

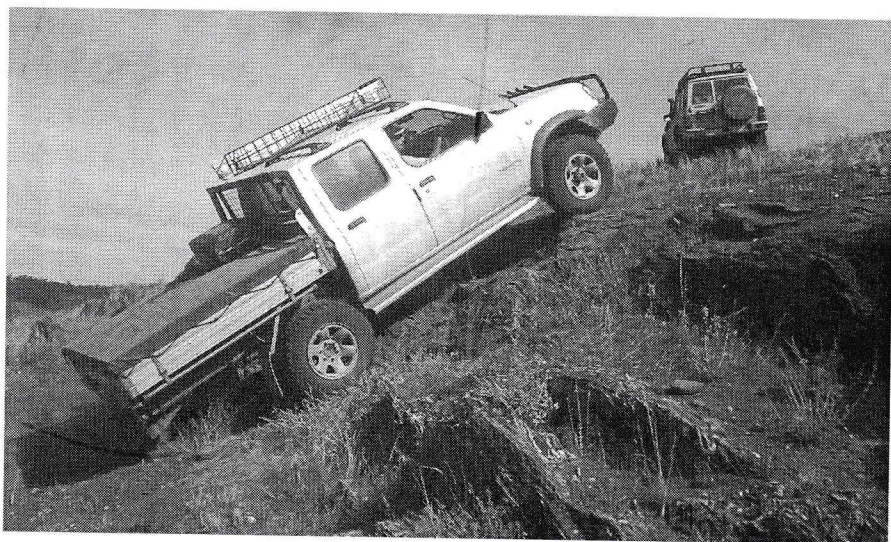
Rangers' Review

Mount Lofty Rangers Inc.

PO Box 1150, Blackwood SA 5051
www.mountloftyrangers.com.au

Volume 16 No.1

June 2010



Anthony showing some style on a decent rock climb at Willangi

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Mount Lofty Rangers Inc.

About Us

The Club's aim is to enjoy all aspects of owning and using our 4WDs while enjoying the diverse surroundings offered by this great country. We are a club of 4WD enthusiasts who enjoy challenging driving, regular trips, camping, camp cooks and a great social scene on and off track.

Membership

Membership is open to anyone who owns a 4WD regardless of its make or model and has a passion for driving. Mount Lofty Rangers Inc is an affiliated member of the SA Association of 4WD Clubs.

Club Outings

The Mount Lofty Rangers provides regular day, weekend and extended four wheel drive trips, lead by experienced trip leaders. Trips are rated on the level of difficulty and are available to all members and guests.

The club has a dedicated social committee who also organises regular events that complement the club trips.

Experience and Training

Our current members possess a wide range of skills ranging from beginner to advanced. The club has a number of accredited instructors and assessors, and is involved in regular training via the SAAFWDC Driver Training Unit.

Meetings

Club meetings are the second Monday of each month* and are held at the

Blackwood Football Club Trevor Terrace Blackwood

Time 7:15 pm

*Except where this Monday falls on a long weekend then the meeting is held on the 3rd Monday of the month

Information

For more information on the Club please check out our website at:
www.mountloftyrangers.com.au

MT LOFTY RANGERS UHF CLUB CHANNEL NO 27

Editorial

All,

Welcome to the June edition of your club magazine.

First up, apologies for the May edition of the mag not being produced, my laptop met with the Coopers Creek and came off second best ! After a new mother board and screen, all is well now though.

As some of you will probably be aware, the Coopers Creek has now cut the Birdsville Track and the ferry is in use. I'm sure this will become a very popular tourist attraction, as it has been 20 years since it was last used !

It just so happens that a new V8 Landcruiser ute is required for my works field operations, so hopefully a trip up the Birdsville Track will be on the cards for me next month ?

Below is an image of the Coopers Creek flood waters, which should give you an indication of the severity of the floods, currently in the SA outback. I recon Tom Doody's upcoming trip to Lake Eyre will be a beauty.

Page 29 also shows the flood from a satellites point of view.

Cheers Neil Cook



PRESIDENTIAL REPORT JUNE 2010

Hello Everyone.

Here it is, my first report as the president of the Mount Lofty Rangers 4x4 Club. After being in the position of Vice President for two years my hope is that I can bring something to the club that keeps us moving forward in the future.

Firstly I would like to thank, on behalf of the club, the retiring members of the past years committee, the members who have continued on the committee and the members who have joined to form the new committee. It is especially pleasing to have some longer serving members who in instances are rejoining the committee after having served in the past. What is also very pleasing is to have some ladies join us. I believe with this mix it will be a very successful year ahead. Our first meeting was held a couple of weeks ago and went for nearly two and a half hours, hopefully this won't be the standard time frame, but a lot of ideas were discussed and over the next couple of months we hope to put these ideas into action.

I am writing this just after Coralynne and I have returned from the Shorty led long weekend trip up the Darling River, what a fantastic weekend seeing some of our great country. There was mud, dust, cold and brisk nights around the open fire, great company and a lot of laughs while getting to know people we had not been away with before. The reason why we joined the club some three years ago was to broaden our horizons on where we travel and to see other places rather than the destinations we always seemed to gravitate to. Some good ideas for future trips were discussed along the way this past weekend and I feel sure that they will be appearing on a trip sheet before too long. It would be great to see lots of other ideas and trips put forward so that we all can experience the great outdoors and what this country has to offer, so have a think, and if you are not confident, ask someone who can help you to run one. I am very sure some of the experienced members would be happy to help out when they see how many people are keen to go to what may be one of their favourite spots. All we have to do is ask.

So to close off for this month, please consider how you can contribute to a trip. It can be by leading one yourself or asking for help to get you started. On the way home on Monday night we stopped at some traffic lights next to another Patrol (we were much dirtier than them) and talked to the guys who were returning from the Flinders Ranges, their comment was that it is just fantastic up there at the moment, green and lush. So what is stopping you?

See you soon, Graham.



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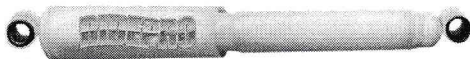
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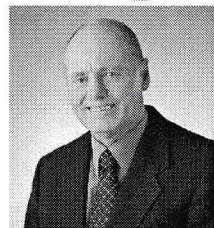
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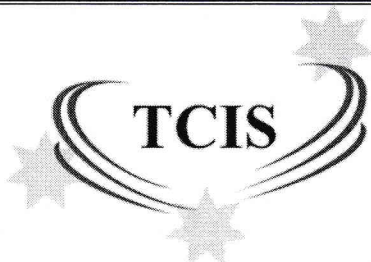


**Home Loans, Refinancing,
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Paul West has been a club member for 12 years and really enjoys helping people achieve their dreams.
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Social Scene

CAMP COOK 2010

Chance for everyone to catch up and cook up a storm over the glowing embers at Rockley.

Please note the new venue and its ability to hold all our members, so put the dates in your diary and get the cook books out.

Challenge yourself to cooking something completely different and wild !!!!!!!!!!!

Friday 3rd & Saturday 4th September.



Official Information Release from Four Wheel Drive SA

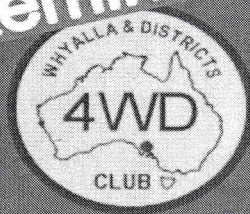
4WD Matters *Info Brief*

June 2010
- 05/06/2010

South Australian Association of Four Wheel Drive Clubs Incorporated ABN 24 036 698 953 - www.saaafwdc.asn.au

2010 4WD WEEKEND in WHYALLA (WW6)

Reminder



2nd, 3rd & 4th of October 2010



**Register Now!!
Order the Shirt!!**

Activities include:

- Camp-oven Cooking Competition • Mt. Laura Circuit
- Get to know your GPS Session • Night Navigation Challenge
- Tagalong Tours • Beach Fishing • Andrew's Canyon
- Camping with all facilities at Whyalla Showgrounds

Visit **www.whyalla4wd.org.au** for more details.

This event is open to all financial members of the South Australian 4WD Association. For insurance purposes all weekend participants must be financial members of a SAAFWDC Club, and register this event with your Club as a Club Trip

Detail: Whyalla & Districts 4WD Club

Edited: by 4WD Adventurers Club of SA Inc- Direct all correspondence to Editor FWD SA email - saaafwdc@saaafwdc.asn.au

4WD Matters June 2010 - 05/06/2010 Disclaimer: Whilst every endeavour is made to ensure the accuracy of the material in this publication, Four Wheel Drive South Australia shall not be held responsible for any errors, omissions or inaccuracies.



Canning Stock Route - Suspension of Visitor Permits to the Calvert Ranges

Kurukanti (the Calvert Ranges) is an important part of Australia's cultural heritage. By repute it has the largest collection of rock art in the country and is a side trip from the Canning Stock Route (CSR) proper requiring a separate Visitor Permit.

It is an area of great cultural significance to the Martu people who have native title determination for the area.

The majority of tourists respect the area and limit the impact of their visits. A lack of resources to manage the increasing tourist load has now led to the imminent danger of permanent deterioration in the Calvert Ranges and surrounding area if tourism continues in its current form.

Visitor Impact has included:

- Accidental and deliberate damage to cultural sites; fires damaging cultural sites; removal of artifacts, including grindstones, from campsites; removal of barriers limiting access to special sites; publication of restricted images from the rock art in magazines, on DVDs and on the internet.
- Proliferation of tracks to and from the area; increasing cleared campsites; chainsawing of trees, increased rubbish, faeces and toilet paper around campsites.

The Western Desert Lands Aboriginal Corporation (Jamukurnu Yapalikunu) (WDLAC), on behalf of the Martu people, has suspended Visitor Permits to this area.

This is pending the development of appropriate management plans

CALVERT RANGES

CLOSED

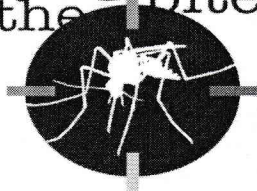
**DUE TO POOR
ATTITUDES OF
SOME VISITORS**

(including consultation with CSR Tour Operators) and provision of resources to ensure that sites in and around the Calvert Ranges can be properly protected, whilst allowing travellers to experience the sites in a culturally appropriate manner.

The WDLAC ask that all travellers along the CSR respect their wishes by not visiting the Calvert Ranges and not using tracks in the area until further notice. Signs and barriers are being organised.

Enquiries to Philip Haydock of WDLAC on 08 9486 9797 or at phaydock@wdlac.com.au.

fight the bite!



Mosquitoes can attack day or night. Not only are they a nuisance but some can spread serious disease when they bite. Protect yourself, your family, your community.



Government of South Australia
Department of Health

Ross River virus Barmah Forest virus

SA Health advises 4 Wheel Drivers visiting central northern SA, to protect against mosquito borne diseases such as Ross River virus (RRV) or Barmah Forest virus (BFV).

The recent wet warm weather in the NT and northern SA has resulted in an increase in mosquito activity.

Disease symptoms of RRV and BFV can include joint pain, rash, fever, fatigue and muscle pain.

Depending on the person, disease severity can vary from mild to severe.

While a full recovery can be expected, the duration can vary from days to months (rarely more than a year)

As there is no cure and no vaccine, the only effective and known way to reduce a person's risk of disease is to prevent mosquito bites.

See the attached brochure for more details.

If you require brochures please contact Lucia Arman, Public Health Officer, Communicable Disease Control Branch, SA Health on (08) 8226 7301 or email lucia.arman@health.sa.gov.au. Brochures are provided free of charge.

Information about how to Fight the Bite and protect against mosquito borne disease can also be accessed "on line" by visiting www.health.sa.gov.au

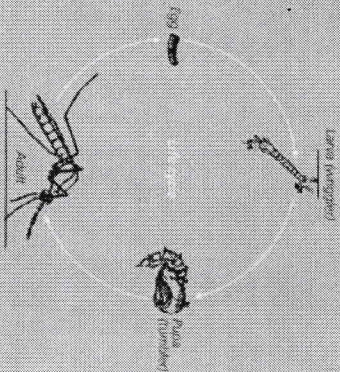
Detail: Philip Haydock Western Desert Lands Aboriginal Corporation (Jamukurnu Yapalikunu) RNTBC

Lucia Arman, Public Health Officer, Communicable Disease Control Branch, SA Health

Edited by: 4WD Adventurers Club of SA Inc- Direct all correspondence to Editor FWDCA email - saa fwdc@saa fwdc.asn.au

4WD Matters June 2010 - 01/06/2010 - Disclaimer: Whilst every endeavour is made to ensure the accuracy of the material in this publication, Four Wheel Drive South Australia shall not be held responsible for any errors, omissions or inaccuracies.

Mosquitoes are a natural part of the environment. So many mosquitoes or no mosquitoes can mean an imbalance in the ecosystem. Taking simple personal and household protection measures allows us to live with mosquitoes and reduce the risk of disease and nuisance.



For more information on how to **fight the bite** contact your Local Council Environmental Health Officer or telephone the Department of Health on 0800 822 67120 or visit www.health.sa.gov.au

ROSS RIVER VIRUS

Ross River virus causes the most common mosquito-borne disease in South Australia.

Many Ross River infections do not cause disease, but symptoms can include:

- » rash
- » joint and muscle pain, swelling or stiffness
- » flu-like symptoms (fever, chills, headache)
- » tiredness or weakness
- » depression and a feeling of being generally unwell

Barnah Forest virus is another related virus with similar symptoms.

Diagnosis is made by a doctor using a blood test.

There is currently no cure, vaccination or other specific treatment against either virus. Paracetamol may be used to treat pain and fever.

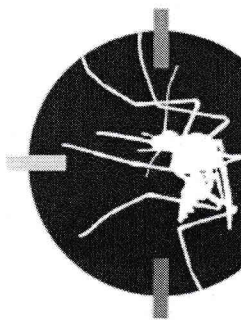
Most people will recover completely in a few weeks, but sometimes symptoms such as joint pain and tiredness may persist for several months - very rarely for over a year.

A full recovery can be expected.



Government of South Australia
SA Health

fight the bite!



Mosquitoes can attack day or night. Not only are they a nuisance but some can spread serious disease when they bite. Protect yourself, your family, your community.



Government of South Australia
SA Health

Mosquitoes mainly breed (and bite) during summer - when many people are holidaying and relaxing outside. Mosquitoes are not only a nuisance but they can also carry disease. People become infected with mosquito-borne viruses in many parts of South Australia - most often in the Outback; the Flinders Ranges; along the Murray River and Lakes; the Eyre Peninsula and coastal mangrove areas in general. This should not stop people holidaying or visiting these areas as simple protection is possible!

Protect yourself and your family



Cover up.
Wear long-sleeved, light-colored clothing covering as much of the body as possible (mosquitoes can bite through light clothes, eg jeans).



Use at least repellent containing DEET (identifying concentration of the repellent is unimportant; the repellent always used and follow the instructions on the label) - avoid using on babies and toddlers!



Make sure all windows and openings of houses, boats, caravans and tents are fitted with fine (fine) insect screens.



Cover sleep and rest areas with mosquito nets.



Try not to go outside when there are lots of mosquitoes around - some mosquitoes will bite during the day but many are at their biting best for two to three hours around sunrise and sunset.

Mosquito proof your home and community

Mosquitoes breed in standing water - fresh, salty or stagnant. They often breed in puddles and containers, rather than pools, waterbodies or rivers.

The most important thing you can do to reduce mosquito numbers in and around your home is check for potential breeding sites on your property and clean them up!



Empty pot plants (ie trays) at least once a week or fill with sand.



Empty and refill bird baths, stock troughs and pots drinking water at least once a week. Clean up and dispose of rubbish, empty them (come on put holes in containers that may hold water, eg tyres, bottles).



Drill holes in tyres used for storage and garden ornaments or empty them at least once a week. Cover rainwater and septic tank openings, vents or other large water containers with wire mesh (no larger than 1mm).



Stock ornamental ponds with small Australian native fish to eat any mosquitoes. Keep swimming pools chlorinated. Empty or stock unused swimming pools with small Australian native fish. Empty washing pools at the end of each day.



Stock dams on your property with native fish and keep the sides clear of grass rather than reeds. Keep roof gutters in good repair and regularly remove leaves and debris so that pools of water do not form.



Keep open stables and channels clear of rubbish, weeds, grass and other debris. Clean boat, caravans and dinghies or remove the keels plug so they do not hold water after rain.



Aerosol knockdown or surface insect sprays can help control mosquitoes around the home. Mosquito coils can also provide some protection from mosquitoes. Caution: always read and follow the instructions on the label!

TRIP REPORT

WILLANGI BUSH ESCAPES

(Peterborough)

ANZAC Day Long Weekend 2010

Attendees

Jim, Jess and Cory

Shorty

Paul, Jen and James

Paul and Gail

Anthony and Padi

Paddy, Bron and Lindsay

2 Fair Dinkum Hangovers

Well with what was looking to be a quiet long weekend over the ANZAC day period due to not having committed to any trip, we were in the throws of thinking how we could balance some long overdue jobs around the house with a camper trailer outing of some description – that was until Tuesday the 20th. It was at this point that Shorty gave me a call to inform me that Paul McGregor had organised a weekend up to the relatively new Willangi Bush Escapes venue in the area around Peterborough in the Mid North. It was during this phone call that I completely forgot the consultative requirements of marriage and unreservedly told Shorty “We’re In!”. Even after this agreement had taken place, (which in effect I might add is a verbal contract Bron) I had negated to inform my beautiful wife until 5 minutes before Shorty arrived at my place that night for the obligatory refreshment and organising discussion. I was still attempting to answer the “we are going **where?**” question whilst all the time trying to convince Shorty that all was good in the Paddy Flood household – happy to say that my multi tasking skills came through, hence I am writing the trip report and still married!

The Mid North looked a very inviting location due to the forecasted inclement weather in the Adelaide and Hills area – and we were not disappointed.

The weekend saw Paul and Gail arrive at the Willangi property early in the day on Friday in the GQ (previously owned by Jim) which provided the opportunity for a bit of reconnaissance to pick the best camping spot. It must be noted at this point that we were fortunate enough to have the whole property to ourselves which enabled us to pick the best of approx 8 camping spots, each equipped with what would have to be the best appointed long drop dunnies in the country – complete with hand wash basins, mirrors (Shorty obviously didn't use this!), Ash, soap, and enough date rolls to quell any dodgy curry concerns for an army. I am happy to report that Paul and Gail found the perfect camping spot for us known as "Paradise – Camp 2".



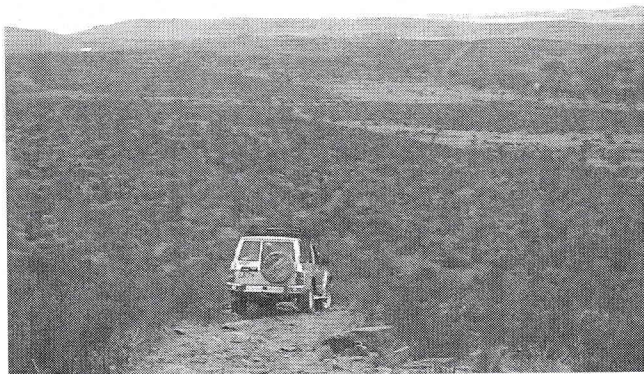
Paradise Camp

Jim and Paul McGregor's crews turned up later that afternoon and were well and truly set up by the time they met Shorty's and my vehicle at the property gate about 9:15pm that night.

Once the Flood family camper trailer and the David Willsmore swag were set up under the beams of "Lightforce", Shorty and I agreed that it would probably be frowned upon by the rest of the group if we did not head over and partake in a little socialising at the very respectable fire that was underway.

I also noted that it would possibly be frowned upon by Bron if we did – I decided to take the courageous option and head with the majority. I am told that was probably not the most intelligent decision that I have ever made given the fact that the rum bottle looked like it had developed a major leak when it was viewed through scratchy eyes in the morning. Anyway – after my wife thought that it was only fair that I also get out of bed at 7:30 after keeping her awake until 3am (*thanks for the support Shorty*) it was time for brekky, air down, and head off for a look at the tracks.

The morning saw us head up some great tracks after Anthony and Padi arrived that the property owner had laid out that offered fantastic elevated 360 degree views of the area. Now this is where I saw one of the most amazing things that defied logic – The tracks we were driving on were 1st gear, low range type of ascents and descents, and bugged me – **Jess was asleep in the passenger seat of Jim's Patrol**, the whole time risking her head working loose at the universal joint and rolling off!!



*Paul and Gail
heading down
from one of the
scenic vantage
points
(How could you
sleep during this?)*

We had headed back to camp for lunch which I might add was well received, when Shorty and I held a short meeting with ourselves and we both voted unanimously that an afternoon siesta was to take place. The rest of the group past the afternoon away by heading off for a drive which saw them meet up with Neil (the property owner) who offered to take them over to see the other property which is not yet opened up to the camping public and show them around.

Bron decided that she and Lindsay would also tag along in our Prado to have a look as she thought the chances of any rough 4WDing would not be taking place as they were just having a look – *right?* WRONG!! I am told that Bron did extremely well following along and after I saw where they went the next day I can say that she did absolutely fantastic to cover those areas in HIGH RANGE as the son couldn't remember how to get it into LOW. Anyway – Back at the Ponderosa, Shorty had taken the Siesta idea extremely seriously and risked heading into a comatose state within the cocoon of his swag, me on the other hand as much as I fair dinkum wanted to I couldn't get to sleep. I decided to get up and get the fire cranked up so that there would be plenty of coals ready for the barrage of camp ovens that were set to be unleashed that evening. I woke Shorty up after checking his pulse three times at the onset of dusk!!

That night saw a feast to behold a King served up with roasts galore, rump steak, and Jamie Oliver (aka Anthony) creating a fantastic Moroccan Chicken. It was a surprisingly quiet night with all heading off to bed early as full as a fat lady's sock as a few of us were heading into Peterborough for the Dawn Service at 5:30am.

After the Flood family, Shorty and Jim arrived back at camp from the Dawn Service, again the obligatory sacrifice of bacon and eggs took place. Once this was completed, Shorty was salivating at the mouth keen to get over and see the tracks that everyone had been raving about from the afternoon before – so over we went. The area we were in had not had any paying public in there before and the owner had given us his blessing to identify some future tracks – now whadda ya reckon Shorty thought of that?? Anyway, long story short – I believe that the owner is in the process of having a sign made to show the latest 4WD track at Willangi – “SHORTY'S LOOP”.

The night saw complete disregard for the message that the TV show “The Biggest Loser” is trying to portray with the annihilation of self saucing chocolate pudding, trifle, and fresh custard taking place after dinner – everyone needs to try Anthony's camp oven pizzas!

The last day had us back over at the “new” property with us going back over a number of tracks that we had established the day before to ensure that they were clearly marked as well as everyone having a go at getting over a pretty decent rock formation.

From here it was back to camp to have some lunch and pack up and head for home.



Anthony showing some style on a decent rock climb!

In closing, I would like to sincerely thank Paul McGregor for organising the trip and to everyone who came along. The trip was exactly the experience that I anticipated enjoying when I joined the club. I would also encourage everybody to get along to this property at some stage and enjoy the fantastic hospitality of the owners who are unbelievably keen to ensure that your stay is as enjoyable as possible – please have a look at their website at www.willangibushescapes.com .



Jim heading up the newly created "SHORTY'S LOOP"

Paddy Flood

NGARKAT COSERVATION PARK ANZAC DAY WEEKEND 2010

We set off Friday afternoon and had a leisurely drive to the South Western corner of the Park via Tintinara, paid our camp fees for the three days and made our way to Bucks Camp. A soon to be new member of the MLR Bill was already set up and enjoying a bit of peace and quiet, that is until we arrived! So with Mark, Steve, Frank and Bill at camp we heard Paul Tabone was nearing camp when he seemed to take a wrong turn. When he arrived he informed us that he spotted one of his campers set up near where we were. They had only taken delivery of their new pride and joy that afternoon and were most impressed with the after sales service given by Paul in making sure they had set everything up correctly! A little later Les arrived and a few fireside stories and drinks were enjoyed.

Saturday dawned with a few of us going for a walk along a ridge top near camp. As it turned out we never actually found the walking track but the cross country stroll was enjoyable. We just got back to camp when the heavens opened up for about 15 minutes completely soaking tents etc. On that note, the park is looking like it has received a reasonable start to the season with green grass in many areas and a lot of new mallee sprouting after the fires of recent years. We made our way to Tyms Lookout, Gosse Hill and Mount Rescue. From these higher vantage points you can appreciate the size of the park and just how dense the mallee scrub is. A little detour out of the park for some re-fueling at Lameroo and then on to our second night camping at Pine Hut Soak camp where we had the whole site to ourselves. The fire was stoked and coals made ready for the big roast cook off. Turkey, Lamb and veggies done in the camp oven... mmm...mmm!

I might add that one of our illustrious members was heard to call the camp site "Pine Suck Hote". Some spoonerisms are rather unfortunate aren't they!

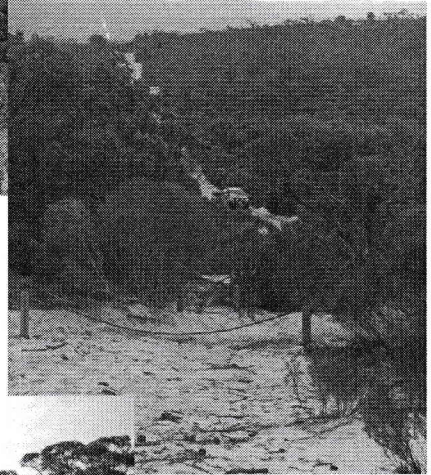
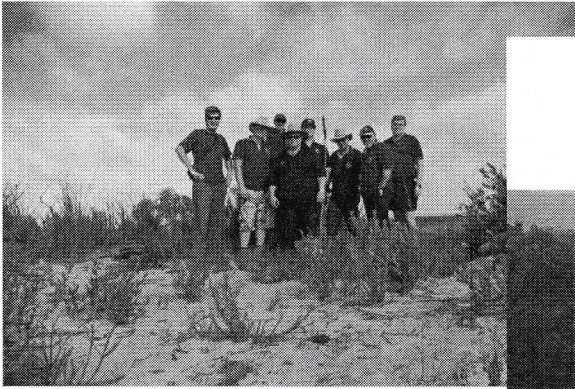
Sunday started with mice invading our camp with Paul having 2 in his tent and one cheeky little fellow taking residence in my ute tray. As it turned out he decided to leave Ngarkat and make the trip to Adelaide via the black 'limo'. This I found out when I was unloading back at home. Still not quite sure where he is but my ute tub smells like a pet shop now! The Border Track beckoned which provided some more challenging 4wd'ing which we were looking forward to.

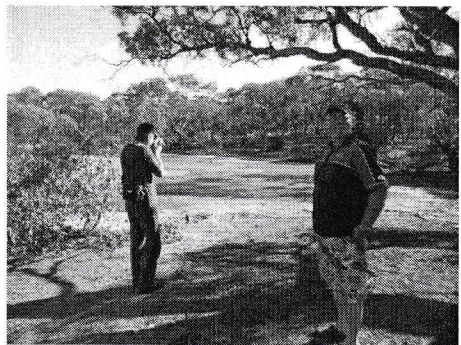
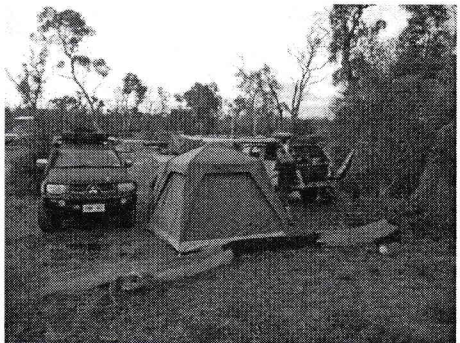
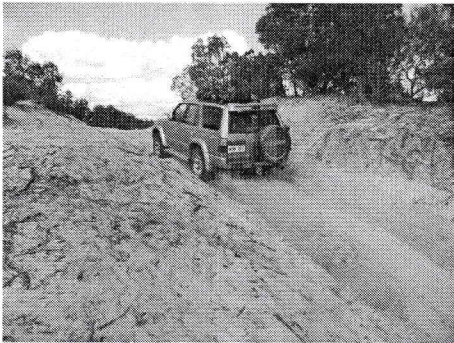
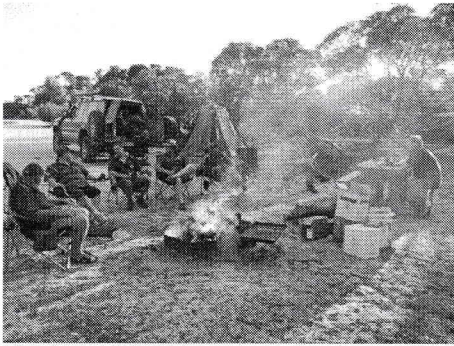
Some other travelers added to the entertainment when a Land Rover Freelander with 20 inch wheels low profile road tyres pumped to 32 psi and a well set up Hi Lux towing a camper trailer with 30 psi all round. After 3 attempts at getting up to Hensley Trig we were able to convince them to drop their tyre pressures (not that the low profile tyres could go any lower than 20 psi without dinging the rims). The difference was amazing with the Hi Lux easily pulling through the soft sand with little run up and not bashing the vehicle and trailer around. The driver was duly impressed and learnt a lot with that one experience. Another area further down the track required our assistance when the Freelander struggled up a sandy climb with Paul's LC 100 extricating it after some digging and double length snatching. The other interesting one was two Hi Luxes travelling together with one having no front differential actuation possible. He would have been in strife if we weren't there as his mate would have never got him out like the trusty 100 series did. So it was good to see some recoveries going on with us not being in a staring role actually being recovered.

After the fun of playing around in the sand we made camp at Pertendi Hut where once again we were on our own until four other cars arrived tenting and a caravan. We invited one of the groups with children to our camp fire as they didn't enquire about fire use and thought no fires were allowed until May 1st. It pays to make a call regarding these things. A feast of good food like chicken cordon bleu with baked potatoes with baked onions in red wine accompanied by a selection of salads was enjoyed that night. See girls, we can feed ourselves more than adequately without eating out of a can! This campsite is fairly close to the main Pinnaroo/Bordertown road so is a little noisier and doesn't feel as isolated as the other camps but like the previous night had a tidy long drop which we appeared to put to great use. On that note, I was most impressed with the quality SOFT toilet paper supplied in the loos, our bot bots were most appreciative. In the morning some of us headed home to dry out tents etc. and the remaining drivers tackled the South Boundary track.

All in all, this was a great little trip with some mildly challenging sand hills and comfortable camp sites. Thanks to Mark Curtis for leading the trip and a good bunch of blokes to share the fun.

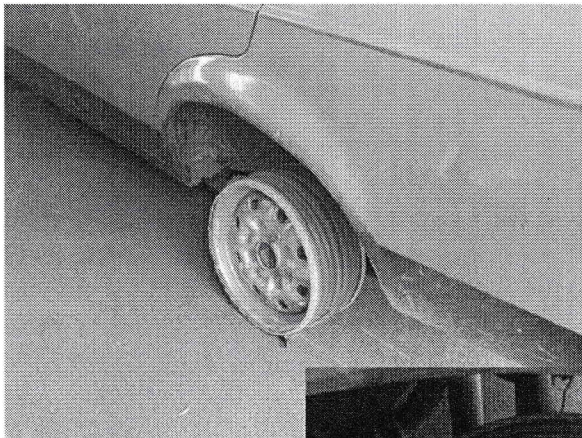
Happy Four wheelin'
Steve Brown







Spotted in an Alice Springs car park !



Rangers Review

Hi all,

I am Dave Goodenough a Stroke victim, In September 2009 I was working around the house then with no warning I collapsed. My total left side was paralised not able to walk, talk or move my arm, I was trapped in my shed. I had my mobile in my pocket rang my mate Murrery & not able to talk properly he said "Your drunk & hung up" so had to try again. This time he came running, he & a friend dragged me from the shed. I told them I had a stroke, so debating how to get me from back yard shed to the front of house. Decided to ring "Ambos" but time of essence "we are 30 min from M/Bridge" looking around found a sack truck, loaded me on it and took me out to the front of house then into the 4wd then to the Hospital. On arrival they refused to take me not being in a Ambulance. Doctor intervened & said ambulance NOW. Doctor told them to be there within the hour. I had the stroke at 6pm I was having a C T Scan at 7:10pm being 1 1/2hrs from Adelaide. After about a day of denial, the frustration which was the hardest thing to overcome. The most important thing is determination to not let it beat you. Every day in rehab I had to remind myself not to let it beat me. My determination my stint in hospital was only 1week instead of 4, Then I went to rehab. Stayed there for 1month instead of 3 month that's what I mean about determination, I had a lot of hard work to retrain my right hand side of my brain to do what the left side did. Your driving license is taken away for no less than 3 months but once again proved them wrong had my license back in 2 weeks after leaving rehab, restricted to Automatic with steering wheel helper fitted. I am still having physio about 1hr a week, have got about 80 % of movement back and still working to get more. I had no symptoms before the stroke".
Do not refuse help, as you will need it !

Dave

HOW TO IDENTIFY A STROKE

Blood Clots/Stroke - They Now Have a Fourth Indicator, the Tongue

STROKE: Remember the 1st Three Letters.... S. T. R.

STROKE IDENTIFICATION:

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) .she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening

Jane's husband called later telling everyone that his wife had been taken to the hospital -

(at 6:00pm Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

It only takes a minute to read this...

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke....totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

Thank God for the sense to remember the '3' steps, STR. Read and Learn!

Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to SMILE.

T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)

(i.e. It is sunny out today.)

R *Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke ----- Stick out Your Tongue

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his or her tongue.. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke.

FOR SALE

General

Garmin Quest GPS Navigator

Kit includes Navigator, Map CD, Suction Cup Mount, External Speaker with 12-24V Adaptor, A/C Charger, USB Interface Cable and All Operating Manuals.

Comes with full Australian Street Level Mapping Preloaded
Country Mapping Downloadable

Automatically creates routes with Turn by Turn Directions

Voice prompts for Navigation Instructions

High Resolution bright colour display

Brand new in box never used.

Full Warranty

\$650

Contact Glenn Bull 0410 648 410

CGear annexe matting - special discount offer to all club members.

Small 1.8m x 2.4m - RRP \$109 - Club price \$85.00.

Medium 2.4m x 4.3m - RRP \$208 - Club price \$176

Large 2.4m X 6.0m -RRP \$274 - Club price \$220

Extra Large 3.6m x 4.6m RRP \$307 - Club price \$247

For more info on this product See Paul Tabone or phone him on

Ph 8276 5666

The latest edition of Camps Australia 5

This is a great book for finding camp sites when in new areas.

B4 size spiral bound with camp site pics \$70 RRP normally \$79.95

A4 paper back \$40 RRP normally \$49.95

I have both in stock at the moment.

Cheers

Paul Tabone

FOR SALE

Second Hand Tyres

BFG AT 265/70R16 30% tread left \$30

Dunlop Grandtrek 265/70R16 50% tread left \$50

Uniroyal MT 265/75R16 90% tread left \$90

Good for spares

Contact Jeff Morgan 0410665019

For Sale

Gu series 3 bull bar air bag comp ARB steel \$150 Ono

See Skippy 0418 828 372

For sale : set of 4 Suzuki wheels and tyres in reas. cond. \$100.00.

set of 5 - 6 stud Toyota skinny split rims and tyres in good cond.

\$150.00.

CONTACT LES TOOMER 0409285232.

For Sale

TO SUIT 80 / 100 SERIES SOLID AXLE : Set of 2" lift heavy duty coil springs, EFS TLC-102 front (brand new), TLC-113HDE rear (5000km travelled), \$200.

For further info & specs contact Neil Cook 0400 416 220

FOR SALE

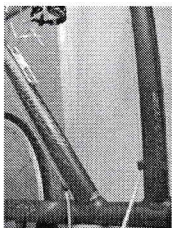
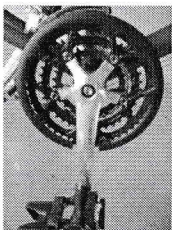
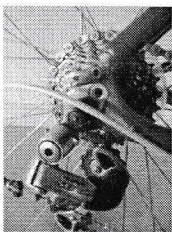
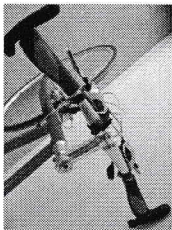
2008 SPECIALIZED "SIRRUS" FLAT BAR ROAD BIKE

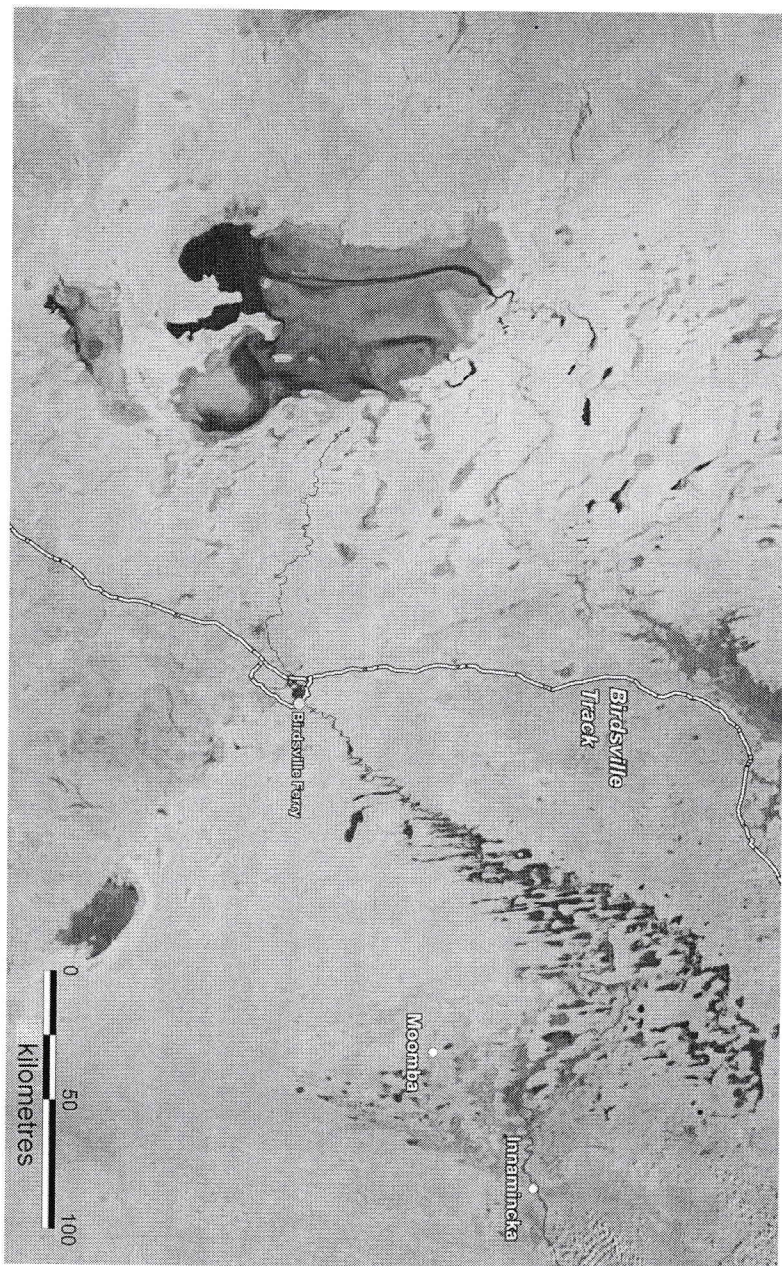
24 speed - Shimano gears
56.5 cm seat post to head stem
57 cm seat post to pedal crank
Toe clip pedals - Twin drink holders

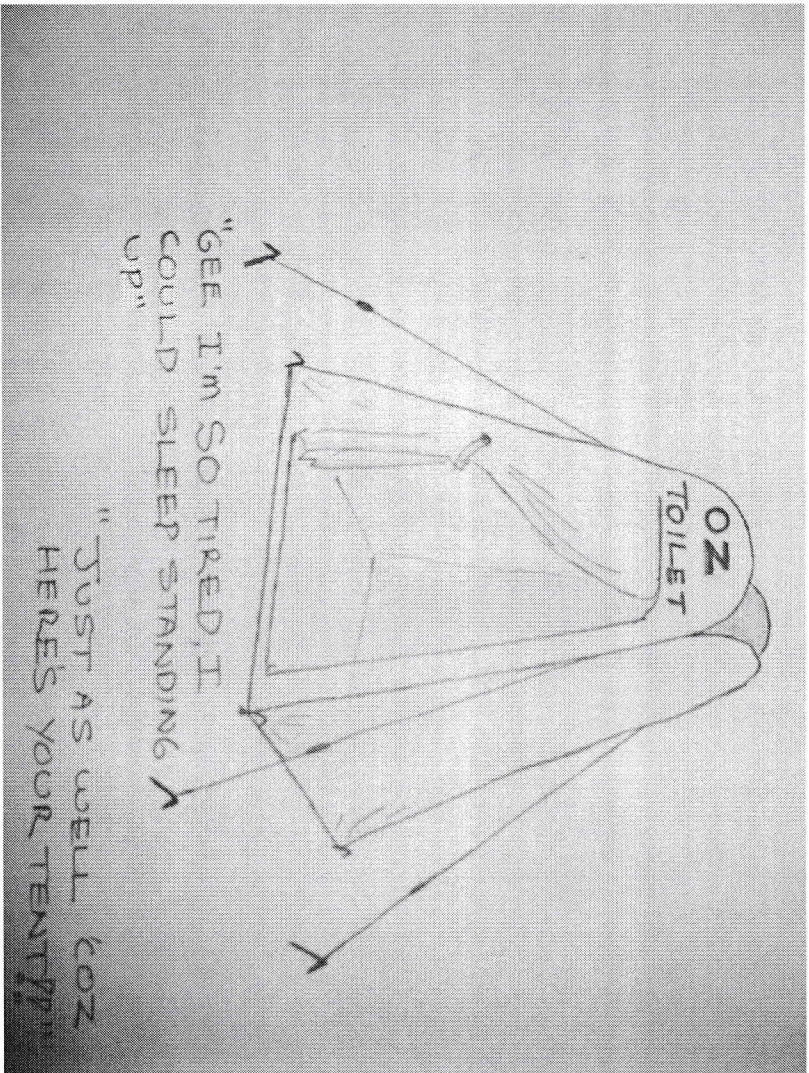
Only ridden a handful of times,
I need a racing bike

\$580.00 ono

PHONE: TOM DOODY 0428 216 307







'A MLR member recently took his Simpson desert crossing passenger to Peake and offered to take a tent for him, unfortunately it wasn't the quick throw out tent he packed...it was the toilet tent! Says a lot for checking what you've packed.



Official Information Release from Four Wheel Drive SA

4WD Matters *Info Brief*

June 2010
- 13/06/2010

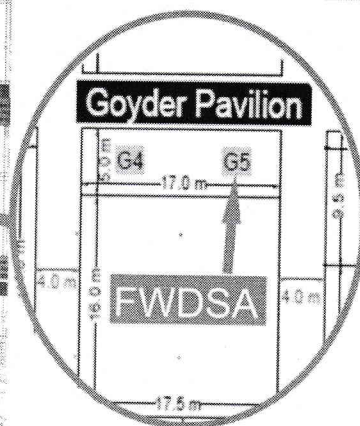
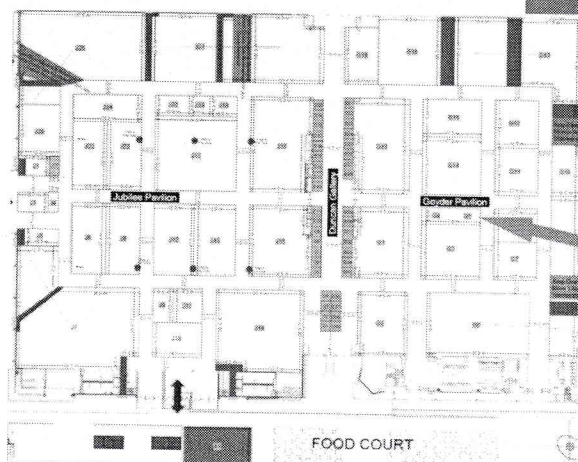
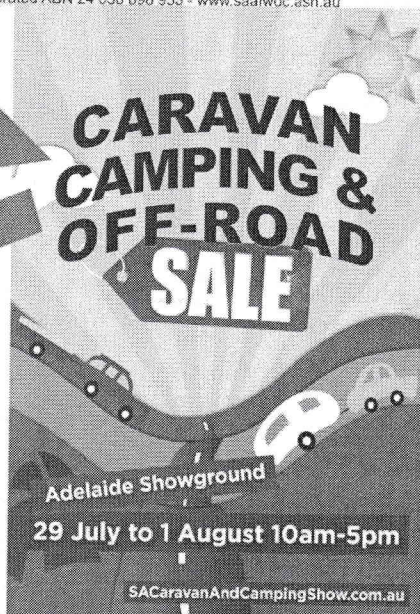
South Australian Association of Four Wheel Drive Clubs Incorporated ABN 24 036 898 953 - www.saaftwdc.asn.au

**Come and see
us at the**

**Goyder Pavilion -
Site G5**

**Need ½ price tickets -
See your Club Secretary**

**Additional tickets are
available for clubs.**



Detail: Caravan and Camping Industry Association of SA

Edited: by 4WD Adventurers Club of SA Inc- Direct all correspondence to Editor FWDSA email- saaftwdc@saaftwdc.asn.au

4WD Matters June 2010 - 13/06/2010 : Disclaimer: Whilst every endeavour is made to ensure the accuracy of the material in this publication, Four Wheel Drive South Australia shall not be held responsible for any errors, omissions or inaccuracies.

Upcoming Trips

Summary of up coming trips:

When putting your name down for a trip you **MUST include your contact number** If you cannot attend and your name is on the trip sheet you **MUST** contact the trip leader or Trips coordinator.

- | | |
|---------------------|----------------------------|
| ♦ 2-11 July | Simpson Desert |
| ♦ 9-18 July | Lake Eyre |
| ♦ 24-25 July | Kapunda Area |
| ♦ July /August 2010 | Cape York |
| ♦ 3/4/5 September | Camp Cook |
| ♦ 2-4 October | Loveday 4x4 Adventure park |
| ♦ 2-4 October | Weekend In Whyalla 6 |

Club Trainers

Trainers: Ian Manglesdorf, & Tim Byrne

Assessors: Ken Bradey, Mark Curtis, Jeff Morgan, Ricky Esser, Paul Tabone

Advisors: Brenton Bowley

MLR Club Training

Contact: Paul Tabone, Education Officer Mobile: 0417 080 663

Unless otherwise specified, ALL MLR trips use UHF channel 27

Upcoming Trips

Trip	Simpson Desert
Date/s – Duration	2-11 July 2010
Trip Leaders	Mark Curtis
Convoy limit	6
Distance – Kms	2000+
Departure / meeting point & time	TBA
Difficulty	Medium to Hard
General comments	West to East crossing

Unless otherwise specified, ALL MLR trips use UHF channel 27

Trip	Lake Eyre
Date/s – Duration	9th—18th July 2010
Trip Leaders	Tom Doody
Convoy limit	Expressions of interest required
Distance – Kms	Lots TBA
Departure / meeting point & time	TBA
Difficulty	Outback Touring
General comments	Adelaide - Leigh Creek or Marree Coward Springs William Creek 2 nights includes Halligan Bay and plane flight if you so wish Oodnadatta, Painted Desert, Dalhousie Springs, Kulgera Roadhouse, Coober Pedy Home
Rangers Review	Page 33

Upcoming Trips

Trip	Cape York
Date/s – Duration	July/August 2010
Trip Leaders	Les Toomer
Convoy limit	Expressions of interest required
Distance – Kms	Lots TBA
Departure / meeting point & time	TBA
Difficulty	Moderate to very hard
General comments	

Unless otherwise specified, ALL MLR trips use UHF channel 27

Trip	Kapunda Area
Date/s – Duration	24-25 July 2010
Trip Leaders	Mark Moss
Convoy limit	TBA
Distance – Kms	TBA
Departure / meeting point & time	TBA
Difficulty	TBA
General comments	Dirt Roads & tracks, camping overnight at Robertstown.

Upcoming Trips

Trip	Weekend in Whyalla 6
Date/s – Duration	2-4 October 2010
Trip Leaders	TBA
Convoy limit	Non
Distance – Kms	1000
Departure / meeting point & time	TBA
Difficulty	Various
General comments	October Long Weekend, see flyer in mag

Unless otherwise specified, ALL MLR trips use UHF channel 27

Trip	Loveday 4x4 Adventure Park
Date/s – Duration	2-4 October 2010
Trip Leaders	David Lamb
Convoy limit	TBA
Distance – Kms	1000
Departure / meeting point & time	TBA
Difficulty	TBA
General comments	Private property on the banks of the River Murray in the Riverland. October Long Weekend

TRAINING

Below are some dates for DTU ran training & MLR club only training.
This will be the last of the training offered by the DTU.

I strongly recommend any members wanting to do training get to some of these events.

This is for anyone wanting to start the training you MUST do this first.
This will be the only theory course for 2010.

This one is for DTU members only eg Advisors, Trainers & Assessors.
DTU Professional Development / Advanced Assessment at Kuipto, 7 - 8
August 2010 (DTU Members only)

Basic Theory Course.

The dates that have now been set to run a basic theory course at Cavan they are.

Sat 31 July & Sunday 1 August.

It will be run with other clubs and Barry Anderson from the Overlander Club has made the booking at Cavan.

If you are interested please let me know sooner rather than later.
Final costs will be determined once final numbers attending are confirmed.

Regards
Paul Tabone
0417 080 663

JUNE**2010 DTU Calendar**

5 th – 6 th	Assessor Course (week 2)	Cavan	9:00am
8 th	Training Committee Meeting	Cavan	7.30pm
10 th	DTU general meeting	Cavan	7.30pm
12 th – 14 th	Queen's Birthday weekend		
17 th	Association general meeting	Cavan	7.30pm
19 th – 20 th	Assessor Course (week 3)	Cavan	9:00am
20 th	SRXRIK, SRXOHS & SRXEMR Courses	Cavan	9.00am
26 th – 27 th			

JULY

3 rd ➤	School holidays start		
3 rd – 4 th			
6 th	Training Committee Meeting	Cavan	7.30pm
8 th	DTU general meeting	Cavan	7.30pm
10 th – 11 th			
15 th	Association general meeting	Cavan	7.30pm
17 th – 18 th			
➤ 18 th	School Holidays end		
24 th – 25 th			
31 st – 1 st Aug			

AUGUST

31 st July – 1 st			
7 th – 8 th	Professional Development 002 / 003 for DTU Members	Kuipto	9.00am
10 th	Training Committee Meeting	Cavan	7.30pm
12 th	DTU general meeting	Cavan	7.30pm
14 th – 15 th			
15 th	Assessor Update Course (Sunday)	Cavan	9:00am
19 th	Association general meeting	Cavan	7.30pm
21 st – 22 nd			
28 th – 29 th			
29 th			

SEPTEMBER

4 th – 5 th			
7 th	Training Committee Meeting	Cavan	7.30pm
9 th	DTU general meeting	Cavan	7.30pm
11 th – 12 th	Professional Development 002 / 003 for DTU members	Morgan	9.00am
16 th	Association general meeting	Cavan	7.30pm
18 th – 19 th			
25 th – 26 th			
25 th ➤	School holidays start		

OCTOBER

2 nd – 4 th	Labour Day Weekend		
9 th – 10 th			
10 th	School holidays end		
10 th	Assessor Update Course (Sunday)	Cavan	9:00am
12 th	Training Committee Meeting	Cavan	7.30pm
14 th	DTU general meeting	Cavan	7.30pm
16 th – 17 th			
21 st	Association general meeting	Cavan	7.30pm
23 rd – 24 th	Trainer Course (week 1)	Cavan	9.00am
30 th – 31 st			

NOVEMBER

6 th – 7 th	Professional Development 002 / 003 for DTU Members	Peake	9.00am
9 th	Training Committee Meeting	Cavan	7.30pm
11 th	DTU general meeting	Cavan	7.30pm
13 th – 14 th	Trainer Course (week 2)	Morgan	9.00am
18 th	Association general meeting	Cavan	7.30pm
20 th – 21 st			
27 th – 28 th			

DECEMBER

4 th – 5 th			
7 th	Training Committee Meeting	Cavan	7.30pm
9 th	DTU general meeting & break up	Cavan	7.30pm
11 th >	School holidays start		
11 th – 12 th			
16 th	No Association general meeting		
18 th – 19 th			
25 th – 26 th			

NEED & NEED

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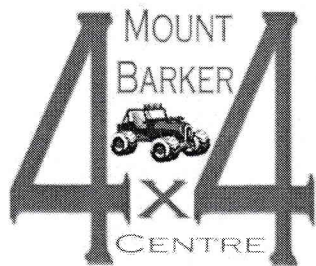
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| 1 Bullbars, | 1 Staun | 1 Polyair Springs |
| 1 Warn Winches | 1 Wheel Carriers | 1 Fuel Tanks |
| 1 Canopies | 1 Recovery Equipment | |
| 1 Air Locking Diffs | 1 Old Man Emu Suspension | |
| 1 UHF Radios & Antennas | | |

CLUB DISCOUNTS AVAILABLE TO ALL MEMBERS

CONTACT GLENN BULL FOR FULL DETAILS

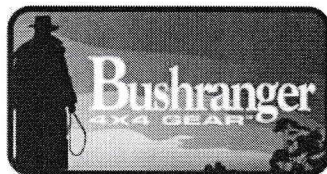


Mount Barker 4x4 Centre

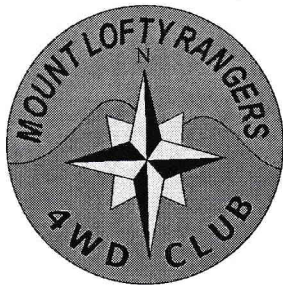
PH (08) 8391 4391

Shop 10/4 Dutton Road

Mount Barker SA 5251



MOUNT LOFTY RANGERS 4WD CLUB



GENERAL MERCHANDISE RANGE

Cloth Badges	\$7.00
Car Stickers	\$2.50
Name Badges	
Initial 2 on joining	FREE
Additional	\$6.00
Replacement	\$6.00
Sand Flags	\$2.50
Tyre Plugs	\$7.50

Please see Les Toomer (0409 285 232) for clothing or other purchases

ITEMS FOR LOAN

Crate Mate Recovery Tracks	Recovery Kit
Club Banner	Tirfor Winch
Club Flag	Puncture Repair Kit *
Exhaust Jack	First Aid Kit *
Maps	4 x Lightweight Shelters with sides.

* Please replace used items

Please see Mark Curtis for any items you wish to borrow Ph 8358 4776

MOUNT LOFTY RANGERS 4WD CLUB



MERCHANDISE APPAREL RANGE

Sizes available for the clothing range are S, M, L, XL, XXL & XXXL

So let's get out there and support & promote our club to the 4wd community

see Andrew Thomas 0408 854 694

Bulk orders placed in Feb, May, Aug & Nov or/if when minimum orders quantities are met
All items to be paid in full when placing order. Add \$5 per item for name embroidery.

HATS

with club logo embroidered



Baseball Cap
\$17



Bucket Cap
\$15



Beanie
\$15

SHIRTS

with club logo embroidered



Polo Shirt
With pocket \$37
Without pocket \$35



Chambray Shirt \$45
Mens and Ladies
Full, short or 3/4 sleeves



COOLER

with club logo printed

Stubby Holder
\$5

JUMPERS

with club logo embroidered



Windcheater
\$50
Ranger Review



Arctic Top
1/3 or full zip \$50



Winter Jacket
\$85 Page 42

Your Committee

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Graham
Jones



0419 851 040

VICE PRESIDENT

Mark moss

SECRETARY &
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Ali Ford



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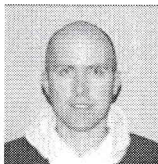
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Neil
Cook

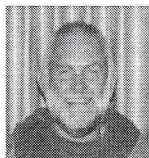


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Pat O'Kane



0414 432 366

SOCIAL
SECRETARY

Isobelle Brett

MERCHANDISE
OFFICER

Les Toomer



0409 285 232

TRIP LEADERS CHECKLIST

PRE-PLANNING

Choose a location for the club trip

Choose a date - start & finish

Choose a route - there & back

Accommodation - caravan, camper trailer or tents only

Cost of camping, track access or other costs

Determine difficulty of the trip

Determine vehicle suitability, requirements & convoy limit

Work out an estimate of the trip distance

AT A CLUB MEETING

With all your pre-planning information at hand approach the trips coordinator

Discuss & seek feedback on your trip details & amend if necessary

Ask if anyone else within the club has done the same trip for any advice or suggestions

Fill out a trip sheet & post on the trips board

Within the club meeting, stand up & introduce yourself

Explain all the details of your proposed trip as outlined in the pre-planning stage

Answer any questions if needed

During the next subsequent meetings keep up to date with progress of names listed on your trip

IN THE MEANWHILE FINALISE DETAILS FOR YOUR TRIP

A start meeting point & time for your trip, there can be multiple places to meet when on route

Finalise any personal, camping, safety & recovery equipment required for the trip as a minimum

Determine if there is any First Aiders, club trainers or assessors on your trip

Amount of fuel stops & fill up locations whilst driving

Notify & book in your trip with any relevant landowners, caravan parks, national parks etc

Assess & check any possible weather conditions you may encounter whilst on your trip

Leave details of your trip with the trips coordinator - itinerary, route & planned return time

Determine all the water & food requirements of the trip - are there any group cooked meals ?

THE LAST CLUB MEETING BEFORE YOUR TRIP

Gather together the members of your trip into a small group & finalise any details of the trip

Confirm all names & numbers of persons attending

Gather all participants trip application forms

Determine if there are any special needs or medical requirements of the participants

Collect any money or fees if it is required

THE FIRST DAY OF YOUR TRIP

Arrive first at the chosen meeting place & time

Once all intended persons have arrived, introduce yourself & anyone travelling with you & call sign

Get everyone else to introduce themselves, people travelling with them, call sign & type of vehicle driven

Make sure everyone is aware of your mobile phone number in case of an emergency

Make everyone aware of the nominated first aider

Discuss convoy procedures, marking of corners & making sure they can see the vehicle behind them

Remind everyone of UHF radio use, etiquette & rules. No swearing / bad language etc

THINGS TO DO THROUGHOUT EACH DAY OF YOUR TRIP

At the start of each day or each individual section of the drive appoint a Tail End Charlie

Nominate a person to write the trip report for that day

Perform regular radio checks of all vehicles in your convoy

Make yourself available to everyone if there are any grievances or conflicts on the trip

CLUB BY-LAWS & RULES FOR TRIPS & ACTIVITIES

As extracted from the Club's Constitutional Document

CLUB ACTIVITIES

For the purposes of these by-laws & rules, only those activities that have been approved by the Directors or at a General Meeting & noted in the minutes shall be recognised as official Club activities. Any activity not so approved shall be considered as a member's private activity & shall only be discussed at General Meetings during general business, if time permits.

REGULATIONS

All members & visitors shall at all times abide by the Club Constitution, these by-laws, rules & regulations laid down by Government Authorities & owners/lessees of private property.

CLUB IDENTIFICATION

All club identification shall be removed from vehicles prior to sale or upon expiration of membership.

RADIOS

Members using CB, UHF & HF radios shall use them at all times in accordance with State &/or Federal Government rules & regulations governing the use of radios.

All members shall install 27 Meg (AM) or UHF radios for all club trips within 6 months of joining the club.

VEHICLE INSURANCE

All participants in Club activities are required to produce to Directors a written declaration stating that they have in force, and will have in force for the duration of the club's financial year, a current policy of Comprehensive or 3rd Party Insurance applicable to the vehicle they are driving, upon renewal of such participants' membership with the club.

CONDUCT OF ACTIVITIES

Direction of Organisers

All members & visitors participating in a club activity at all times shall abide by the directions of the activity organizer or trip leader in respect to:

- i. Compliance with Club by-laws & rules

- ii. Safety of all other members
- iii. Fire precautions & restrictions
- jjj. Care & respect of private property
- kkk. The rights of other people

Trip Leaders

On trips, the Trip Leader has absolute authority over the whole trip & they must ensure that members & visitors are aware of all relevant Club by-laws & rules & have adequate recovery equipment.

Assistant Trip Leader

Trip Leaders at their discretion may appoint separate trip leaders to lead separate convoys.

Contravention of Club by-laws & Rules

A member contravening Club by-laws or rules may be asked by the trip leader to leave the activity or trip & the incident reported to the Committee. Disregard of club by-laws & rules should be reported to the Committee members by the club members. All members must inform the Trip Leaders of their intention to go on a club trip.

National Parks & Forest Areas

All members & visitors are responsible for knowing & observing Park, Woods and Forest regulations whilst traveling in these areas, or in other areas controlled by Government Authorities.

Conclusion of Trips

Trip Leaders must ensure that all participants have clear directions to their destination at the conclusion of the club trip.

Children

Adults must be responsible at all times for the behavior of the children in their charge.

Prospective Members

Prospective members & visitors are allowed on Club activities at the discretion of the activity organiser but not to the exclusion of club members.

Non Financial Members

Persons previously on the club committee but who are currently not financial, or other persons, who are not financial, are not allowed to take part in club activities with our prior Committee approval.

Numbers of vehicles

The number of vehicles on a Club activity shall be determined by the trip leader but also may be subject to requirements of outside authorities. As a general rule the number of vehicles in a convoy shall not exceed 15 as the sight & inconvenience to other members of the public must be considered.

Dogs

On trips where dogs are permitted, they must be kept under control at all times, preferably on a lead.

Motorcycles

Motorcycles are not permitted on Club trips except with the express permission of the trip leader.

Firearm

Guns & rifles must not be visible inside vehicles & should only be removed in cases of emergency, or with the express permission of the trip leader.

Intoxicating Liquor

Excessive consumption of intoxicating liquor on club activities is discouraged.

Off Tracks

Vehicles are to stay on existing roads & tracks except in areas where permission has been granted to move away from existing vehicle corridors.

Flora & Fauna

Live branches are not to be broken from trees or shrubs. No member shall use a tree as an anchor for winching without providing adequate protection around the tree from slings or cables. Trip members must not disturb birds, animals & their habitat.

Gates

All gates must be left as they were found.

Camping

Campsites must not be within 500m of any artificial constructed watering points. Campsite adjacent to large natural watering points must be sited so that stock & wildlife are not prevent from gaining access to water. Campsite must be at least 1km away from any station homestead, shearing shed, outstation or other improvement unless prior approval of the land manager. Previous campsites should be used wherever possible. Care must be taken to minimize damage to vegetation etc at campsites & making of unnecessary vehicle tracks is to be avoided.

Water

Minimal water only is to be taken from any watering point. Members are not to swim or bathe in tanks or dams without permission from the land manager. If water is required for washing it is to be bucketed out. Soaps & detergents etc are not to be introduced into tanks, dams, rivers or natural watering points.

Litter

No litter or rubbish is to be thrown from vehicles. At all stops, members shall ensure that no rubbish is left at the site. All non-burnable rubbish is to be carried out & disposed of in approved receptacles or areas. Burnable rubbish may be burnt at campsites provided all other members are considered, correct precautions are taken & there are no fire bans in place. Non-combustibles are to be removed from ashes.

Historical Sites

All sites of historical significance are to be left undisturbed & artifacts are not to be removed off site.

Toilets

When using bush toilets ensure an adequate, deep hole is dug & covered properly before leaving the campsite. Do not allow paper & tissue to blow around the area.

Mobile Generators

The use of generators must be kept to a minimum & not used after 8.00pm or before 7.00am without the permission from everyone within the vicinity. At all times other travelers must be considered when using generators. Members must ensure as far as possible that generators are permitted in NPWS areas prior to departures or obtain permission from rangers at the site.

Fires

Fire bans must be complied with at all times. Normally one campfire should be adequate and the trip leader is responsible for its location. The trip leader may approve other small cooking fires. At sites where adequate supply of dead wood on the ground is not available (especially National Parks etc) or during potential fire danger period's members are encouraged to use gas or other means for cooking. All fires must be extinguished before the site is vacated, ashes disposed of, and where practical, no signs of the fire should be left at the site.

Spares

Vehicles must carry enough spare to be reasonably self sufficient in the event of breakdown. Spares for similar type vehicles can be shared amongst those on the trip. The specific spares would depend on the type of trip & location and agreement between participants.

Grievances

Any grievance arising from any club activity must be made as soon as possible (preferably in writing) to the organisers of that activity or Directors so that any problems can be resolved promptly.

Convoy Procedure

Regulations – All drivers shall observe all regulations at all times.

Departure Warning – The trip leader shall give a 5-minute warning before departing.

Briefing – Prior to departure each day all drivers are to assemble at a central point for the trip leader's briefing on the next stage of the trip.

Travel – All members of the convoy are to follow the trip leader & not stray from route

Track Widening – Drivers are not to widen existing tracks by driving around obstacles such as broken branches, large holes, rocks etc but should endeavor to do minor track maintenance to allow vehicles to remain on the track, i.e. remove branches, fill holes etc

Convoys – Vehicles should stay in convoy position unless a change is authorised

Distances – members should keep a safe distance from the vehicle in front, particularly in hilly country or if brakes are wet after a water crossing. On main roads leave adequate space between vehicles to enable other vehicles to overtake safely.

Driver Responsibility – Each driver is responsible for the vehicle behind. Keep the following vehicle in contact at all times. In conditions where visibility is poor switch on lights & check regularly that following vehicle is in sight. Contact by radio if possible.

Acknowledging Turns – Wait at every turn with indicators flashing until the following driver acknowledges with their indicators flashing.

Separated Convoy – If the convoy becomes separated & an intersection is reached where there is no other vehicle, stop and wait for instruction from the trip leader.

Leaving Convoy – If members wish to leave a convoy for any reason they must inform the trip leaders by radio or at stops. If on the move, drop back & advise your intentions to the last vehicle who will advise the trip leader as soon as possible.

Breakdown of Vehicles – If a vehicle breaks down or becomes immobile for any reason, all vehicles must stop with the affected vehicle until it is again mobile or the trip leader has checked that the vehicle is safe to be left for adequate assistance. Arrangements are to be made to renew contact as soon as possible.

Stopping Convoy – if members wish the vehicle in front to stop, call on radio if available, attract drivers attention by flashing lights on an off or stop. Care must be taken when flashing lights at night to avoid causing a hazard to oncoming vehicles.

Negotiating Hazards – At any creek crossing, steep hill, sand hill or other hazardous terrain all those not involved are to stand well clear of the activity. The trip leader, or delegate, will have complete control over activities. Vehicles are to be moved well clear of the hazard to allow sufficient room for following vehicles.

Recovery Operations – During recovery operations members should give what assistance possible but not get in the way. Stand well clear of vehicles, towropes & winching cables. Obey instructions of trip leader.

Vehicle Damage – Any damage caused to a members vehicle is the member's own responsibility. Members should not be afraid to stop to remove obstacles to avoid this

Stopping Areas – Campsites or rest areas should be chosen where practical so that all members of the trip can be accommodated comfortably in the one area. Care must be exercised so that damage to stopping areas is minimised.

Starting Times – Times for daily departures are agreed to prior to departure or at daily briefing

Lunch Stops – Meal breaks should be about an hour unless otherwise agreed beforehand. Time starts from the arrival of the last vehicle at the site.

Stops – Convoys should stop for a short period every 2 hrs to allow participants to rest.

End of day's Travel – Where possible the day's travel should end with sufficient daylight available to allow campsites to be established unless otherwise agreed beforehand.

Convoy Speed – The maximum traveling speed for any club trip shall be determined by the road conditions, all state regulations and not faster than the slowest vehicle in the convoy. The trip leader prior to departure particularly for bitumen road travel should advise