



Rangers' Review

Mount Lofty Rangers Inc.

PO Box 1150, Blackwood SA 5051
www.mountloftyrangers.com.au

Volume 15 No.12

February 2010



Beachport 2010

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Mount Lofty Rangers Inc.

About Us

The Club's aim is to enjoy all aspects of owning and using our 4WDs while enjoying the diverse surroundings offered by this great country. We are a club of 4WD enthusiasts who enjoy challenging driving, regular trips, camping, camp cooks and a great social scene on and off track.

Membership

Membership is open to anyone who owns a 4WD regardless of its make or model and has a passion for driving. Mount Lofty Rangers Inc is an affiliated member of the SA Association of 4WD Clubs.

Club Outings

The Mount Lofty Rangers provides regular day, weekend and extended four wheel drive trips, lead by experienced trip leaders. Trips are rated on the level of difficulty and are available to all members and guests.

The club has a dedicated social committee who also organises regular events that complement the club trips.

Experience and Training

Our current members possess a wide range of skills ranging from beginner to advanced. The club has a number of accredited instructors and assessors, and is involved in regular training via the SAAFWDC Driver Training Unit.

Meetings

Club meetings are the second Monday of each month* and are held at the

Blackwood Football Club Trevor Terrace Blackwood

Time 7:15 pm

*Except where this Monday falls on a long weekend then the meeting is held on the 3rd Monday of the month

Information

For more information on the Club please check out our website at:

www.mountloftyrangers.com.au

MT LOFTY RANGERS UHF CLUB CHANNEL NO 27

Editorial

All,

Greetings for 2010, hope you all had a great Xmas and New Year.

Please make sure you send your trip reports to me, otherwise you wont have anything to read in the coming months !!!!!!!!!

Thanks to the guys that sent the trip report and photos of the Beachport trip, sounds & looks like a good weekend was had by all.

Cheers Neil Cook



PRESIDENTIAL REPORT OCTOBER 2009

Hello all club members

Welcome back for the first meeting of the New Year 2010.

I hope everyone had an enjoyable & safe Christmas / New Year period

& looking forward to share another great year upcoming with you all.

I am sure there will be some great things happening with in the club, good events, plenty of club trips & spreading the good word of our club

There were a couple of club trips over this time one being to the Victorian High Country & the other the usual pilgrimage to Beachport over the Australia Day long weekend. I am looking forward to reading the trip reports & seeing the photos within this or next month's club magazine.

On the subject of club trips now that the hectic period of year is over for most of us it is time to think about getting allot of club trips up on the board to kick off another year. There is the Adelaide Cup weekend the Monday 8th of March & even the 4 days of Easter to consider planning a trip away somewhere to explore, even a weekend or overnight trip away somewhere new. So please see the trips co-ordinator Luke Hooper to obtain a blank form or for any help or suggestions with planning your trip.

It is also time to consider the possibility of placing a standing nomination for the next term of office for any of the Club's committee positions. So please take this time between now & the AGM coming up in May to consider the possibility of giving something back to the club & help shape the future running as well. This will also give you plenty of time to talk with the current person fulfilling that role you are interested in to find out exactly what is involved & what duties they undertake. So any questions please feel free to ask myself or any of the committee position people about this.

I have included my phone number & email address at the back of this magazine so if anyone wishes to make contact with me about any matter, idea, suggestion, criticism or their general point of view about the club in general please feel free to make contact with myself & lets see what we all can do together to improve the club.

Cheers for now, *Andrew Thomas*



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ENTRIES OPEN 19th OCT

KEY DATES for your diary

Entries open: 19th October 2009

Close of entries: 29th January 2010

Event date: 13th - 14th March 2010

Presentation night: 25th March 2010

Entry form, terms & conditions visit www.pajeroclub.com.au
or email challenge@pajeroclub.com.au



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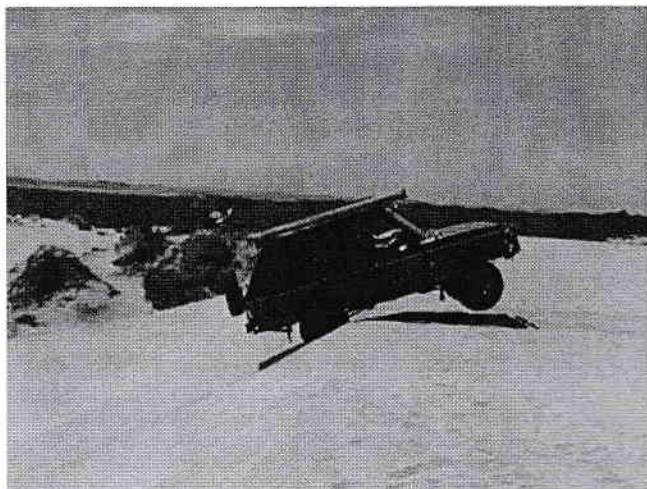
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SPECIALIST 4WD CONTRACTS

Proud sponsor of the Mount Lofty Rangers Magazine

Social Scene

BEACHPORT PHOTO'S





Annual Beachport Trip 2010

Our trips began when we met Jim, Jess and Cory at 3pm Friday 22nd January at Shell Tailem Bend, We conveyed down to Beachport arriving around 6.30 pm to set up camp and greet our fellow club members.

Saturday 23rd January

We arose ready to join a trip when Shorty came looking for someone to lead another group and so it was agreed Les would lead a group of 10 cars North along the beach from Beachport towards Robe, we exited town via the coastal road past the rubbish dump until we reached the car park at the end of the bitumen road for the ceremonial airing down of our tyres. We ventured north doing a mixture of beach driving and inland track work as we progressed north towards Nora Cerina. Along the way we stopped to view the remains of the rusting motor of an old landcruiser that missed the track on one of the rocky headlands and the girls had a treat in seeing some nudies on Stinky Beach, giggle. We stopped for lunch at Nora Cerina on the beautiful beach while some took a quick explorative swim. Ricky Esser from Follow me 4wd tag along tours was also there for lunch with a group and so we touched base on everything 4wd. We then pushed on through Little Dip towards Robe with famed Erringtons Beach causing no one problems, we got most of the way through Little Dip before it was decided the day was getting along and we still had a large return trip to complete. We chose to retrace our steps through Little Dip (it is always interesting how a track in one direction will through up different challenges in the other direction). Some of the members also learnt how much easier it is to drive on sand when you drop your air pressures down to 10 – 12 Psi. We returned along the main gravel road south towards Lake George before traversing the sand back to Beachport. The night involved a camp fire, a few beers and lots of great socializing.

Sunday 24th January

Both Les and myself had plans today that would mean we couldn't lead a trip south as generally you need a long day of driving to reach Carpenters Rocks, so we decided to go North again but this time push all our way to Robe to visit the remaining beaches not visited, have a

look at a track next to Lake George and have a play on the sand dunes next to lake George. This reduced our convoy down to 7 cars as others preferred to try something new. We had a great day in the dunes and banks of Lake George as it is a very beautiful spot, worth the look with some great camping spots. We had plans of visiting family friends in Millicent for tea before our return to camp later that evening.

Monday 25th January

As I had only done the trip to Carpenters Rocks once before, Shorty was very kind enough to offer to guide us the first part down and through Southend. The beach to Southend was very firm and smooth and proved to be a simple drive on the beach, we navigated the township though to the beaches on the other side which proved to be very soft with Shorty finding trouble due to not being in 4wd, a bit of shovel work and lower pressures and he was on his way. He kindly showed us a rock on the beach some of the higher vehicles with more clearance could put there front wheels up on. We then said our farewells before our group drove south along the very soft beaches, Ricky Esser passed our group, and we then proceeded to follow him. We came across a new 200 series very bogged but with lots of help already there to help him out we pushed on south. The beach was very soft but we all were traversing it without to many problems until we came across a hole created by others which managed to capture Tony, it was a simple snatch back, more right foot and better line and we were on our way. One of our members noticed the CV was making a lot of clicking noise in the heavy going and asked if he could return home via the inland track, rather than leave him to fend for himself the whole group left the beach to go along the inland track to Carpenters Rocks, the inland track had no challenges just a relaxing drive with a few nice views over the lakes. We reached Carpenters with some of us airing up for a return to camp by 4.00 while the others pushed on further south and returned by 7pm. My goal is to return to the beaches near Carpenters for some more challenging driving in the future. I forgot to mention my very blonde moment one morning I was using my wipers to clean my front and back windows and couldn't seem to work out how to turn off my front wipers, hmmm.

Cont next page.

The night involved a lovely dip and nibbles prepared Ali Ford, then a camp fire, a few more beers and lots of great socializing, gee life is hard.

Tuesday 26th January

Saw us pack up and leave for our drive home.

Best Wishes to all

Paul, Jenny and James McGregor

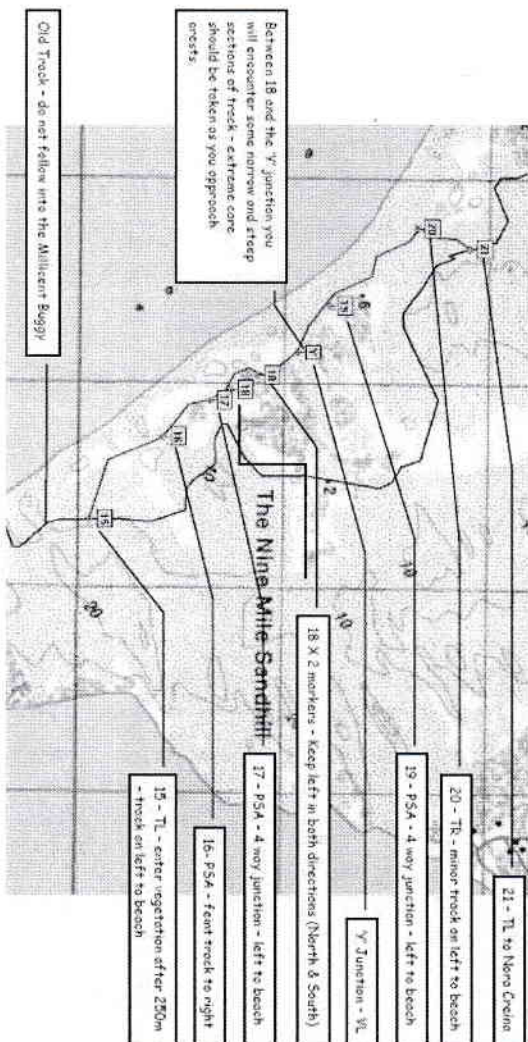




Beachport - Nora Creina Map Amendment

New Bypass Track

- This new section of track bypasses the Millicent Sand Buggy Club. The purpose of this bypass is to eliminate the possibility of 4WD vehicles and sand buggies crossing paths. Sand buggies in their club grounds may travel at speeds in excess of 100kph.
- You are urged NOT to enter into the buggy club grounds at any time.
- The new section only affects the track between points 15 - 21.

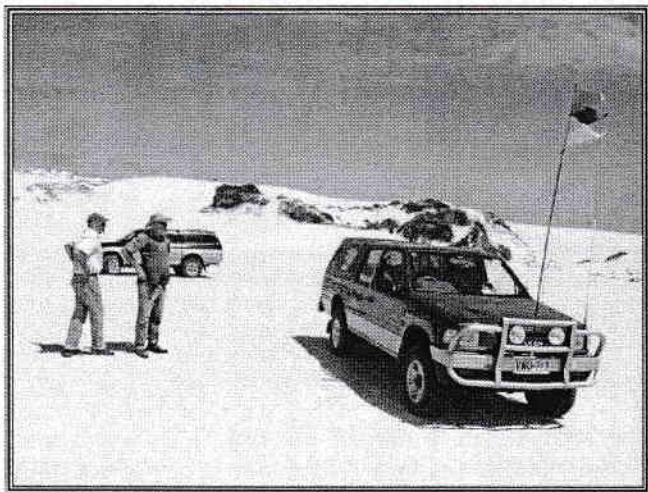


Beachport to Nora Creina

This trip starts in Beachport at the Wattle Range Council Visitor Centre.

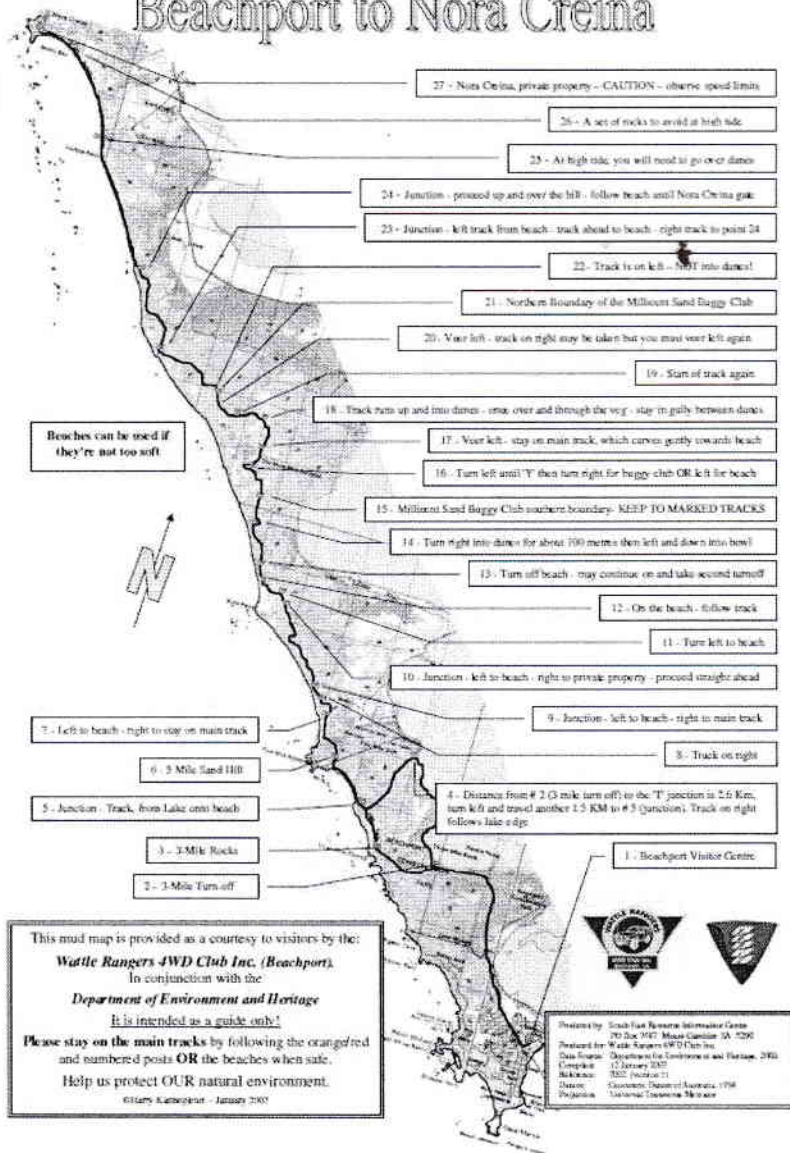
CAUTIONS:

- for ANY sand driving (including tracks), reduce tyre pressures to 15-20psi
- **IMPORTANT:** when driving on dirt roads or bitumen with reduced tyre pressures, keep your speed below 60km - this will reduce the risk of potential blowouts due to overheating the tyre sidewalls (bulge)
- throughout the year, **EXTREME** care should be taken on ALL beaches due to soft sand - these can be avoided by following the inland track - **if in doubt, WALK the beach**
- charges may be incurred if assistance is requested due to bogging on beaches - if possible, travel with at least one other vehicle
- most vehicles have UHF radio and use channel 10 within the park - use the scan function just in case!
- engage 4 X 4 once you leave the main road and use low range as appropriate
- the park has single lane tracks in most areas - oncoming vehicles may be encountered
- use caution on crests and blind corners
- a RED flag on a pole is highly recommended
- 40 kph speed limits apply to ALL areas within the park
- ALL vehicles must be registered (including motor cycles AND quad bikes)
- Fines apply for non-compliance (for off track offenders and unregistered vehicles)



Beachport Conservation Park (and beyond) - Distance Chart (Kilometres)			
Point	Distance	Total KM	Comment
1	0.00	0.00	Start at the Visitor Centre - have a look around - turn right at the pub
2	4.71	4.71	You may turn off here or continue along the road and skirt the lake
3	1.37	6.08	Just before you hit the 3 Mile rocks is a turn-off - to the left which will take you to an Aboriginal Midden site (about 50 metres)
4			This is a junction - turn left to the beach and the 5 Mile sand drift - you may turn right but this will take you along the edge of the lake
5	0.96	7.04	Junction - onto the beach here - watch the tide - stay high LOOK OUT for possible birds nesting (endangered Hooded Plovers)
6	1.12	8.16	5 Mile sand hill - Steel cable protects the vegetation on beach side - follow the track to the right of the hill
7	1.00	9.16	Main track goes to the right - left to the beach - sometimes it is possible to round the point to number 8 via the beach - TAKE CARE
8	0.48	9.64	Track runs parallel with the beach - left takes you to the beach via a very soft uphill track
9	0.32	9.96	at this point you may follow the beach ONLY when the tide and conditions permit - BEACHES HERE CAN BE VERY SOFT - there are several exits from the beach - take note of them in case you wish to reverse your direction - they NOT MARKED on the map
10	1.95	11.91	Junction - proceed straight on - left to the beach - private property through the fence on the right
11	0.26	12.17	Turn left to the beach - the track also goes straight ahead but rejoins main track again
12	0.46	12.63	Onto the beach - good all-year track well up on the beach
13	0.33	12.96	Turn right off the beach here - you may continue along beach but will eventually turn off at next junction on right (14)
14	0.89	13.85	Turn inland for about 100 metres - turn left and negotiate the dip - you may also continue straight along the beach again as there is another wide exit further on
15	0.75	14.60	Southern boundary of the Millicent Sand Buggy Club - turn left onto NEW track Sign - BEACH - TRACK - veer right into bush - veer left to beach
16	0.60	15.20	PSA - faint track on right into Buggy Club
17	0.30	15.50	4 way junction - PSA - left to beach - right into Buggy Club
18	0.1	15.60	Keep left sign - veer left around this one-way track NOTE: another 18 sign on other side of hill
19	1.00	16.60	4 way junction - PSA - left to beach - right into Buggy Club
20	0.70	17.30	PSA inland - track on sharp left to beach
21	0.30	17.60	Northern Boundary of the Millicent Sand Buggy Club
22	1.10	18.70	Veer left here
23	0.57	19.27	Junction - track on the left is from the beach - straight ahead goes to the beach - main track turns right and runs parallel to the beach
24	1.93	21.20	Junction - track on the left is from the beach - straight ahead goes up on and over a VERY large hill - CAUTION - single track only - listen out for other vehicles and scan UHF radio - drive slowly
25	3.00	24.20	At high tide you may have to negotiate a rather steep dune USE CAUTION
26	0.50	24.70	At high tide you will have to use the by-pass track
27	1.95	26.65	Entrance to PRIVATE PROPERTY - Nara Creina - observe speed limits

Beachport to Nora Creina



Subject: Invitation

Dear Rob, Peter, Bob, Brian, Martin, Andrew, Fred, and John,

There is an area around Blinman in the Flinders Ranges in which 9 Station properties are fighting to eradicate *Opuntia robusta* or wheel cactus. It is a close relative of prickly pear and every bit as disastrous to grazing properties.

Last October 2 dozen members from the Toyota Landcruiser Club spent a week on Gum Creek Station seeking and destroying wheel cactus. All involved considered it a great experience and are returning in May this year to cover more ground. The Station owner is very keen to make our stay as pleasant as possible; we have free use of the large Shearers' Quarters, drive the Station tracks, and enjoy a barbie and happy hour with him.

Apart from Gum Creek, the other Station owners have little or no volunteer support in their fight against the marauding plant so that is why we are inviting you or a Club representative to our February meeting.

At our Club meeting on Monday February 22 we are giving a video report on the week at Gum Creek. That will give a good idea of how the eradication program works. In addition the owner of Gum Creek Station, Bill Macintosh, will speak briefly about the program and the value from volunteers assisting.

After this, if you have any interest in following up with one of the other Station owners Bill will be able to provide you with contact details and anything you may want to know about a property. Some are in delightful parts of the Flinders and offer excellent driving.

The meeting is held in the West Adelaide Football Club Rooms, Milner Road, Richmond and starts at 7.30 p.m.

Please let me know by email or phone, who will be representing your Club so that we can welcome them and introduce them to Bill. Meanwhile I will be happy to answer any queries you might have.

Kind Regards, Vince

HOW TO IDENTIFY A STROKE

Blood Clots/Stroke - They Now Have a Fourth Indicator, the Tongue

STROKE: Remember the 1st Three Letters.... S. T. R.



STROKE IDENTIFICATION;

During a BBQ, a woman stumbled and took a little fall - she assured everyone that she was fine (they offered to call paramedics) .she said she had just tripped over a brick because of her new shoes.

They got her cleaned up and got her a new plate of food. While she appeared a bit shaken up, Jane went about enjoying herself the rest of the evening

Jane's husband called later telling everyone that his wife had been taken to the hospital -

(at 6:00pm Jane passed away.) She had suffered a stroke at the BBQ. Had they known how to identify the signs of a stroke, perhaps Jane would be with us today. Some don't die. They end up in a helpless, hopeless condition instead.

It only takes a minute to read this...

A neurologist says that if he can get to a stroke victim within 3 hours he can totally reverse the effects of a stroke....totally. He said the trick was getting a stroke recognized, diagnosed, and then getting the patient medically cared for within 3 hours, which is tough.

RECOGNIZING A STROKE

**Thank God for the sense to remember the '3' steps, STR. Read and
Learn!**



Sometimes symptoms of a stroke are difficult to identify. Unfortunately, the lack of awareness spells disaster. The stroke victim may suffer severe brain damage when people nearby fail to recognize the symptoms of a stroke.

Now doctors say a bystander can recognize a stroke by asking three simple questions:

S *Ask the individual to SMILE.

T *Ask the person to TALK and SPEAK A SIMPLE SENTENCE (Coherently)

(i.e. It is sunny out today.)

R *Ask him or her to RAISE BOTH ARMS.

If he or she has trouble with ANY ONE of these tasks, call emergency number immediately and describe the symptoms to the dispatcher.

New Sign of a Stroke ----- Stick out Your Tongue

NOTE: Another 'sign' of a stroke is this: Ask the person to 'stick' out his or her tongue.. If the tongue is 'crooked', if it goes to one side or the other, that is also an indication of a stroke.



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Cheers

Paul Tabone

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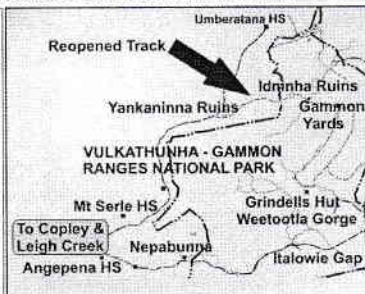
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**Restored 4WD Access to Gammon Ranges NP**

Following representations by a number of groups including the FWDSA Natural Resources Advisory Unit, Pastoral Land Management Program of the Dept of Water, Land & Biodiversity Conservation has successfully negotiated with the lessees of the Yankarinna Pastoral Lease to reopen access to 11 km of track on leased Crown Land.

Running from the old Yankarinna Homestead, on the main Umberatana Road, to the Idninha park entrance, this long existing access track is one of the most popular and historically significant routes to the Vulkathunha-Gammon Ranges National Park.

Removal of gate padlocks and chains was to occur before Christmas 2009 and the New Year would see the installation of a new gate on the Yankarinna / Park boundary on the actual track where it was previously located.

**NGARKAT CONSERVATION PARK -
INTERCLUB WORKING BEE**

16th, 17th, 18th April 2010

A co-operative activity with

Government of South Australia
Department for Environment
and Heritage



**Ngarkat Working Bee is on
and we need your help**

A Word From the DEH District Ranger

As 2010 rolls around, so does the FWDSA April Working Bee in Ngarkat Conservation Park!

This year it will be held on the weekend of the 16th to the 18th of April. Once again, this is not a long weekend but as our main working day is **Saturday the 17th**, it means a leisurely trip down Friday evening (or early Saturday morning!) and an equally leisurely trip back Sunday afternoon. What could be better than a weekend in the bush to recharge your batteries for the coming week?

Once more we will be undertaking work on the Border Track, including more of those wonderful concrete posts and cabling (which, by all accounts, seem to work very well), fencing, trimming, painting and the eternal rubble carting (any trailers brought along would be appreciated). Besides these tasks, there will be much laughter, fun and general four wheel drive/camping/biodiversity talk!

Pine Hut Soak will be our base, as it seems a very popular spot and central to where the work is undertaken (plus we can fit everybody in and it has a basic toilet facility!).

There will be one change this year – I will not be in charge as District Ranger, as I will be taking some leave around then, in accordance with a bundle of stork will be leaving me in early February 2010. Fear not, however, as Rangers Rebecca and Kylie (and the person who will be taking my role for 6 months) will be on hand to give advice and assistance. Being the "nosy parker" that I am, do not be surprised if I bring out the "District Ranger in waiting" for a look at what is going on!

We would love to see you there, no matter whether you've attended before or it's your first time out in Ngarkat. You won't be disappointed.

Best wishes for the New Year.

Donna Nussio and the Murray Mallee staff

A Word From the Border Track Committee

Other vehicles may be driving down the Border Track. If anyone possesses high visibility vests or clothing, it would be appreciated if you could bring them along and possibly share them with your fellow workers.

Meet at Pine Hut Soak campsite

35° 25.375' S 140° 52.702' E

UTM zone 54 488957E 6080048N

Communications: UHF Channel 16

Set up camp, if you can, on Friday 16th afternoon / evening.

Otherwise arrive early Saturday 17th, by 9:00 am if possible.

Directions: From Taillem Bend, follow the Mallee Highway; 5km west of Pinnaroo turn right on to Rosy Pine Lane (Ngarkat Park sign at this point, see RAA map 'Upper South East ref J2'); continue south for approximately 17 km.

The campsite is situated just inside the Park entrance when approached from Pinnaroo. It has one toilet.

Camper trailer – yes; caravan – yes

Bring: strong gloves, handsaw, pruners, crowbar, shovel, post-hole shovel, rake, hand tools, etc.

Trailers: some would be useful.

Important Notice to Clubs and Individuals**Please let me know in advance**

- When you plan to arrive?
- No. people and vehicles in party?
- If you are bringing a trailer?

Border Track Committee

(a sub-committee of the NRAU of Four Wheel Drive South Australia)

Contact: Sue (08) 8269 2883 suzy@internode.on.net

Detail: Donna Nussio District Ranger Murray Mallee Department for Environment and Heritage
Sue Linnell FWDSA Border Track Committee (Mitsubishi Club); Don Ransom Chairman FWDSA NRAU (Toyota Landcruiser Club)
Chris Turner Senior Pastoral Inspector Department of Water, Land & Biodiversity Conservation
Edited by: 4WD Adventurers Club of SA Inc. Direct all correspondence to Editor FWDSA email:- saafwdc@saafwdc.asn.au

4WD Matters January 2010 - 11/01/2010 : Disclaimer: Whilst every endeavour is made to ensure the accuracy of the material in this publication, Four Wheel Drive South Australia shall not be held responsible for any errors, omissions or inaccuracies.



4WD Matters

Official Information Release from Four Wheel Drive SA

October 2009
- 01/10/2009



To the Kaurna people "...the spirit stills lives amongst the steel, concrete, roads and lawns... civilisation may have covered much of the traditional areas but the spirit remains within the land"

Yerrakartarta - mural Hyatt Hotel forecourt North Terrace Adelaide
Wokall - 150 year old Kaurna bark shield SA Museum

Extracts Above - Kaurna Walking Trail Guide

Below - from "Adelaide 1836-1976 A History of Difference" Derek Whitelock 1977

South Australia began in 1836 with the hopes to establish a model colony, a wealthy civilised society. The Colonel Light survey of Adelaide in 1837 centred on Victoria Square/Tarndanyunagga which is the traditional meeting place of the local Kaurna "Tarndanya" people.

The chaotic early days of the colony included the benevolent feelings for the few hundred peaceable and friendly local Aborigines. But because they would not work in a way satisfactory to Englishmen, most pioneers thought they should be herded on to reserves.

As it was, demoralised by the cultural confrontation, decimated by imported diseases like small pox, syphilis, and measles, the Kaurna (and other tribes) went to the wall. In 1897, just 61 years since European settlement, one of the last authentic male survivors of the Adelaide Kaurna tribe died in the Adelaide Hospital.

The letters, diaries and writings of the pioneers, missionaries, and colonial officials provided the early social history of Adelaide and considerable descriptions of the Kaurna language.

Many would not be aware of the colonial or indigenous history of Adelaide's Festival Centre, Elder Park and Torrens Lake area.

The booklet "Walking Trail Guide" provides some interesting historical information. Covering both Colonist and Aboriginal aspects it guides people on a pleasant walk around the Torrens Lake. Additional material can be located on signs around the walk.

For additional insight to the walk, 2 hour group walks can be arranged through the Graham F. Smith Peace Trust 08 8267 3915 (by donation) or Frank Wanganeen 0437 919 966 (from \$20 per person)

**Kaurna
myurna
Kaurna
yerna
tampendi**

Walking Trail Guide
Historical and
cultural information

Available from:
SA Museum Shop
Festival Centre
Graham F. Smith
Peace Trust

The price of this booklet is not intended
to be a profit. It is a guide to the
history of the area and the people
who lived there.

WALKING TRAIL GUIDE
Historical and cultural information

March 26-28 2010

All roads lead to **Burra** for the FWDSA

Back to Burra Weekend

Free Morning Tea & AGM

Free BBQ Lunch

Continuous Tea & Coffee

Tag-a-long Tours

Concourse 4WD elegance vehicle competition

Camping at the Burra Showgrounds

FWDSA Dinner (bookings essential)

Quiz Night

Raffles, Prizes

See FWDSA Website
www.saafwdc.asn.au
for Application Forms



Range Rover 4WD Tag-A-Long

Caroline Cx CP



Details: 4WD Adventurers Club, Leone Ebert, Graham F. Smith Peace Trust, Frank Wanganeen
Copper Ore - green; Malachite - blue; Azurite - FWDSA Back to Burra 2010 Committee; Range Rover Club of SA Inc
Photos: Copper Ore photos courtesy Moonta Mines Museum - District photos courtesy Burra Visitor Information Centre
Edited by 4WD Adventurers Club of SA Inc. Direct all correspondence to Editor FWDSA email: saafwdc@saafwdc.asn.au

4WD Matters October 2009 - 01/10/2009 - Disclaimer: Whilst every endeavour is made to ensure the accuracy of the material in this publication, Four Wheel Drive South Australia shall not be held responsible for any errors, omissions or inaccuracies.

FWDSA Back to Burra Weekend 26-28th March 2010 - Application Form
(electronic form - click on grey boxes and type in details)

If for personal reasons you cannot make a firm booking please tick this box, complete and forward the application - contact the Treasurer to discuss payment options.



Given Name Family Name
 Email (for contact details)
 Phone Home Work Mobile
 Vehicle Type Reg.No. Club

**Activities Saturday
March 27th**

Concourse 4WD'elegance

Longest trip/dirtiest vehicle/biggest hard luck story/
most accessorised vehicle etc - apply at Showgrounds

Indicate numbers

Adult

Child

Morning Tea10.00am Free for All - Burra Town Hall

BBQ12.00am Free for All - BYO Seats & Drinks

Tag-a-long Tours.....1.00pm Range Rover Club for details - apply at Showgrounds

Dinner6.00pm - 7.30pm Return your Menu preferences by March 14 2010

@ \$35.00

@ \$25.00 = Total \$

Bread Rolls with each meal : BYO Drinks & Glasses

Indicate choices

Starter Spring Rolls and Dipping Sauce.....

Crumbed Calamari with Tartare Sauce.....

Main Roast Beef with vegetables and gravy.....

Course Chicken Fillet Rolls with vegetables and gravy.....

Dessert Bread and Butter Pudding with cream.....

Apricot Danish with cream.....

Advise special diet requirements (eg diabetic, vegetarian) as soon as possible

Quiz Night.....7.30pm Teams of 8 - BYO Drinks & Nibbles & Glasses
Prizes, Raffles & Presentation
All proceeds to Royal Flying Doctor Service

Showgrounds Camping - FWDSA has arranged for facilities at the Burra Showgrounds

- 17 powered sites - 10 Amp outlets - No guarantee of powered site - Preference to those with a medical need

- Costs: \$12 per night : Register from 4.00pm Friday March 26th : Shower facilities available

Medical need for power Yes/No

**Friday
March 26**

**Saturday
March 27**

**Sunday
March 28**

Total \$

Indicate nights required

Application Form and Payment by March 14th 2010 - receipts will be issued upon arrival at the Burra Showgrounds

Make cheque/money order payable to "SAAFWDC Inc" or internet transfer to BSB: 805023 Acct.No. 04305267

Mail or Email Application Form & Details to FWDSA Treasurer:

Mr. John Newman 4 Tweed Court Lobethal 5241 SA john.newman@internode.on.net

Phone: 08 8369 6526 Mob: 0438 922 134

Upcoming Trips

Summary of up coming trips:

When putting your name down for a trip you **MUST include your contact number** If you cannot attend and your name is on the trip sheet you **MUST** contact the trip leader or Trips coordinator.

- * 6/7/8th March 2010 Loveday 4x4 Adventure Park - Postponed
- * 6/7/8th March 2010 Peak
- ♦ Easter 2010 Port Lincoln Shark Dive
- ♦ July August 2010 Cape York

Club Trainers

Trainers: Ian Manglesdorf, & Tim Byrne

Assessors: Ken Bradey, Mark Curtis, Jeff Morgan, Ricky Esser, Paul Tabone

Advisors: Brenton Bowley

MLR Club Training

Contact: Paul Tabone, Education Officer Mobile: 0417 080 663

Unless otherwise specified, ALL MLR trips use UHF channel 27

Upcoming Trips

Trip	
Date/s – Duration	
Trip Leaders	
Convoy limit	
Distance – Kms	
Departure / meeting point & time	
Difficulty	
General comments	

Unless otherwise specified, ALL MLR trips use UHF channel 27

Trip	
Date/s – Duration	
Trip Leaders	
Convoy limit	
Distance – Kms	
Departure / meeting point & time	
Difficulty	
General comments	

Upcoming Trips

Trip	PEAK SAND DRIVING
Date/s – Duration	6/7/8th March 2010 (LONG WEEKEND)
Trip Leaders	Required
Convoy limit	
Distance – Kms	300
Departure / meeting point & time	
Difficulty	
General comments	Brush up on your sand driving techniques, with the possibility of trainers being available.

Unless otherwise specified, ALL MLR trips use UHF channel 27


Trip	Loveday 4x4 Adventure Park
Date/s – Duration	6/7/8th March 2010
Trip Leaders	David Lamb
Convoy limit	TBA
Distance – Kms	1000
Departure / meeting point & time	TBA
Difficulty	TBA
General comments	Private property on the banks of the River Murray in the Riverland. Adelaide Cup Long Weekend

Upcoming Trips

Trip	Port Lincoln Shark Dive
Date/s – Duration	1-6th April 2010 (Easter)
Trip Leaders	Neil & Linda Cook
Convoy limit	TBA
Distance – Kms	1500
Departure / meeting point & time	TBA
Difficulty	Scary !!!!!
General comments	Shark dive charter and camping in the Lincoln National Park (see flyer over)

Unless otherwise specified, ALL MLR trips use UHF channel 27

Trip	Cape York
Date/s – Duration	July/August 2010
Trip Leaders	TBA (Les ?)
Convoy limit	Expressions of interest required
Distance – Kms	Lots TBA
Departure / meeting point & time	TBA
Difficulty	Moderate to very hard
General comments	



SOUTH AUSTRALIA

Great Australian Bight

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Port Lincoln

Adelaide

Melbourne

Ceduna

Port Augusta

Wiluna

Coober Pedy

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Throw the rope off at the Marina Hotel at 7am and return by approximately 7pm.

You will enjoy the sea journey to the Neptune Islands, accompanied by pods of dolphins, aboard our 85' very comfortable Calypso Star.

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We have had Great Whites around the boat before hanging back on the anchor.

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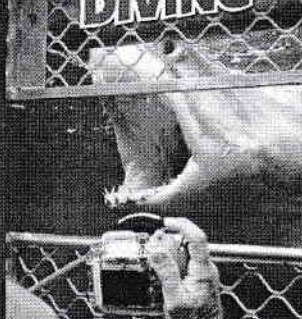
In the rare event of not seeing Great White Sharks a half price return ticket is offered to all on board.

**BOOKINGS and
INFORMATION**

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Email: stay@marinalincoln.com.au

\$495 per person, wet suit & photos/video extra.

Includes warm lunch, 45minutes in shark cage, bar open on return journey.

No dive ticket required as face masks are controlled from the surface.

Looking to camp in the Lincoln National Park and do the charter on the Saturday or Sunday. We will be travelling over on the Thursday and returning on the Tuesday.

Please read all the terms and conditions on the web site, as the sharks are NOT guaranteed.

Payment required at the end of the December meeting.

Give me a call on 0400 416 220 if you have any questions and check out :

www.sharkcagediving.com.au

Cheers Neil & Linda Cook

TRAINING

The DTU –Driver Training Unit has been running training weekends in an effort to help people get training done and 001 in their books completed. This will cease mid next year and it will all be back on to the clubs to organise themselves.

We are fortunate to have a few Assesors in our club but we need new trainers and assesors coming through.

A 2010 Club Training calendar will be made up by the first meeting in 2010.

Some DTU training dates to make note of are:

21st Feb Assesors update course.

13-14 March Basic Theory. **This is where you get started and get training manuals I recommend this as a minimum.**

20-21 March Basic driving practical – Cherry Gardens. Theory members get 1st preference.

17-18 April Advisors course. – Need to have 001 completed if interested please see Paul Tabone.

8-9 May **Basic** driving practical – Morgan. **If you do any DO this one.**

22-23 May Assesors Course week 1.

5-6 June Assesors Course week 2.

19-20 June Assesors Course week 3.

25-26 Sept Trainers course week 1

16-17 Oct Trainers Course week 2

LAST CALL FOR THEORY PAPERS.

If you are no longer interested in training please let me know so I can cross your names off the list.

Trevor Hill

Richard Williams

Jarrad McGlaughlin

Paul Lehman

Jim Betas

Steve Gleeson

Graham Jones

John Loechel

David Lamb

For those who have handed in their papers they have been marked please see me at the next meeting with your A5 booked to be signed off.

Regards

Paul Tabone

0417 080 663

2009 DTU CALENDAR (inc training)

NOVEMBER

31st Oct– 1st Nov Club Training

Basic Course – Driving Peake 9.00am

7th – 8th Advisor Course Morgan 9.00am

10th Training Committee Meeting Cavan 7.30pm

12th DTU general meeting Cavan 7.30pm

14th – 15th

19th Association general meeting Cavan 7.30pm

21st – 22nd

28th – 29th

DECEMBER

5th - 6th

8th Training Committee Meeting Cavan 7.30pm

10th DTU general meeting & break up Cavan 7.30pm

11th > School holidays

12th – 13th

17th No Association general meeting

Anyone wanting to attend any of the above dates, please let Paul Tabone know so he can put your name down to attend.

His goal is to get those who have paid to get books and do the weekend basic theory to now get in to the practical side of training even if just up to completion of the 001 level

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SAFETY ALERT

Change of Hilux Tyre Pressure Requirements

PREMATURE WEAR OF TOYOTA HILUX TYRES CAUSED BY LOW PRESSURE

- **Currently, Bridgestone Desert Dueler 604 tyres are inflated to 32psi (220kPa)**
- The manufacturer has indicated this pressure may reduce the durability of tyres
- **Running tyres at low pressure leads to heat build up, and increases the likelihood of a tyre failing**
- The red areas of the diagram below indicates the concentration of heat and friction build up at different pressures
- Lower pressures place greater tyre surface area on the road, which heats the tyre

The new recommended tyre pressure for the Toyota Hilux is 36psi (240kPa) on the front, and 40psi (275kPa) on the rear

- Northpoint Toyota will be adjusting the tyres to these levels when the vehicles go for routine maintenance
- Tyre pressures should be checked cold and inspected on a weekly basis as per HSHS02 Land Transportation



Internal stresses of a tyre, based on the level of inflation

If we all work together we will achieve our safety vision:
"We all go home from work without injury or illness"

Prepared By	Ben Glover	Approved By Manager:	Peter Klaosen
Date Issued:	18 December 2009	Remove From Notice Boards	18 March 2009

ENHS P026

Visit the Bulletin's internet site on The Well

Santos



4X4 ACCESSORIES



ACCESSORIES SALES AND FITTING SERVICE

- | | | |
|-------------------------|--------------------------|-------------------|
| 1 Dual Batteries | 1 Air Compressors | 1 Fridges |
| 1 Side Steps | 1 Driving Lights | 1 Snorkels |
| 1 Roof Racks | 1 Storage Systems | 1 Cargo Barriers |
| 1 Bullbars, | 1 Staun | 1 Polyair Springs |
| 1 Warn Winches | 1 Wheel Carriers | 1 Fuel Tanks |
| 1 Canopies | 1 Recovery Equipment | |
| 1 Air Locking Diffs | 1 Old Man Emu Suspension | |
| 1 UHF Radios & Antennas | | |

*****CLUB DISCOUNTS AVAILABLE TO ALL MEMBERS*****

*****CONTACT GLENN BULL FOR FULL DETAILS*****



Mount Barker 4x4 Centre

PH (08) 8391 4391

Shop 10/4 Dutton Road
Mount Barker SA 5251



MOUNT LOFTY RANGERS 4WD CLUB



GENERAL MERCHANDISE RANGE

Cloth Badges	\$7.00
Car Stickers	\$2.50
Name Badges	
Initial 2 on joining	FREE
Additional	\$6.00
Replacement	\$6.00
Sand Flags	\$2.50
Tyre Plugs	\$7.50

Please see Les Toomer (0409 285 232) for clothing or other purchases

ITEMS FOR LOAN

Crate Mate Recovery Tracks	Recovery Kit
Club Banner	Tirfor Winch
Club Flag	Puncture Repair Kit *
Exhaust Jack	First Aid Kit *
Maps	4 x Lightweight Shelters with sides.

* Please replace used items

Please see Mark Curtis for any items you wish to borrow Ph 8358 4776

MOUNT LOFTY RANGERS 4WD CLUB



MERCHANDISE APPAREL RANGE

Sizes available for the clothing range are S, M, L,
XL, XXL & XXXL

So let's get out there and support & promote our

see Andrew Thomas 0408 854 694

Bulk orders placed in Feb, May, Aug & Nov or/if when minimum orders quantities are met
All items to be paid in full when placing order. Add \$5 per item for name embroidery.

HATS

with club logo embroidered



Baseball Cap
\$17



Bucket Cap
\$15



Beanie
\$15

SHIRTS

with club logo embroidered



Polo Shirt
With pocket \$37
Without pocket \$35



Chambray Shirt \$45
Mens and Ladies
Full, short or 3/4 sleeves

COOLER

with club logo printed



Stubby Holder
\$5

JUMPERS

with club logo embroidered



Windcheater
\$50
Rangers Review










Arctic Top
1/3 or full zip \$50



Winter Jacket
\$85 Page 38

Your Committee

PRESIDENT	Andrew Thomas		0408 854 694
	Andrew.thomas@hills.com.au		
VICE PRESIDENT	Graham Jones		0419 851 040
SECRETARY & PUBLIC OFFICER	Pat O'Kane		0408 775 969
TREASURER	Paul McGregor		0408 900 889
ASSOCIATION DELEGATE	Richard Williams		0437 734 670
MEMBERSHIP OFFICER	Jim Usher		0432 043 715
TRIPS CO-ORDINATOR	Luke Hooper		0406 881 321
	lwjhooper@gmail.com		

EDUCATION OFFICER	Paul Tabone		0417 080 663
PROPERTY OFFICER	Mark Curtis		0408 297 065
MAGAZINE EDITOR	Neil Cook		0400 416 220
	nlhcook@adam.com.au		
INSURANCE OFFICER	Ken Bradey		0418 807 934
WEBSITE	Paul McGregor		0408 900 889
	paulm@totalimage.net.au		
SOCIAL SECRETARY	Matt Eastmure		0433 561 395
	Dave 'Shorty' Willsmore		0412 411 751
MERCHANDISE OFFICER	Les Toomer		0409 285 232

TRIP LEADERS CHECKLIST

PRE-PLANNING

Choose a location for the club trip

Choose a date - start & finish

Choose a route - there & back

Accommodation - caravan, camper trailer or tents only

Cost of camping, track access or other costs

Determine difficulty of the trip

Determine vehicle suitability, requirements & convoy limit

Work out an estimate of the trip distance

AT A CLUB MEETING

With all your pre-planning information at hand approach the trips coordinator

Discuss & seek feedback on your trip details & amend if necessary

Ask if anyone else within the club has done the same trip for any advice or suggestions

Fill out a trip sheet & post on the trips board

Within the club meeting, stand up & introduce yourself

Explain all the details of your proposed trip as outlined in the pre-planning stage

Answer any questions if needed

During the next subsequent meetings keep up to date with progress of names listed on your trip

IN THE MEANWHILE FINALISE DETAILS FOR YOUR TRIP

A start meeting point & time for your trip, there can be multiple places to meet when on route

Finalise any personal, camping, safety & recovery equipment required for the trip as a minimum

Determine if there is any First Aiders, club trainers or assessors on your trip

Amount of fuel stops & fill up locations whilst driving

Notify & book in your trip with any relevant landowners, caravan parks, national parks etc

Assess & check any possible weather conditions you may encounter whilst on your trip

Leave details of your trip with the trips coordinator - itinerary, route & planned return time

Determine all the water & food requirements of the trip - are there any group cooked meals ?

THE LAST CLUB MEETING BEFORE YOUR TRIP

Gather together the members of your trip into a small group & finalise any details of the trip

Confirm all names & numbers of persons attending

Gather all participants trip application forms

Determine if there are any special needs or medical requirements of the participants

Collect any money or fees if it is required

THE FIRST DAY OF YOUR TRIP

Arrive first at the chosen meeting place & time

Once all intended persons have arrived, introduce yourself & anyone travelling with you & call sign

Get everyone else to introduce themselves, people travelling with them, call sign & type of vehicle driven

Make sure everyone is aware of your mobile phone number in case of an emergency

Make everyone aware of the nominated first aider

Discuss convoy procedures, marking of corners & making sure they can see the vehicle behind them

Remind everyone of UHF radio use, etiquette & rules. No swearing / bad language etc

THINGS TO DO THROUGHOUT EACH DAY OF YOUR TRIP

At the start of each day or each individual section of the drive appoint a Tail End Charlie

Nominate a person to write the trip report for that day

Perform regular radio checks of all vehicles in your convoy

Make yourself available to everyone if there are any grievances or conflicts on the trip

CLUB BY-LAWS & RULES FOR TRIPS & ACTIVITIES

As extracted from the Club's Constitutional Document

CLUB ACTIVITIES

For the purposes of these by-laws & rules, only those activities that have been approved by the Directors or at a General Meeting & noted in the minutes shall be recognised as official Club activities. Any activity not so approved shall be considered as a member's private activity & shall only be discussed at General Meetings during general business, if time permits.

REGULATIONS

All members & visitors shall at all times abide by the Club Constitution, these by-laws, rules & regulations laid down by Government Authorities & owners/lessees of private property.

CLUB IDENTIFICATION

All club identification shall be removed from vehicles prior to sale or upon expiration of membership.

RADIOS

Members using CB, UHF & HF radios shall use them at all times in accordance with State &/or Federal Government rules & regulations governing the use of radios.

All members shall install 27 Meg (AM) or UHF radios for all club trips within 6 months of joining the club.

VEHICLE INSURANCE

All participants in Club activities are required to produce to Directors a written declaration stating that they have in force, and will have in force for the duration of the club's financial year, a current policy of Comprehensive or 3rd Party Insurance applicable to the vehicle they are driving, upon renewal of such participants' membership with the club.

CONDUCT OF ACTIVITIES

Direction of Organisers

All members & visitors participating in a club activity at all times shall abide by the directions of the activity organizer or trip leader in respect to:

- i. Compliance with Club by-laws & rules
- ii. Safety of all other members
- iii. Fire precautions & restrictions
- jjj. Care & respect of private property
- kkk. The rights of other people

Trip Leaders

On trips, the Trip Leader has absolute authority over the whole trip & they must ensure that members & visitors are aware of all relevant Club by-laws & rules & have adequate recovery equipment.

Assistant Trip Leader

Trip Leaders at their discretion may appoint separate trip leaders to lead separate convoys.

Contravention of Club by-laws & Rules

A member contravening Club by-laws or rules may be asked by the trip leader to leave the activity or trip & the incident reported to the Committee. Disregard of club by-laws & rules should be reported to the Committee members by the club members. All members must inform the Trip Leaders of their intention to go on a club trip.

National Parks & Forest Areas

All members & visitors are responsible for knowing & observing Park, Woods and Forest regulations whilst traveling in these areas, or in other areas controlled by Government Authorities.

Conclusion of Trips

Trip Leaders must ensure that all participants have clear directions to their destination at the conclusion of the club trip.

Children

Adults must be responsible at all times for the behavior of the children in their charge.

Prospective Members

Prospective members & visitors are allowed on Club activities at the discretion of the activity organiser but not to the exclusion of club members.

Non Financial Members

Persons previously on the club committee but who are currently not financial, or other persons, who are not financial, are not allowed to take part in club activities with our prior Committee approval.

Numbers of vehicles

The number of vehicles on a Club activity shall be determined by the trip leader but also may be subject to requirements of outside authorities. As a general rule the number of vehicles in a convoy shall not exceed 15 as the sight & inconvenience to other members of the public must be considered.

Dogs

On trips where dogs are permitted, they must be kept under control at all times, preferably on a lead.

Motorcycles

Motorcycles are not permitted on Club trips except with the express permission of the trip leader.

Firearm

Guns & rifles must not be visible inside vehicles & should only be removed in cases of emergency, or with the express permission of the trip leader.

Intoxicating Liquor

Excessive consumption of intoxicating liquor on club activities is discouraged.

Off Tracks

Vehicles are to stay on existing roads & tracks except in areas where permission has been granted to move away from existing vehicle corridors.

Flora & Fauna

Live branches are not to be broken from trees or shrubs. No member shall use a tree as an anchor for winching without providing adequate protection around the tree from slings or cables. Trip members must not disturb birds, animals & their habitat.

Gates

All gates must be left as they were found.

Camping

Campsites must not be within 500m of any artificial constructed watering points. Campsite adjacent to large natural watering points must be sited so that stock & wildlife are not prevented from gaining access to water. Campsite must be at least 1km away from any station homestead, shearing shed, outstation or other improvement unless prior approval of the land manager. Previous campsites should be used wherever possible. Care must be taken to minimize damage to vegetation etc at campsites & making of unnecessary vehicle tracks is to be avoided.

Water

Minimal water only is to be taken from any watering point. Members are not to swim or bathe in tanks or dams without permission from the land manager. If water is required for washing it is to be bucketed out. Soaps & detergents etc are not to be introduced into tanks, dams, rivers or natural watering points.

Litter

No litter or rubbish is to be thrown from vehicles. At all stops, members shall ensure that no rubbish is left at the site. All non-burnable rubbish is to be carried out & disposed of in approved receptacles or areas. Burnable rubbish may be burnt at campsites provided all other members are considered, correct precautions are taken & there are no fire bans in place. Non-combustibles are to be removed from ashes.

Historical Sites

All sites of historical significance are to be left undisturbed & artifacts are not to be removed off site.

Toilets

When using bush toilets ensure an adequate, deep hole is dug & covered properly before leaving the campsite. Do not allow paper & tissue to blow around the area.

Mobile Generators.

The use of generators must be kept to a minimum & not used after 8.00pm or before 7.00am without the permission from everyone within the vicinity. At all times other travelers must be considered when using generators. Members must ensure as far as possible that generators are permitted in NPWS areas prior to departures or obtain permission from rangers at the site.

Fires

Fire bans must be complied with at all times. Normally one campfire should be adequate and the trip leader is responsible for its location. The trip leader may approve other small cooking fires. At sites where adequate supply of dead wood on the ground is not available (especially National Parks etc) or during potential fire danger periods members are encouraged to use gas or other means for cooking. All fires must be extinguished before the site is vacated, ashes disposed of, and where practical, no signs of the fire should be left at the site.

Spares

Vehicles must carry enough spare to be reasonably self sufficient in the event of breakdown. Spares for similar type vehicles can be shared amongst those on the trip. The specific spares would depend on the type of trip & location and agreement between participants.

Grievances

Any grievance arising from any club activity must be made as soon as possible (preferably in writing) to the organisers of that activity or Directors so that any problems can be resolved promptly.

Convoy Procedure

Regulations – All drivers shall observe all regulations at all times.

Departure Warning – The trip leader shall give a 5-minute warning before departing.

Briefing – Prior to departure each day all drivers are to assemble a central point for the trip leader's briefing on the next stage of the trip.

Travel – All members of the convoy are to follow the trip leader & not stray from route

Track Widening – Drivers are not to widen existing tracks by driving around obstacles such as broken branches, large holes, rocks etc but should endeavor to do minor track maintenance to allow vehicles to remain on the track, i.e. remove branches, fill holes etc

Convoys – Vehicles should stay in convoy position unless a change is authorised

Distances – members should keep a safe distance from the vehicle in front, particularly in hilly country or if brakes are wet after a water crossing. On main roads leave adequate space between vehicles to enable other vehicles to overtake safely.

Driver Responsibility – Each driver is responsible for the vehicle behind. Keep the following vehicle in contact at all times. In conditions where visibility is poor switch on lights & check regularly that following vehicle is in sight. Contact by radio if possible.

Acknowledging Turns – Wait at every turn with indicators flashing until the following driver acknowledges with their indicators flashing.

Separated Convoy – If the convoy becomes separated & an intersection is reached where there is no other vehicle, stop and wait for instruction from the trip leader.

Leaving Convoy – If members wish to leave a convoy for any reason they must inform the trip leaders by radio or at stops. If on the move, drop back & advise your intentions to the last vehicle who will advise the trip leader as soon as possible.

Breakdown of Vehicles – If a vehicle breaks down or becomes immobile for any reason, all vehicles must stop with the affected vehicle until it is again mobile or the trip leader has checked that the vehicle is safe to be left for adequate assistance. Arrangements are to be made to renew contact as soon as possible.

Stopping Convoy – if members wish the vehicle in front to stop, call on radio if available, attract drivers attention by flashing lights on an off or stop. Care must be taken when flashing lights at night to avoid causing a hazard to oncoming vehicles.

Negotiating Hazards – At any creek crossing, steep hill, sand hill or other hazardous terrain all those not involved are to stand well clear of the activity. The trip leader, or delegate, will have complete control over activities. Vehicles are to be moved well clear of the hazard to allow sufficient room for following vehicles.

Recovery Operations – During recovery operations members should give what assistance possible but not get in the way. Stand well clear of vehicles, towropes & winching cables. Obey instructions of trip leader.

Vehicle Damage – Any damage caused to a members vehicle is the member's own responsibility. Members should not be afraid to stop to remove obstacles to avoid this

Stopping Areas – Campsites or rest areas should be chosen where practical so that all members of the trip can be accommodated comfortably in the one area. Care must be exercised so that damage to stopping areas is minimised.

Starting Times – Times for daily departures are agreed to prior to departure or at daily briefing

Lunch Stops – Meal breaks should be about an hour unless otherwise agreed beforehand. Time starts from the arrival of the last vehicle at the site.

Stops – Convoys should stop for a short period every 2 hrs to allow participants to rest.

End of day's Travel – Where possible the day's travel should end with sufficient daylight available to allow campsites to be established unless otherwise agreed beforehand.

Convoy Speed – The maximum traveling speed for any club trip shall be determined by the road conditions, all state regulations and not faster than the slowest vehicle in the convoy. The trip leader prior to departure particularly for bitumen road travel should advise