



Rangers' Review



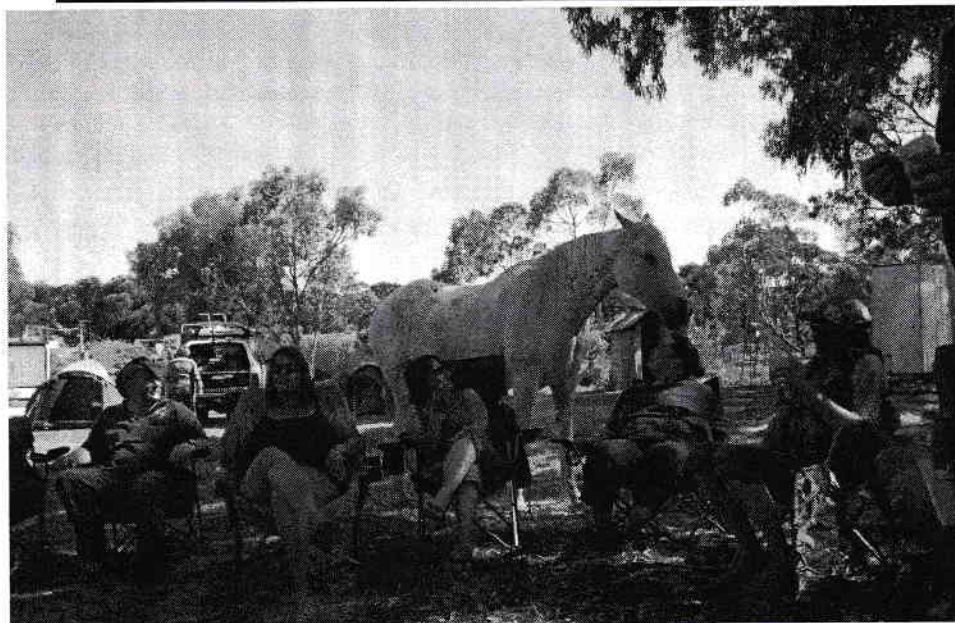
Volume 13 No.8

Mount Lofty Rangers Inc.

PO Box 1150, Blackwood SA 5051

www.mountloftyrangers.com.au

December 2007



A Visitor at the MLR Christmas party held at Wall Flat

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Mount Lofty Rangers Inc.

About Us

The club's aim is to enjoy all aspects of owning and using our 4WD's while enjoying the diverse surroundings offered by this great country. We are a club of 4WD enthusiasts who enjoy challenging driving, regular trips, camping, camp cooks and a great social scene on and off track.

Membership

Membership is open to anyone who owns a 4WD regardless of its make or model and has a passion for driving. Mount Lofty Rangers Inc is an affiliated member of the SA Association of 4WD Clubs.

Club Outings

The Mount Lofty Rangers provides regular day, weekend and extended four wheel drive trips, lead by experienced trip leaders. Trips are rated on the level of difficulty and are available to all members and guests.

The club has a dedicated social committee who also organises regular events that compliment the club trips.

Experience and Training

Our current members possess a wide range of skills ranging from beginner to advanced. The club has a number of accredited instructors and assessors, and is involved in regular training via the SAAFWDC Driver Training Unit.

Meetings

Club meetings are the second Monday of each month* and are held at the

Blackwood Football Club

Trevor Terrace

Blackwood

Time 7:15 pm

*Except where this Monday falls on a long weekend then the meeting is held on the 3rd Monday of the month

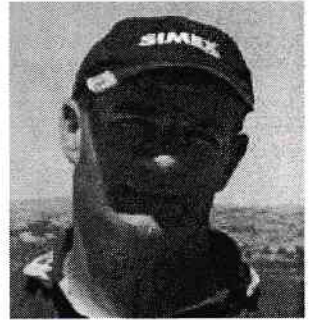
Information

For more information on the Club please check out our website at:

www.mountloftyrangers.com.au

MT LOFTY RANGERS UHF CLUB CHANNEL NO 27

"Shorty's Presidential Report"



Hi All

Christmas is virtually here and its 16 days till Christmas. Where has the year gone, everyone has been so busy it has vanished before our eyes. I have been going over the Patrol and camper trailer getting it all ready for our High Country trip .Hope its not going to be hot.

Finally we would have had our First Aider's go thru the First Aid course and now should be qualified for the next 3 years. Well done to you people 9 members in all.

I would like for all member to think of places they have been in the past that they may like to run a trip. It can be a day trip, overnight or weekend.

Over the past year most of the trips have been put up by committee members! Our resources have been getting quite low on destinations to go for short trips. So if you have any ideas come and see Paul Tabone or myself.

You will also see in this magazine an ad for the MLR Quiz Night which will be held in March. Let's make this a success for the club and to do this we need to fill tables. Tables of 10 at \$10/head. Bring your family & friends along it will be a great night with some great prizes to be won.

Clean up Australia Day will be on Sunday March 2nd 2008 and MLR will be participating next year. We have a couple of places in mind but if you know of a place in the area that is in need of a clean up please let me know and we will go and check it out.

I would like to wish everyone a Merry Christmas & Safe and Prosperous New Year

Hope to see you on some great new trips in 2008

Shorty

Southern Vales 4WD

Ian Richardson

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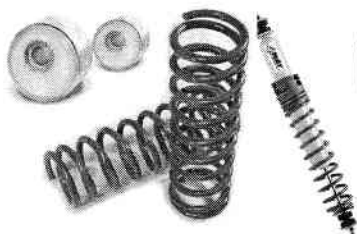
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Where Your Journey Begins



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Rangers Review

Page 4

MLR QUIZ NIGHT

March 1st 2008

*Get a table of 10 Club members, friends or neighbours
together for a good fun night.*

Test your General knowledge

*Everyone knows the good times had at these nights
So Mark it in your diary and let the Social Committee know
of you interest
\$10.00 per Head
Children U12 Free*

B.Y.O. Nibbles, Buy Drinks at Bar

Trading Mart

If you want to sell any goods not only 4WD Gear

**Send me a note at
southern.vales@esc.net.au**

Or

Fax me 8381 8600

Safety alert

PETROLEUM
AND GAS

Petroleum and Gas Inspectorate

Safety Alert No. 30
17 August 2007

LP Gas Cylinder Alert

ATTENTION: Cylinder refillers

What happened?

Some 9kg LPG cylinders manufactured in China have been found to have a faulty valve. There have been a number of reported cases in Australia of the securing gland nut on these valves not being correctly tightened and allowing the contents of the cylinder to escape. In some cases this has resulted in a serious fire and/or injury.

Key Issues

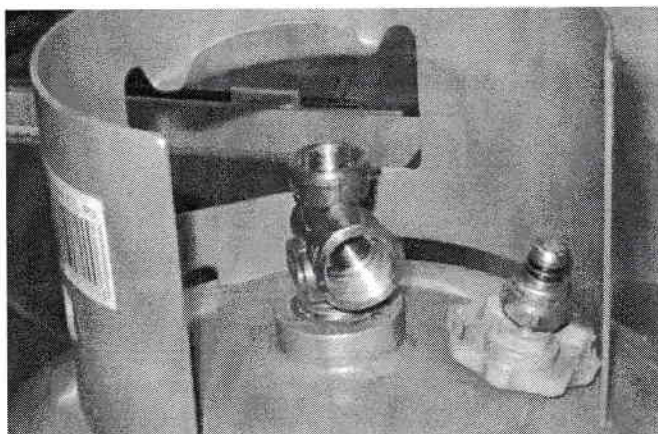
The pictures show the nut which, having a left-hand thread, can be undone during the process of manually turning off the cylinder valve. This may cause the valve assembly to loosen and separate, allowing the immediate release of the cylinder contents under pressure with no real way of stopping the flow once started.

Recommendations

All persons refilling these cylinders are requested to pay particular attention to the tightness of the gland nut. **Remember that this is a left-hand thread and is tightened in an anticlockwise manner.** All valves on Chinese manufactured cylinders should be checked as a matter of course and any loose nuts found reported to this office. Tightening should ensure that the valve gland nut is well-secured in place. **IF IN ANY DOUBT, DO NOT FILL THE CYLINDER**



Valve showing loose gland nut



Valve can fall apart during closing action

Contact for further information

Chief Inspector, Petroleum and Gas

Telephone: 07 3237 1626 Fax: 07 3224 7768

Email: gassafe@qld.gov.au

Website: www.nrw.qld.gov.au/mines/petroleum/index.html



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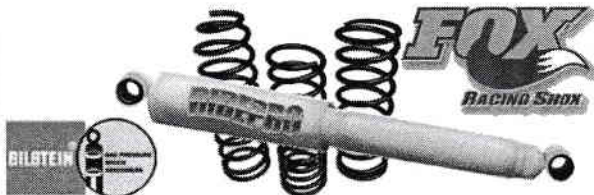
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Member Profile

FULL NAME: Brenton Bowley

NICK NAME: What ever gets my attention

CALL SIGN: Diesel & Dust

MOTTO: Go For It!

OCCUPATION: Mechanical Tradesperson

FAMILY: Josephine, Nathan(23),Leon(20)

VEHICLE: 98 Y61 NISSAN/ST RD28

MODS: Unichip ,Lrg exh, 2" Lift, Ridepro shocks, Ft Locker, the usual ARB / TJM accessories modified to suit MY requirements
Own design drawer system and heaps of other bits!

FIRST VEHICLE OWNED: 72 Valiant Ranger 265 Hemi

ULTIMATE 4WD: Mine (work in progress)

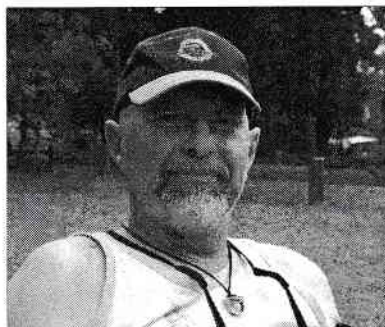
FAVORITE HOLIDAY SPOT: Just getting away to anywhere is good!

OTHER INTERESTS: Bike / V8 Car racing, Hot rods, Rugby Union

FAVORITE FOOD: Thai

FAVORITE DRINK: R&W Wine, CC& ice

ULTIMATE GOAL: Getting thru life in 1 piece & sane.



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OIL CHANGING MADE EASY

Words and photography by Neil Cook

Regular maintenance is the key to a reliable vehicle, whether it is a tough weekend warrior or a mildly modified tourer cum weekday taxi for the kids.

There are numerous areas that you can keep an eye on yourself, one of the easiest being the oils in your engine, gearbox (including transfer case) and diffs.

If you check and change these oils yourself, you will get to know your pride and joy a bit better and save some cash along the way! An added benefit is that YOU will be in control of the lubricants that get used and not the local dealer or mechanic, who may have just bought a job lot of engine oil 'at a great price' and are not too bothered about the quality!

We guide you through the simple art of changing your oils.

ENGINE

[1] Run the engine until it is at normal operating temperature. This will ensure that all the contaminants in the sump get suspended in the oil and are not settled on the bottom of the sump pan. The oils viscosity (thickness) will also be reduced slightly, allowing the oil to flow out of the sump easier.

Caution, if you have to raise the vehicle to gain access underneath, then ensure that the vehicle is placed on appropriately rated axle stands and not just the jack.

[2] Place a tarp or large tray under the engine to protect your garage floor from spills. A bucket or catch pan needs to be placed under the sump drain plug.

[2]



[3] Remove the sump drain plug, being careful of the hot oil flowing out.

[3]



[4] Locate the oil filter and clean any dirt / oil from the area. Loosen the oil filter with a suitable wrench (TIP - a small hole can be 'drilled' in the filter using a screwdriver; this will drain the oil in the filter - reducing the risk of spillage).

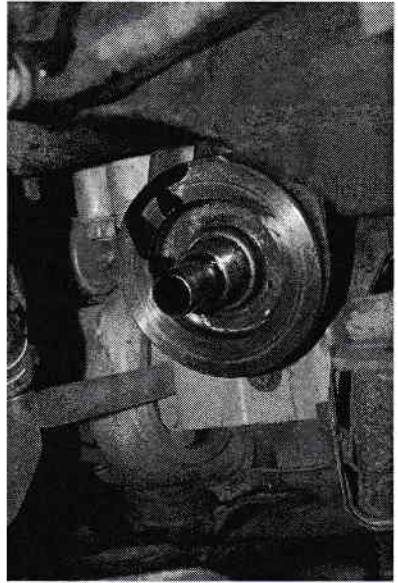
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[4]



[5] Completely remove the oil filter and clean around the filter housing with a lint free cotton cloth.

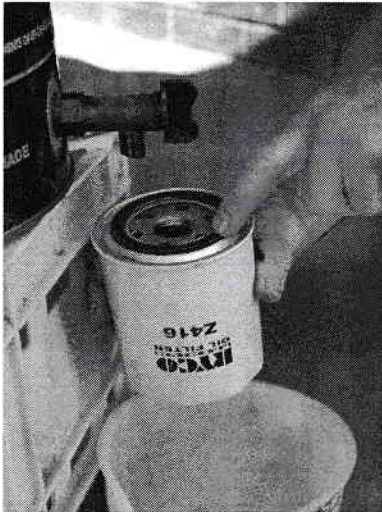
[5]



[6] Smear some new engine oil onto the filter o-ring for lubrication and then screw the filter on, hand tight (never use the filter wrench to tighten).

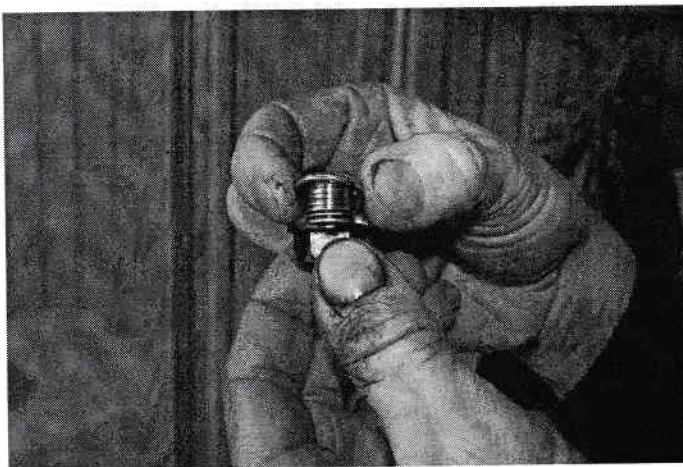
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[6]



[7] Clean around the sump drain plug and refit the plug using a new washer (if applicable). Torque to the value stated in the owners manual.

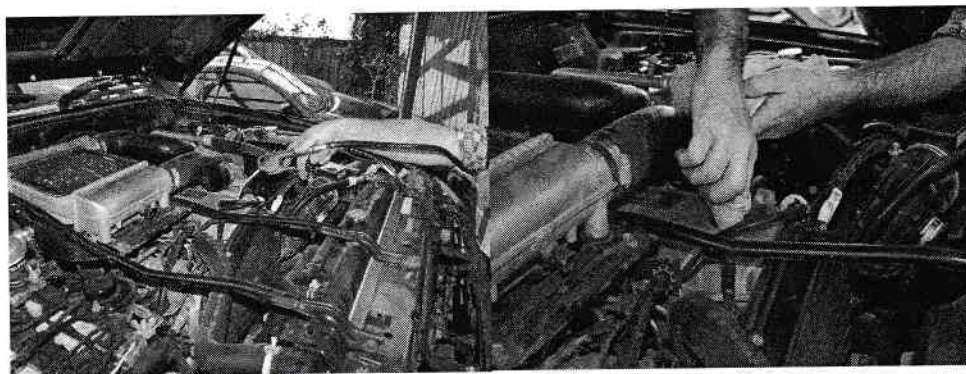
[7]



[8] The oil filler cap and surrounding area should be cleaned before the filler cap is removed. This ensures that no contaminants fall into the engine whilst filling with oil.

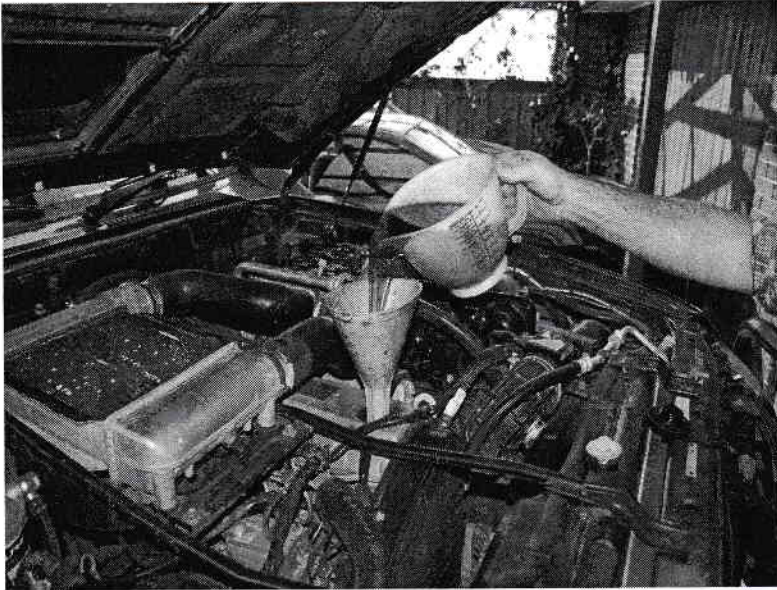
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[8]



[9] Fill the engine with the required amount of oil (refer to the owners manual for type and quantity), replace the filler cap and run for a few minutes.

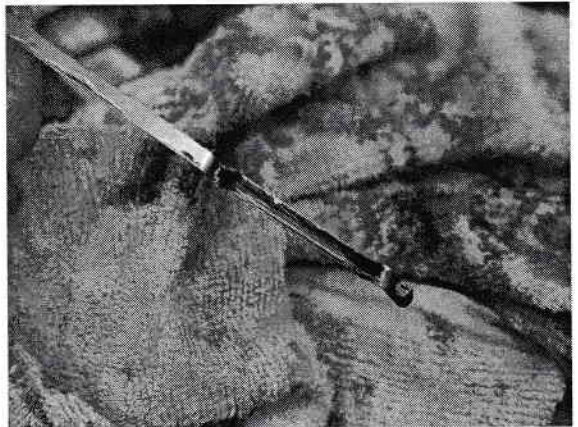
[9]



[10] Switch the engine off and let it stand for five minutes - this allows all the oil to return to the sump. Check the sump plug and oil filter for tightness and leaks.

[11] Check the oil level on the dipstick and top up to the upper mark if required.

[11]



[12] After a few days of running, double check for leaks and oil level.

Upcoming Trips

Summary of up coming trips:

When putting your name down for a trip you **MUST include your contact number**
If you cannot attend and your name is on the trip sheet you **MUST** contact the trip leader or Trips coordinator.

1. Christmas 2007 Vic High Country or similar dates to be confirmed.
2. Beachport 26-28 January long weekend 2008 This is a great trip.
3. Stansbury crabbing trip – 9-10 Feb
4. Registrations of interest for a 2008 Simpson Desert trip see Trevor Hill.
5. 2008 Trips drought we need you to help.

Besides Beachport there are no other trips for 2008 planned.

I would like to see some new trip leaders coming forward it is not hard to do and I will help you if required.

Day trips, weekenders or longer trip suggestions are:

Goolwa beach run and on to Deep Creek NP.

Hog wash bend, Mungo NP, Border Track, Salt Creek fishing trip

Any of the 4wd tracks in the Flinders Skytrek, Arkaba station to name a couple

Trip	Victoria High Country
Date/s – Duration	26 Dec to 2 or 6 Jan.
Trip Leader	Shorty 0412 411751
Convoy limit	10 Vehicles
Distance – Kms	See Shorty
Departure / meeting point & time	To be confirmed
Radio	UHF 27 – Club channel
RSVP – deposit	\$10 upon registration of interest
Camping	Mainly bush camping.
Special requirements	Be prepared for some tough tracks.
General comments	Must have good tyres.

Upcoming Trips

Trip	Annual Beachport Trip
Date/s – Duration	26 – 28 January
Trip Leaders	Required.
Convoy limit	More the merrier.
Distance – Kms	Approx 350 kms
Departure / meeting point & time	Southern Ocean Tourist Park. YOU will need to book your own camp site. Ph 8735 8153.
Radio	UHF 27 – Club channel
RSVP – deposit	Payable to caravan park direct.
Special requirements	Sand flag, compressor & fire extinguisher in vehicle.
General comments	Some training & assessment may be available. If you have never done this trip you should.

Trip	Stansbury – Yorke Peninsular
Date/s – Duration	Arrive Friday evening 8 Feb or Sat morning 9 depart Sunday.
Trip Leader	Paul Tabone 0417 080 663
Convoy limit	Unlimited
Distance – Kms	200kms
Departure / meeting point & time	Stansbury Caravan Park.
Radio	UHF 27 – Club channel
RSVP – deposit	\$25 for camp site booking.
Special requirements	Crab racks & tub, fishing rods and crab nets.
General comments	More a social event not much driving.

SOCIAL SCENE

QUIZ NIGHT - 2nd March 2008

On the evening of Saturday 2nd March 2008 some fun at a Quiz Night.

Monarto Zoo - Date to be advised late April-early May

Southern Food Trail - Date to be advised late May

OTHER SOCIAL ACTIVITIES

If you have any other suggestions for a fun day or afternoon please let Lyn, Jo or Sheralyn know. We will advise you of more details soon.

As always please come and speak with Lyn, Jo, or Sheralyn tonight if you have any suggestions or questions regarding our events for the year. Have a great night! !

Social Committee

**The MLR Committee would
like to wish all MLR Members
and visitors,**

**a Merry Christmas
and a Safe and
Happy New Year**



Action on plastic bottle rubbish needed to Clean Up our Climate

Australians bought 118,000 tonnes of plastic drink bottles last year but only recycled 35 per cent of them. The 76,700 tonnes left behind either went to landfill, creating significant greenhouse gas emissions, or ended up in our environment as rubbish.

“Clean Up Australia Day on Sunday, March 2nd will be a focus for community action to address not just the growing problem of plastic bottle rubbish but greenhouse gas pollution as well,” Ian Kiernan AO, Clean Up Australian Chairman, said.

Registrations are now open. Anyone can register a Clean Up site and community organisations are also encouraged to get involved by visiting www.cleanup.org.au or calling 1800 CUA DAY (1800 282 329).

“Recycling is a simple but effective way to reduce greenhouse gas emissions,” Mr Kiernan said.

“Every aluminium can that is collected and recycled saves 767 grams of carbon dioxide, which is the equivalent of 1 wheelie bin of greenhouse gas emissions.

“Climate change is the greatest challenge facing our and future generations. I encourage everyone to take action by registering a Clean Up Day site. Let’s start today to save tomorrow.”

Fast Facts about Clean Up Australia Day:

Clean Up Australia Day is the largest community event of its kind in Australia – in 2007 an estimated one million people got involved.

- A national Newspoll survey in February 2007 found 87 per cent of Australians believe Clean Up Australia Day plays an important role in protecting the environment.
- Clean Up Day 2008 is a day of action towards Clean Up Our Climate – reducing greenhouse gas emissions from landfill.



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NGARKAT CONSERVATION PARK

FWDSA -INTERCLUB WORKING BEE

The autumn 2008 working bee at Ngarkat will take place over
the Anzac Day long weekend

April 25th, 26th & 27th 2008

Please include this date in your Club's calendar of events as
soon as possible

Full details of the working bee will be emailed to the clubs in
early January

Ngarkat Tracks Maintenance Committee

(a sub-committee of the NRAU of South Australian Association of Four
Wheel Drive Clubs Inc.)

Hi Mount Lofty,

Can you please mention at your next general meeting and in your
newsletter that the Whyalla and Districts 4WD Club will be running
Weekend in Whyalla 5 on the October long weekend in 2008. Please
put this in your calendar for next year, more details to come in the
new year.

Looking forward to see you all there in 2008

Robyn Lindholm

Secretary

Whyalla and Districts 4WD Club

Wall Flat Christmas Party



Santa is popular at Wall Flat



Dave Goodenough tries to fool Santa

Christmas at Wall Flat was a big success. We had 24 vehicles, 1 horse, and 3,000,000 flies. And some went waterskiing. Despite the flies we all had a fantastic weekend. Dave Goodenough organised games for the kids (big & small) such as sack races three legged races and egg & spoon races. Then the water balloons came out and even some people not racing got wet. I hope this will continue next year as we had a good relaxing time and not to far to go.

Ian Richardson (Editor)



Settling in for a good night



Skippy wants to eat

Four Wheel Drive Courses

MLR Club Training
Contact: Jeff Morgan
Home: 8381 5404
Mobile: 0410 665 019

TRAINING DATES

Training

DTU has not finalised the audit, books are still not available.

Training will be provided at Beachport for those who want to have sand elements signed off.

Alternative basic training can also be available if there are sufficient numbers interested.

Trip Leaders Advisory Course - Date TBA based on numbers

Ozi Explorer - Intermediate Users - Date TBA subject to numbers

Assessors Course TBA

Trip Leaders

For those Trip Leaders planning trips this web site is good value

<http://www.toiletmap.gov.au>

For those with Garmin GPS's check for your latest updates

<http://www.garmin.com/support/blosp.jsp>

Club Trainers

Trainer's: Ian Manglesdorf, Paul West, Tim Byrne, Paul Tabone

Assessor's: Ken Bradey, Mark Curtis, Layne Holberton, Jeff Morgan, Christian Whamond, Ricky Esser, George Haniotis.



MT LOFTY RANGERS

Lets Promote Our Club!!!

Cloth Badges	\$7.00
Car Stickers	\$2.50
Name Badges	
Initial 2 on joining	FREE
Additional	\$6.00
Replacement	\$6.00
Sand Flags	\$2.50
Tyre Plugs	\$7.50

Please see a committee member for the above purchases.

Windcheaters (fleecy lined)	\$45.00
<i>(includes name and logo embroidered on & GST)</i>	
Arctic Fleece Tops	\$45.00
<i>(includes name and logo embroidered on & GST)</i>	
Polo Shirts (short sleeve with Pocket)	\$37.00 (no Pocket \$35.00)
<i>(includes name and logo embroidered on & GST)</i>	
Beenies (including logo embroidered on)	\$13.00
NEW ITEM	
Baseball Caps (including logo embroidered on & GST)	\$17.00

If you require clothing please speak to a committee member.

ITEMS FOR LOAN

Books (hopefully in the future)	Recovery Kit
Club Banner	Tirfor Winch
Club Flag	Puncture Repair Kit *
GPS Promotional Videos	First Aid Kit *
Maps	4 x Lightweight Shelters with sides.
* Please replace used items	

Please see Merv Tucker for any items you wish to loan Ph 8278 1414.



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| <input type="checkbox"/> UHF Radios & Antennas | | |

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Your Committee

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VICE PRESIDENT	Trevor Hill	0400 676 954
SECRETARY & PUBLIC OFFICER	Pat O'kane	0408 775969
TREASURER	Nick & Sam Bray	0413 019087
ASSOCIATION DELEGATES	Paul West	0405 484 448
MEMBERSHIP OFFICER Assistants	Darren Callary Luke Hooper Gary Sawyer	0404 099397
TRIPS CO-ORDINATOR	Paul Tabone	0417 080663
EDUCATION OFFICER	Jeff Morgan	0410 665 019
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Merchandise Officer	Andrew Thomas	



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