



Rangers' Review

Volume 24

No. 2

Mount Lofty Rangers Inc.
PO Box 1150, Blackwood SA 5051
www.mountloftyrangers.com.au

July
2018

**At which
remote hotel
will you find
this
setting??**



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Mount Lofty Rangers Inc.

About Us

The Club's aim is for its members to enjoy all aspects of owning and using our 4WDs while enjoying the diverse surroundings offered by this great country. We are a club of 4WD enthusiasts who enjoy challenging driving, regular trips, camping, camp cooking and a great social scene on and off track.

Membership

Membership is open to anyone who owns a 4WD (regardless of its make or model) and has a passion for driving. Mount Lofty Rangers Inc is an affiliated member of the South Australian Association of Four Wheel Drive Clubs (FWDSA).

Club Outings

The Mount Lofty Rangers provides regular day, weekend and extended four wheel drive trips, lead by experienced trip leaders. Trips are rated on the level of difficulty and are available to all members and guests.

The club has a dedicated social committee which also organises regular events that complement the club trips.

Experience and Training

Our current members possess a wide range of skills ranging from beginner to advanced. The club has a number of accredited instructors and assessors, and is involved in regular training via the SAAFWDC Driver Training Unit.

Meetings

Club meetings are the second Monday of each month* and are held at the **Blackwood Football Club, Trevor Terrace, Blackwood**

Time: 7:15 pm for 7.30pm start

*Except where this Monday falls on a long weekend then the meeting is held on the third Monday of the month.

For more information on the Club please check out our website at:

www.mountloftyrangers.com.au

MT LOFTY RANGERS UHF CLUB CHANNEL NO 27
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Presidential Press

At the time of commencing this draft, I happen to mention to my staff at work that it was only 181 days until Christmas. There was a united sigh, probably similar to what you just did ☺

I remember when I first joined the club (which really isn't that long ago) and Graham Jones was the president. I asked him how he thought of things to write every month for the "Pres Sez" page. He responded along the lines, that he would think of something that happened during the month and share it with members in his column. So, in keeping with this approach, I thought I would share the following.

Of late I have been doing a lot of development activities with my staff at work. The primary aim has been on improving our service to customers. One of the key learnings relates to how we engage with people. Specifically, acknowledging that we are all different and we all have something to contribute. As such, we have learnt that we need to adapt our own communication styles on a case by case basis in order to develop a rapport with the other individual and not expecting everyone to conform to our own personal view of the world. I personally think it is important that we embrace our individual differences and recognise that everyone can add value in their own way. This isn't only applicable in a work environment by quite relevant to us as a club and life in general. Food for thought...

There a couple of trips scheduled for this month if you're interested put your name on the sheet or contact the respective trip leaders.

If you haven't done so already don't forget to please renew your membership prior to the August meeting.

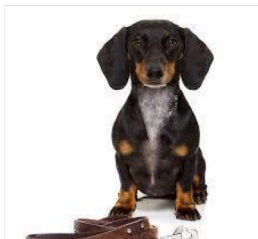
Have you seen someone who has gone out of their way to do things for others, not because they want recognition but because it comes from their heart. Then consider submitting a quiet achiever nomination (see form in this newsletter).

FYI the latest silent auction bid for the \$100 "Goggleman" voucher at time of drafting was **\$25**. Hurray before it runs out the door! The winning bid will be announced at the next meeting.

Our next monthly meeting is **9 July** with the next committee meeting being on 23 Jul. Hope to see you all then.

Word of the Month:

Resfeber- *The restless race of a traveller's heart before the journey begins. [Have you felt this?]*



YOUR COMMITTEE 2018-19

COMMITTEE DIRECTORS



PRESIDENT

Gary Light

president@mountloftyrovers.com.au

VICE PRESIDENT

Chris Gear

vp@mountloftyrovers.com.au



TREASURER

Paul McGregor

treasurer@mountloftyrovers.com.au

SECRETARY & PUBLIC OFFICER

Jo Reed

secretary@mountloftyrovers.com.au



TRIPS COORDINATOR

Trevor Light

trips@mountloftyrovers.com.au

FWD SA DELEGATE

Roger Wilkinson

delegate@mountloftyrovers.com.au



MEMBERSHIP OFFICER(S)

Lothar Dunaiki / Rob Stevens / Marianne Sag

membership@mountloftyrovers.com.au



YOUR COMMITTEE 2018-19

COMMITTEE MEMBERS

WEBSITE OFFICER

Michelle Watkin

webmaster@mountloftyrovers.com.au



MERCHANDISE OFFICER

Sheena Dunaiski

merchandise@mountloftyrovers.com.au

PROPERTY OFFICER

Peter Reed

property@mountloftyrovers.com.au



EDUCATION OFFICER(S)

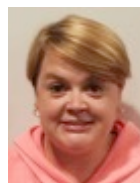
Steve Townsend / Tom Doody

training@mountloftyrovers.com.au

MAGAZINE EDITOR

Kylie Cooper

magazine@mountloftyrovers.com.au



COMMITTEE MEMBER

Craig Watkin

COMMITTEE MEMBER

Neil Stokes



COMMITTEE MEMBER

Paul Parsons

COMMITTEE MEMBER

Kim McCool



YOUR COMMITTEE

Committee members are elected by the members for the members. They are volunteers who kindly donate their time to represent the members interest in the day to day running of the Club, are you:

1. Interested in putting your hand up to help this club get even greater?
2. Not sure what role you'd like or what's involved?

Keep reading for a brief description of each role:

President: - Convenes all meetings of MLR. Meeting with 4WDSA to push the MLR interests. Sponsor Liaison.

Vice president: - Facilitate monthly topic of interest e.g. guest speakers, awareness sessions etc. Becomes acting President when the President unavailable

Treasurer: - Looking after club financials. Sponsor liaison.

Secretary & Public Officer: - Minute taking for meetings. Correspondence in and out.

Trips Coordinator: - Primary point of contact for members trip planning, advice and attendance sheets. Communicates trip calendar to members

4WDSA Delegate: - Attends bi-monthly 4WDSA meetings and is the voice of MLR, also reports back on any relevant information from 4WDSA that affects MLR.

Membership officer: - First point of contact for visitors that come to MLR, keeps track of criteria for membership acceptance.

Website officer: - Looks after MLR website and Facebook administration

Merchandise officer: - Organises clothing and other club approved merchandise for sale to members.

Property Officer: - Looks after club property and trailer, by maintaining where appropriate and lends equipment out to members.

Education Officer: - Organises club training and awareness days. Liaises with 4WDSA Driver Training Unit for wider training opportunities.

Magazine editor: - Collates all material to go into club magazine – photos, trip reports, jokes, interesting 4WD related stories sourced elsewhere. Facebook administration.

Committee Member: - Supports other Officers of the committee, and helps with club events and trips where needed.

If you would like to share your experience and contribute to the running of the club, please speak to a current committee member to obtain a nomination form.

Club equipment for loan!

- Grate mates
- *Uniden* UHF handheld radios
- Tyre repair kit (large & small)
- *Tifor* hand winch and cable
 - Car Bra
 - Trestle tables, plastic folding 1.8m (x2)
- Recovery bag (inc snatch straps, extension strap, tree trunk protector and shackles)
- Gazebo 3m x 3m
- Hot water urn and kettle
 - Bead breaker
- Drag chains (x 2)

***All club equipment is securely stored within the club trailer @ Lonsdale**

For further information on any loan equipment, please email Property Officer: property@mountloftyrangers.com.au

Keeping you off the beaten track

Talk to us about:

Motor Vehicle

- Agreed value options
- All accessories included
- Modifications OK
- Full off-road cover
- No claim bonus protection
- Flexible cover

Caravans and Campers

- Australia wide cover
- Agreed value options

Camping

- Theft from open air
- Fire & malicious
- Cover in vehicle and at campsites

Additional benefits

- Annual or monthly payments
- Australia wide cover
- 4WD club discounts

Call us today, quoting 'GET OFFROAD' and get a better deal for your 4WD.



1800 633 745 | lisa.brock@ajg.com.au

 @AJG_Australia | 



Arthur J. Gallagher

Murray Sunset N.P.

Trip Leader: Gary Light

When: 13 – 15 Jul 2018

Where: Murray Sunset N.P, (NE Vic)



Drive tracks through the Mallee visiting the Pink Lakes, Mt Crozier and Mopoke Hut etc.

If you are interested put your name on the trip sheet or contact Gary Light at:

president@mountloftyrangers.com.au

NB - When completing the trip sheet please make sure contact details are complete and readable.

MERCHANDISE

\$25 - MLR Sand Flag to be used under the the orange flag as required in the Desert Parks, Beachport as well as other places we 4WD like Peake and Morgan.



Khaki Shirt

We have new khaki shirts with the MLR logo, available for order, either short or long sleeve for \$40. Add you name for an extra \$7.



Jackets and Vests

These are still available to order
Softshell jackets - Ladies \$70; Mens \$75
Softshell vest - Ladies \$55; Mens \$60
Add you name for an extra \$7.00



Come to the next club meeting and try on a size!!!!

Contact Sheena to place an order: merchandise@mountloftyrangersonline.com.au



1. Do you like taking photographs?
2. Would you like to get to know your camera?
3. Do you like good company?
4. Do you fancy a meal out one night?

If you answered yes to the above, can I do a deal for you...

Lindsay from Diamonds Photographic who many of you will remember from his guest speaker spot and the Diamonds store visit last year, runs numerous courses and has offered to run one just for us.



If you are interested the details are as follows:

- When – **Saturday 25 August 2018**
- Starts – **1000am**
- Where – Meet at the Diamonds store (165 Rundle St, Adelaide) then around the CBD
- After – A meal somewhere
- Cost – we are getting a significantly discounted rate, normally \$129 our rate for the day **\$69**
- Numbers – in order to get the discount I need a minimum of 8 people to attend.
- Due to cost and number constraints, I will be asking individuals to pay up front by the week prior (payment details later). If I can't get the numbers I'll have to cancel and refund monies.

If you would like to attend make sure you put your name on the Trip Sheet at a monthly meeting or contact me vp@mountloftyrangers.com.au



GUEST SPEAKER

No guest speaker for July meeting

For further information or to book a guest speaker, please email
Guest Speaker Co-Ordinator & Vice President at
vp@mountloftyrangers.com.au



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New homes or renovating. Club members receive **10%** discount.

Ph (08) 8268 8808 fax (08) 8347 3152 Email ron@aawindows.com.au

Hear Ye! Hear Ye!

Do you have a prescription for glasses or contacts?

Are you an active person who needs to wear sunglasses, goggles,
masks etc?

Well can we do a deal for you...

Neil Stokes has kindly donated a Goggleman **\$100 gift certificate** for us to utilise.

(Expiry date 22 Sep 18)



"Goggleman is an Australian company that have been dedicated to providing quality Prescription Eyewear and Goggles to sporting enthusiasts young and old, Australia wide since 2002. [They] specialise in supplying those 'hard to find' products for a wide range of sporting and recreational activities not readily available in traditional optical stores."

For more info check out the Goggleman website: <https://goggleman.com.au/>

If you are interested in the voucher you are encouraged to take part in a silent auction.

Rules:

- The auction will close **Sunday 8 Jul 18** with the winner being presented the voucher at the July meeting on Monday 9 July 18.
- You can place as many bids as you like.
- The latest winning bid will periodically released so you have an idea if your still in the running or not.
- All bids via email to president@mountloftyrangers.com.au
- All funds raised will be donated to the RFDS

Good Luck.





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E: daniel@tyrepowerblackwood.com.au

MEMBERSHIPS



Memberships are due, time to renew

If you haven't done so already, we ask that you please renew your membership today! If you renew your membership prior to the end of August 2018, you will receive a \$10 discount after which the fee increases to \$80. In today's climate this is good value for money. It should be noted that the fee has not changed for at least five years. Don't forget your membership is linked to your vehicle, which means all of your immediate family are also members. By renewing you will be able to:

- attend more trips, see new places, meet new people and share the experiences
- be eligible for Sponsor discounts (with participating sponsors)
- Purchase a wide variety of MLR merchandise
- Have a say in how your club develops.

There are two options available to you for renewing your membership these include:

- Electronic funds transfer:
 - BSB: 065 132
 - Account No: 1004 4806
 - Account Name: Mount Lofty Rangers Inc.
 - Reference on transaction, [name] and membership renewal
(*Bendigo bank does not show their customer's name on account transfers unless it is the in reference*)
- Face to face with the treasurer

Should you have any questions relating to membership I encourage you to direct them to one of our three membership officers via Membership@mountloftryrangers.com.au or alternately any other committee member.

2018 TRIPS CALENDAR

“Put up a trip sheet and people will come”

28/5 – 6/7	Extended trip	Lothar Dunaiski	Africa!!!!!!
6 couples heading overseas for an adventure of a lifetime			
MONDAY 9 th July	Club Meeting 7.30pm Blackwood Football Club, Trevor Terrace, Blackwood		
13 th July	Weekend Trip	Gary Light	Murray Sunset NP
Explore eastern section			
MONDAY 13 th August	Club Meeting 7.30pm Blackwood Football Club, Trevor Terrace, Blackwood		
Saturday 25 th August	Day trip	Gary Light	Diamonds photography course & dinner
Saturday in CBD & end the day with dinner at the pub. Cost TBD			
FATHER'S DAY SUNDAY 2 ND SEPTEMBER			
MONDAY 10 th September	Club Meeting 7.30pm Blackwood Football Club, Trevor Terrace, Blackwood		
FRIDAY 28 TH – MONDAY 1 ST OCTOBER - LONG WEEKEND			
MONDAY 8 th October	Club Meeting 7.30pm Blackwood Football Club, Trevor Terrace, Blackwood		
TBA School Holidays	Extended trip	Tasman Hunt	Uluru (Ayres Rock)
Walk up the Rock for the last time. Truck Museum in Alice Springs			
Expression of interest - Aug	Day trip	Tom Doody	Uni SA Planetarium @ Mawson Lakes
Saturday afternoon viewing full dome – night sky & movie. Approx cost \$10/adult. Potential for pub lunch/dinner before or after			
Expression of interest - Nov	Day trip	Tom Doody	Stockport Observatory
Saturday night looking through telescope. Camp over out close to Stockport. Sausage sizzle for tea?? Approx cost \$15/adult plus camping			
TBA - August	Weekend trip	Eric Kalderovskis	MLR Fishing Comp. Salt Creek
Saturday night looking through telescope. Camp over out close to Stockport. Sausage sizzle for tea?? Approx cost \$15/adult plus camping			

2018 SA SCHOOL HOLIDAYS

Period	Start
School Holidays	Saturday 7 th July
Term 3	Monday 23 rd July
School Holidays	Saturday 29 th September
Term 4	Monday 15 th October
School Holidays	Saturday 15 th December

SA PUBLIC HOLIDAYS 2018

Monday 1st October – Labour Day
Tuesday 25th December – Christmas Day
Wednesday 26th December – Boxing Day

Is it your birthday this month???
Come and see Kylie for a drink!

Or are you participating in a Dry July.....





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MLR RECIPE BOOK



CHEESY PUMPKIN BONFIRE DAMPER

Serves 6 Prep 15 mins Cooking 30 mins

2 cups (300g) self-raising flour
20g butter, chopped
1 cup (110g) coarsely grated butternut pumpkin
½ cup (60g) coarsely grated cheddar
100g feta, coarsely crumbled
60g baby spinach leaves, thinly shredded
1 cup (250ml) buttermilk, plus extra to brush
2 tbs natural seed mix with pine nuts
Sliced cured meats, from the deli, to serve
Antipasto, from the deli, to serve
Cherry truss tomatoes, to serve

1. Preheat oven to 200°C. Line a baking tray with baking paper. Place flour in a large bowl. Add butter. Use your fingertips to rub the butter into the flour until the mixture resembles fine breadcrumbs. Add pumpkin, cheddar, feta and spinach. Toss to combine. Add buttermilk. Use a round-bladed knife to stir until a soft, sticky dough forms. Turn onto a lightly floured surface. Gently knead until dough comes together. Shape into a 20cm disc. Place on lined tray. Brush with extra buttermilk. Top with seed mix. Use a sharp knife to cut a 1cm-deep cross in the top.
2. Bake for 25-30 mins or until golden brown and the damper sounds hollow when tapped on the base. Set aside to cool.
3. Serve with cured meats, antipasto and cherry tomatoes.

PER SERVE • 14g protein • 14g fat (8g saturated fat)
• 40g carb • 3g dietary fibre • 348 Cals (1460kJ)

Send your favourite camp cook recipe into the Magazine magazine@montloftyranger.s.com.au to start compiling an MLR Recipe Book!

Coles promotion



Spot on!

One-pan dishes like this delicious frittata are a cinch when you have a Tefal Plus Frypan with handy Thermo-Spot® technology.

Tefal



*of ideas changing
your life*

EASY CHORIZO, POTATO & TOMATO FRITTATA

Serves 6 Prep 10 mins (+ 5 mins standing time) Cooking 45 mins

30cm Tefal Plus Red Frypan
3 large Red Royale potatoes,
cut into 1.5cm pieces
3 chorizo sausages, sliced
1 large red onion, thinly sliced
12 Coles Brand Australian
Free Range Eggs
½ cup (160ml) thickened cream
¼ cup (90g) grated cheddar
½ cup chopped flat-leaf parsley
150g cherry tomatoes, halved
Baby rocket leaves, to serve
Flat-leaf parsley sprigs, to serve
Crusty bread, to serve

1 Place potato in a microwave-safe dish and cover. Cook in microwave on high for 5 mins or until just cooked. Drain any liquid that has

formed from the cooking. Preheat oven to 170°C.

2 Heat the 30cm Tefal Plus Red Frypan over medium heat until the pan's unique Thermo-Spot® heat indicator is a solid red. Cook the chorizo and onion for 5 mins or until chorizo is golden and crisp. Add potato and cook for 2 mins or until potato starts to brown.

3 Meanwhile, whisk the eggs, cream, cheese and chopped parsley in a bowl. Season. Pour into the pan and top with tomato. Reduce heat to low and cook for 6 mins or until the base is set.

4 Transfer the Tefal Plus Frypan to the oven (it's oven-safe to 170°C). Bake for 25 mins or until the top is golden and the frittata is set. Stand for 5 mins before sliding the frittata easily out of the non-stick pan onto a serving plate. Serve with rocket, parsley sprigs and crusty bread, if desired.

The Thermo-Spot® lets you know it's time to cook



The bright 30cm Tefal Plus Red Frypan makes cooking easy.



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- It's oven-safe to 170°C and can be used on all hobs, except induction. Learn more about the French-made range at tefal.com.au/cookware.

SPICED LAMB & PUMPKIN SOUP

SERVES 4 • PREP 15 MINS • COOKING 1½ HRS

2 tbsp olive oil
750g Coles Australian Diced Lamb
1 brown onion, thinly sliced
1 red capsicum, seeded, finely chopped
1 tbsp Moroccan seasoning
1 garlic clove, finely chopped
1L salt-reduced chicken stock
400g can Coles Brand Italian Diced Tomatoes
750g Naranja Gold pumpkin, peeled, seeded, chopped
400g can chickpeas, rinsed, drained
coriander leaves, to serve
flatbread, to serve

1 Heat half the oil in a large, heavy-based saucepan over high heat. Cook lamb, in 2 batches, for 5-6 mins or until browned. Transfer to a plate. Heat remaining oil in the pan over medium heat. Cook the onion and capsicum, stirring, for 4-5 mins or until onion softens. Stir in the Moroccan seasoning and garlic. Cook for 1-2 mins or until fragrant. 2 Return lamb to pan. Add stock and tomatoes and bring to the boil. Reduce heat to low. Cover and simmer for 1 hr. Add the pumpkin and chickpeas. Simmer, covered, for 25-30 mins or until lamb is very tender. Ladle among bowls and top with coriander leaves. Serve with flatbread.

Per serve: 3522kJ (842 Cal) / 56.6g protein / 36g fat (11.3g sat fat) / 62.9g carbs (21.7g sugar) / 12.2g fibre / 1546mg sodium / 4 of your 2-a-day fruit & vegetables

\$7.55
PER
SERVE

Cook
the cover

TRAINING

MLR TRAINING CALENDAR

Courses to be run by Steve Townsend & Tom Doody

Sun 22nd July Trip Planning & Leading Course Meadows to Goolwa
(including theory)
Sun 12th Aug Tyre repair & changing Ashbourne

DTU TRAINING CALENDAR

27 th October	Trip planning & leading	\$10	Cavan	9.00am
3 rd /4 th November	Training	\$45	Peake	9.00am
10 th /11 th November	GPS & OziExplorer		Cavan	9.00am

MLR offers non-stop 4WD education from our trainers:

Tom Doody & Glenn Lawson as well as the assessors: Jeff Morgan, Dave 'Shorty' Willsmore, Mark Curtis as well as Steve Townsend.

Email training@mountloftyrangers.com.au for more information or to organise one-on-one or group training.

Big Desert State Forest 2018 Trip Report

Trip Leader: Gary Light

When: 15 - 17 June 2018

Where: Big Desert State Forest, Victoria

Participants:

Chris (Toyota Hilux)

Gary (Prado)

Lloyd (Mitsubishi Pajero and camper trailer)

Phil (Nissan Patrol)

Steve & Chris (Mitsubishi Pajero and camper trailer)

Sue (Prado)

Photos courtesy of Lloyd, Phil and Sue.

Friday 15 June 2018

Gary, Chris, Lloyd and Sue met at 1.00pm at the Shell Service Station at Tailern Bend. We then travelled towards Murrayville, via the Mallee Highway. The weather deteriorated during the afternoon, with some heavy rain showers but we did see some amazing rainbows. We turned off the Mallee Highway, prior to Murrayville, to check out Ngallo Park, as a possible campsite for a future trip. Then we continued on to Big Billy Bore via Murrayville Track, where we met Steve & Chris. Big Billy Bore Campground had recently been upgraded with new drop toilets and a shelter with tables and bench seats. Phil arrived during the evening and found a particularly slippery section on the Murrayville Track, where he went for a slide. The evening was spent socialising under the shelter and around the campfire, in between rain showers. We were fortunate to have the campground to ourselves.

Saturday 16 June 2018

We left camp at 9.00am and headed north on Murrayville Track. The track was muddy and it was quite a surprise for me to come over the rise and find that Lloyd's Pajero had done a 180 degree turn and was now facing my vehicle. The first sand hill that we attempted was near the start of the Delisio Track and everyone gave it a go. Chris's Hilux was towed a short distance to the top of the hill.





We continued on Delisio Track to Big Dune, which no-one conquered but we had fun trying. Then on to Big Dune Track, which had some sections covered by water, to White Springs Track. Our lunch stop was in a meadow.



We took Majorlock Soak Track to the north eastern corner of the State Forest and then headed south on White Springs Track to Brushcutters Track, where Lloyd's Pajero got a flat tyre.





We arrived back at the Big Billy Bore Campground at about 4.30pm and spent a very enjoyable evening socialising around the campfire.

Sunday 17 June 2018

We packed up camp, except for Steve & Chris, who were staying another night at Big Billy Bore. Steve & Chris joined us for the drive and we headed north on Murrayville Track. Then turned on to Cactus Bore Track and stopped at Cactus Bore for a short break. We attempted the sand hill at Thomson Peaks Lookout.



It was then on to Coburns Track with a lunch stop at Red Gums. Then Firebreak Track to the Border Track, where the trip ended at 1.00pm.

It was a very enjoyable weekend and thanks to Gary for organising the trip.




Bruce's Meat specialising in local pasture grazed beef, local first cross lamb from the Strathalbyn area and our pork is all female from the Adelaide Hills through too Two Wells in the north. We make all our own smallgoods, ham, bacon, fritz and have over 20 flavours in our award winning range of sausages.

Going away on a 4WD trip to remote areas then come and see us first we vacuum seal your meat at no extra charge giving you up to 4 weeks shelf life in your fridge, no need to freeze it.

Poultry Options is Adelaide's only 100% free range fresh poultry shop. Exclusively stocking Lilydale Free Range Chicken, even our award winning chicken sausages and value added meal options are all made with Lilydale Chicken.

Check out our convenient locations:

- Mitcham Square Shopping Centre
- Pasadena Green Shopping Centre
- Fairview Green Shopping Centre
- The Avenues – St Peters
- St Agnes
- Mt Barker

Check out our how to page on our web site
WWW.brucesmeatandpoultryoptions.com
 Or like us on  [brucesmeatandpoultryoptions](https://www.facebook.com/brucesmeatandpoultryoptions)

3rd BEST BUTCHERS BEEF BURGER in the
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 Salt & Pepper Brisket Burger



MLR CHRISTMAS SHOW

After 2 positive years we have decided to hold the MLR Christmas Show again at Wirrina Cove with catering again provided by Texas Bull Machine. Dates & menu TBA as we get closer so stay tuned!





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& Print
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Dual battery chargers made especially for Australia



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For a complete list of products and technical information call 08 8322 4848 or visit redarc.com.au



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MLR QUIET ACHIEVER AWARD

Votes can be submitted at any time of year for members acknowledging how much they are valued and appreciated, recognising their important (often behind the scenes) contribution to the fabric of MLR. This is an award presented to those special people who go out of their way to do things for others, not because they want recognition but because it comes from their heart to give and serve others. Quiet achiever may contribute in numerous ways including:

- Always friendly and supportive consistently helping others
- Continued fundraising efforts
- Volunteer efforts for the betterment of MLR
- Behind the scenes support



NOMINATION FORM

MLR Quiet Achiever Award

NOMINEE NAME:			
NAME OF NOMINATOR:			
<i>Nominators contact details:</i>			
TELEPHONE :		EMAIL :	
MOBILE :		SIGNATURE :	

CRITERIA CITATION *(Attach one additional A4 page with font size not less than 10 points if required)*

Review Committee Only	
Date Received	
Review Ranking	



Join us at

THE BELAIR HOTEL

Breakfast from 8am Saturday & Sunday

Seniors \$20 Lunch Special Monday - Friday

Function Spaces Available

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ADMIN@BELAIRHOTEL.COM.AU



Frank Aschmoneit enjoying his Secret/Evil Santa gift at Farina



Make sure to send in your amazing trip photos
and trip report to be published next month!

magazine@mountloftyrangers.com.au

