 56 mammals, 36 reptiles, 5 amphibians, 6 fish and 400 different bird species.





The desert's climate is exceedingly dry, with most parts receiving 125mm of precipitation or less annually. A distinctive feature is periodic temporary flooding in some areas, caused by rainfall outside the region that flows into the desert. Grass of the genus Triodia (Spinifex) grows between the dune crests. There are mulga trees and immediately following a rare shower, an abundance of wildflowers appear.



The Simpson is the last refuge of some rare Australian desert animals, including the fattailed marsupial mouse. It is home to 200 bird species, at least 34 native mammals, 22 amphibians, 13 fish and 125 reptile species. A total of 780 species of plant from 75 families have been recorded for the Simpson Desert.







Salt lakes did exist in Death Valley between 60,000 and 35,000 years ago, but following a huge rain storm a 16 kilometre lake just popped up!



There are 9 lakes in the Simpson Desert.



DEATH VALLEY:

In late August 2019 a tourist died while visiting Death Valley amid blazing summer heat the second death in three days! Two of the most common reasons for deaths are single vehicle accidents and heat illness.

SIMPSON DESERT:

In November 2012 men got bogged near Ethabuka Station in far western Queensland. One man 25 years old died as they tried to get back to civilisation in temperatures well in excess of 40 degrees C. Another was found close to death.

Simpson Desert parks in South Australia and Queensland are closed in summer from 1st December to 15th March each year.







Furnace Creek - 190 feet below sea level

Warning sign in Furnace Creek



A bit blurry, photo of dry landscape (taken inside vehicle)

Heading through the mountains



Air Force pilots in training fly their fighter jet through these mountains. Star Wars movie filmed out here also.

Hot inland but snow still on the mountain peaks!

Unfortunately, we did not have the time to drive into some of the sights within Death Valley National Park but it was an awesome experience seeing what we could in the time frame we had.





10 Christmas Gifts for 4wders (you can't go wrong with these!)



ARB Ez-Deflator

There are plenty of similar designs of tyre deflator on the market, but the ARB Ez-Deflator is the one I have personal experience with. It's quick, it's accurate and it's red (I guess that's what makes it quick). RRP is \$74.55.

Ridge Ryder Tyre Repair Kit

Another piece of gear which calls my vehicle toolbox home. It comes with an epic 20 tyre repair cords, spare valve cores, valve tool, rubber cement and patches for tubed tyres, bike tyres and the like, a pressure gauge and of course the the reaming and inserting tools made entirely of metal. No plastic crap here. Should cost you around \$45 from Supercheap Auto.

Traction Boards

There's two brands worth mentioning here. TREDs and Maxtrax; both are great products, anything else (that I've seen anyway) is pretty average. The great thing about these is that even if the person being gifted already has a set, another set will only add to their usefulness. Just make sure you get the same brand if they already have a pair. Maxtrax have an RRP of \$299 while TRED start at \$179.

Snatch Strap

If they're new to 4wding, they're going to need one of these. Snatch straps are a consumable item anyway, so even if they already have one, it's going to be due for replacement after heavy use. Which one should you buy? The strap should be rated for 2-3 times the weight of the vehicle. A 5000kg strap is ideal for small suzuki's and light/unladen utes. An 8000kg strap will be good for the average patrol or landcruiser, heavily loaded utes or vehicles towing a trailer would be better suited to a 15,000kg.

All 4 Adventure DVD's

There are many different series and shows related to 4wd adventures, and what one 4wder loves – another may hate. Not so with All 4 Adventure, everyone loves these guys! They are currently up to season 6, and prices vary greatly depending on how many seasons you want to purchase.



Save Your Ass Kit

This isn't something you can buy off the shelf, which is what makes it so special! Go to an auto parts store and grab a small tool box or bag; and fill it with things like SOS rescue tape, Quicksteel, WD40, vice grips, electrical tape, Chemiweld, superglue, fuses, a knife, hose clamps and any other handy bits that you think could get a vehicle out of trouble. Leave that in the vehicle and they're prepared to fix all sorts of problems track side!

BOG OUT

It gets you out of a bog. By yourself. This one is a relatively new player to the market, bloody awesome idea too. You tie what looks like a rope ladder onto your wheel, anchor the other end to something solid, just as you would a winch, and just drive out using your wheels as winches. Much cheaper than a winch too, starting at \$159 from the BOG OUT website, and also available through select TJM and Australian Off Road stores. www.bogout.com

Travel Buddy 12V Oven

Whether it's a weekend away, a year around the country, or just a day trip; every 4wder would LOVE one of these. Starting at \$215; these 12 or 24 volt ovens will reheat a meal, heat your pies and sausage rolls, cook a roast or even bake a cake. The smaller 12 volt oven heats to 175 degrees Celsius, while the larger 12 volt marine model gives you more space and heats to 190. Purchase online through their website: 12-

24voltovens.com.au

Bushranger Diggar Shovel

You really want a good long handled shovel if you get yourself in the poo out there, don't wanna be rolling in it trying to make do with a trowel! But long handled shovels are a pain in the arse to store if you don't have a roof rack. That's why I ended up with the Diggar shovel myself. It comes in a bag with a long handle which screws on, or a D handle to use it as a regular sized shovel. It'll set you back about \$88 and is available through ARB outlets, Repco and other 4wd stores. www.bushranger.com.au

Korr LED Strip Light

Generally I wouldn't advise buying lights, as 4wders are picky with that stuff. Unless you know for sure that they want a 22 inch light bar instead of a 21 inch, go with some stick on LED strip light; 4wders can always find more applications for this stuff. Don't be a tight arse like I did and get a 5 metre roll for 10 bucks, it lasts 5 minutes. **Korr Lighting** has some quality gear.





OUIET ACHIEVER AWARD

Votes can be submitted at any time of year for members acknowledging how much they are valued and appreciated, recognising their important (often behind the scenes) contribution to the fabric of MLR.

This is an award presented to those special people who go out of their way to do things for others, not because they want recognition but because it comes from their heart to give and serve others. Quiet achiever may contribute in numerous ways including:

- Always friendly and supportive consistently helping others
- Continued fundraising efforts
- Volunteer efforts for the betterment of MLR
- Behind the scenes support







NOMINEE NAME:

NOMINATION FORM

MLR Quiet Achiever Award

NAME OF I	NOMINATOR:					
		Nominators	contact details:			
TELEPHON	E:		EMAIL:			
MOBILE:			SIGNATURE:			
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Make sure to send in your amazing trip photos and trip report to be published next month!

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