



Rangers' Review



Volume 3 No. 7

Mount Lofty Rangers Inc.
PO Box 1150, Blackwood S.A. 5051

Dec 1997

PRESIDENTS REPORT

Gail is on the phone - must be time for another report. Don't the months fly by. (Good name for sales promotion that!) On to the serious stuff.

On the training front congratulations to our eleven members who have worked through the basic 4WD course, all passed their theory with flying colours. Certificates will be issued once we complete the sand driving component.

We will probably run another course in March or April if there is enough interest. Please let me have your name if you would like to participate.

I am always wary of announcing what WILL happen, but with luck and persistence from our President for Vice, you should all be admiring your new name badges tonight. The cost is \$2.50 for adult members FIRST badge. This is subsidised by the club, lose it, you get the chance to find out what a new one really costs. If you want badges for other family members please order through Clyde, they are full price.

Tonight is also the night to put your name down for the Clayton raft race weekend, we need to have an idea of numbers to get a site booking arranged. Captain Peter still needs paddlers. Take my advice, do a bit of training or you will be really sore the day after the race.

Speaking of interclub things, the Toyota Club people are putting a lot of work into the Frolic in March. It will be a good weekend I would like to see a good contingent of Rangers attend. We won the trophy last year - miracles do happen - we need a team of us at the frolic to try for back to back wins, just to rub it a bit.

Next week is our official Christmas show, don't forget or Santa will be after you. Merry Christmas to you all, best wishes for the new year.

See you in February

Clipper

Things that Bite in the Bush

Published with permission from our Guest Speaker Dr. Kelvin Hogarth

THE BUSH TICK

This tick loves any warm blooded mammal and is found along the coastal plains of Queensland to the rain forests of Eastern Victoria. The tiny tick, which may be little bigger than a pinhead initially, partially embeds itself in the skin and becomes engorged with blood increasing its size up to 400 times to resemble a blood blister. Its saliva contains a poison that causes a progressive and ultimately fatal paralysis. The tick may be difficult to find, so when travelling in tick area always suspect tick infestation in anyone who develops an unexplained illness with muscle weakness.

First-aid requires removal of the tick. The tick should be excised by levering it out with the point of sharp scissors inserted under the skin under the head of the tick. The mouth parts must not be left behind. Nor should you grasp it with tweezers, or use chemicals as this irritates the tick to insert more toxin. Administration of an anti-venom may be necessary.

When in tick-infested areas, daily body inspection(specially of children) should be done.

SCORPIONS

Unlike the African scorpions, Aussie scorpions are not lethal. They do however cause an extremely painful sting from their tail spike. This pain may migrate up the limb and be very distressing. The pain can be intense for several hours and the victim may become ill for several days. Immerse the bite in fairly hot water to which ammonia has been added. A strong pain killer will be needed.



BEEES

Bee stings are pretty common but they can be fatal. Most people get local pain and swelling immediately and some will get large swelling of the limb lasting up to a week. About one percent of stung people will suffer a potentially fatal reaction with a generalised hives rash, swelling of face and throat, difficulty breathing, swallowing, wheezing and shock.

Prevent stings by wearing shoes when bees are around outside, avoid bright clothes and perfume. Canned drink may attract them. If confronted by bees walk quietly away without sudden movement stung, remove the sting by flicking it off with a fingernail or knife edge. Do not squeeze it as this will inject more venom. Apply a cold compress. Give antihistamine.

If you have a history of severe reaction you should always carry antihistamines and an adrenalin delivery system(eg an inhaler).

EUROPEAN WASPS

Unfortunately an imported pest that is becoming more widespread. It is attracted to picnics and barbecue food. Beware the can of soft drink that has been left sitting around - the wasp may be inside. A sting inside the mouth can be rapidly fatal. This wasp, unlike the bee, can sting repeatedly, Disturbing their nest is NOT recommended!

In the event of a sting apply a cool compress then treat as for bee stings.

ANTS

Australia has the very large and very aggressive Bull Ant(also referred to as inch ant in South Australia) with long biting jaws.

This power insect, which can be up to 4cm long, roams the undergrowth scavenging food. It seems to have excellent vision as it will rear back on its legs, jaws agape, ready to attack if you approach it - unlike most ants who just go about their business.

The immediate painful bite requires a cold compress and pain relief.

Some other ants such as the jumping ant also inflict a painful bite and can cause local skin reactions. They can also be dangerous for some sensitized people and should be treated like bee stings.

CENTIPEDES & MILLIPEDES

In the bush you may encounter some quite scary looking centipedes up to 10 to 15 centimetres long and 1 to 2 centimetre wide. Bites can hurt and illness has been reported.

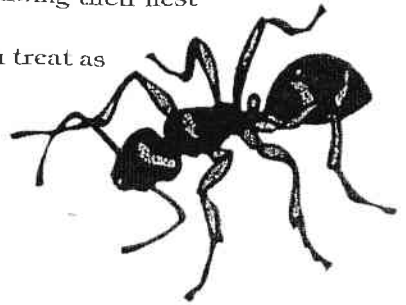
Millipedes are less troublesome, but imported Adelaide Hills pest, the black millipede from Chile, may cause a local burning sensation when crushed against the skin.

SUMMARY

We have a wonderful country to explore. Modern 4WD's and better roads are making more & more of it accessible to many more people. Unlike many overseas countries we don't have to worry about large man-eating predators like bears and lions(crocodiles excepted). However, there are still some dangers for us. Nevertheless the snakes, spiders and all the other "nasties" are doing no more than living their life in their home territory. It is up to us to use some commonsense and forethought to avoid getting into trouble in the first place. For instance, don't roll out the swag as soon as you hit camp then climb in four hours later to snuggle up to whatever surprise awaits you!. Animals are much less likely to invade a swag with a body into than they will an empty one which they may take to be an empty attractive hideaway. If in doubt use fly netting or sleep off the ground.

And finally, in the event of trouble, know your first aid. Simple measures, done correctly, may save much misery and may certainly save a life.

Dr. Kelvin Hogarth.





DECEMBER 1997

SUNDAY 14th - CHRISTMAS PICNIC BREAKUP - SOCIAL EVENT - VENUE FOR THIS YEARS XMAS PICNIC IS AT THE WILFRED TAYLOR RESERVE, WHEATSHEAF ROAD, MORPHETTE VALE TIME -from 11a.m.

JANUARY 1998

AUSTRALIA DAY WEEKEND 24th to 26th - ROBE
Adventure trip to Lake George. Sand, sand and more sand with spectacular coastal scenes and beach driving.
Trip Leader Ted Bal Ph 83821963 or Mobile 0411223555

FEBRUARY 1998

FRIDAY 13th to MONDAY 16th - Glenelg River Gorge - The lower Glenelg River National Park is truly a magnificent area with something for everyone. Take a 3 ½ hour cruise on the 'Nelson Endeavour' to Princess Margaret Rose Caves. Cruise starts 1p.m. on Saturday - cost \$15.00 per adult/\$7.00 per child. Tour of Princess Margaret Rose Caves cost \$4.80/\$1.60. Camping is booked at Wallson Hole \$6.00 per camp site up to 6 people **Trip Leader wanted**

SATURDAY 14TH to SUNDAY 15TH 8th ANNUAL CLAYTON BAY RAFT RACE -To be held at the Clayton Bay Caravan Park. come down Friday night & make a full weekend of it FUN & GAMES
Cost of Camping \$5.00 per night Co-ordinators Peter Chapman ph 3817231 or Rodney Curtis ph 82786280

FRIDAY 20th to MONDAY 23rd - The Coorong
Time and Tide - Sand driving/water crossings. Popular fishing spots and magnificent sand driving areas
Trip Leader wanted

MARCH 1998

FRIDAY 27th TO MONDAY 30th - Coffin Bay
Whispering Sands-Yangie trail to Yangie Bay -Sir Issac Point. Camping at Black Springs and Sensation Beach
Trip Leader wanted



CONTINUED

MARCH 1998

FRIDAY 6TH THRU TO SUNDAY 8TH THE FRIENDLY FROLIC

THE 1998 SAAFDW ANNUAL GENERAL MEETING AT TOWITTA PARK

Cost is \$20.00 adult and \$12.00 per child under 12 year of age

The price includes camp fees for 2 days or 2 weeks (that's up to you) A three course Dinner meal, pre Dinner drinks (wine cheese ect) and entertainment by Bush poet Bob Magor and Frank Way

Fees paid in full no later than February 14th Co-ordinator Ted Bal 8382 1963

APRIL 1998

FRIDAY 10TH TO MONDAY 13TH(Easter weekend) PINK LAKES AND BEYOND

THE SUNSET COUNTRY

Trip Leader wanted

FRIDAY 24TH TO MONDAY 27TH(Long Weekend) JUSSIEU PENINSULA

Cape Domington to Cape Catastrophe, Port Lincoln Great fishing spots, historical area, rugged coast line. What more could you ask for

Trip Leader wanted

MAY 1998

FRIDAY 15th to MONDAY 18th - Gawler Ranges

Easy highway drives - some dirt roads through Gawler Ranges visiting Kinggoonya, the Old Stuart Highway and Gawler Ranger's short cuts

Trip Leader wanted

JUNE 1998

FRIDAY 5TH TO MONDAY 8TH (Long Weekend) Flinders Rangers

Visiting and exploring the Paralana Hot Springs at Arkaroola, The Aligator Gorge, The crumbling Ghost Town of Sliding Roack hidden in Lonely Valley

Trip Leader wanted

JULY 1998

DESERT ASSAULT Four magnificent deserts:- Nullarbor Plains, Gibson Desert, Great Victoria Desert & Great Sandy Desert THE GUNBARREL

HIGHWAY, CANNING STOCK ROUTE TO HALLS CREEK. For real adventure from Adelaide to Halls Creek & Back. 12,000 km in 40 days. No fuel for 1250 km. No Food or Water for 12 Days see Ted Bal ph 83821963

CAPE YORK



Our Convoy consisting of

Harry Herdmon

Steve & Pete Collins

Wally & Margaret Fee

John Keay & Eric Sherrard

Max & Barbara Almond

Toyota Club

The Adventurers

Mount Lofty Rangers

Mount Lofty Rangers

Mount Lofty Rangers

Left on a bright sunny day on July 7th for our adventure to Cape York. Our group was all looking forward to an exciting, challenging and interesting trip.

During our trip we drove through many beautiful rainforests and while walking through them you can appreciate why the Daintree Rain Forest is on the World Heritage Listing. The majestic trees made us feel very small and insignificant. On our journey North we kept continually passing through these beautiful forests and we were always amazed at the size and silence of the rainforests. The last forest is about 1 kilometre from the tip, as you emerge from the coolness of the forest you are encountered by a long rocky climb to the top. When our group reached the tip a wonderful sense of achievement was felt by all and this was duely celebrated with a cold bottle of champagne!

We did not expect our adventures to start so early but on day 1 we reached the Meg River and this was our first water crossing. To Margaret and myself the river looked to dangerous to cross as it was swift flowing and appeared quite deep. While testing the river John unfortunately slipped and had a quick trip through the rapids while still keeping on his hat. Fortunately John escaped without injury, but it quickly showed us how careful and alert we would have to be on this trip. While crossing the Meg we unfortunately got water in our fuel tank, luckily we were in Cooktown when we discovered what had happened.

The Crebb and Bloomfield tracks provided some challenging driving as well as some scenic spots of great beauty. Frenches Track seemed a highway after the Crebb Track.

While driving along the various tracks and the Old Telegraph Track the convoy had to be continually alert for tourists in hired 4x4 drivers as they tended to only think about themselves and not about the welfare of other travellers. It can be quite hair raising to see a vehicle approaching on the wrong side of the road and not giving way.

Our Camping spots were delightful, John certainly knew which ones to

choose. I particularly enjoyed camping on the banks of the Warlock and Jardine Rivers where we had a couple of lazy days trying to fish, eating plenty and drinking. It was a pleasure to drink water from these lovely rivers and was continually comparing the water with our dreadful SA Water. While camping in the Laura River, Margaret and Wally's tent was attacked by a rampaging bull in the middle of the night. Margaret was so scared that she spent the night in their vehicle, and she ended up getting eaten by mosquitoes instead. Weipa was an excellent camping spot and the tour of the Bauxite mine was very impressive and shouldn't be missed. Pete caught fish in Weipa by going out with professional fishermen.

Unfortunately we didn't see much wild life, Steve and Pete were the only ones actually lucky enough to see crocodiles while they were fishing, although there were constant signs that they were around. A few Wallabies were spotted as well as a couple of dingoes, one of which tried to out pace the convoy, other than that not much was seen. There was some bird life (other than those in bathtubs) and we were fortunate to see some bustards, curlews, brolgas and jalahirus. But I can assure that there are plenty of green ants and sand-flies up there. If you are anticipating going to the Cape take a mixture of equal quantities of baby oil, dettol and a few drops of Tea Tree Oil and spray regularly.

Going down Gunshot was an exciting challenge and it was interesting to see how the face of it can change in the matter of days. Sadly a lot of 4x4 drivers don't do the right thing and they make it hard for the vehicles that follow. Another test for our 4x4 driving was going through the mud lake into Chilli Beach and the sand at the mouth of the Jardine River. There were several occasions on which snatch straps and winches were used to get all of us out of some sticky situations. Throughout the trip we were all thankful that we had good tyres, only 1 puncture was experienced early on in the trip. Seeing everybody else having fun 4x4 driving I even decided to take up the challenge and under Steve's expert guidance I attempted to do some driving. I felt great after I had driven.

There are a number of beautiful waterfalls on the Cape but the prettiest of all was Fruit Bat Falls. The pools at the base of Tiou Falls were great for swimming and relaxing in. Wally certainly enjoyed the scenery.

Thursday Island was certainly a highlight of the trip, we travelled over on the Philander (sailed between Kangaroo Island & Port Adelaide).

We were taken on an enjoyable bus trip and shown all the touristy spots of the island when we had a lovely lunch at the local hotel. It is very disappointing when travelling in wilderness country to see the way people treat the environment. There was litter lying all along the wayside of all tracks and it ranged from cans and bottles to dirty nappies. The beaches on the Eastern Coast were littered with flotsam and garbage from boats. It is a shame that Australians don't take more pride in our wonderful country.

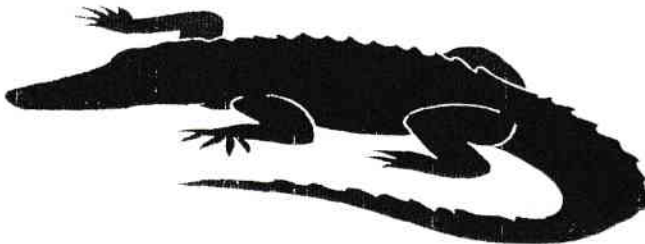
We met many interesting people on our travels, one gentleman was walking from the top of the Cape of Tasmania raising money for the Multiple Sclerosis Association. A couple of Tasmanians (Brian & Kay) joined our convoy at various times when that thought the going was getting tough. They had an interesting vehicle, Brian had purchased a Defender and he had built his own canopy on the tray top and used an electric motor to lift the top. Max thought this vehicle was terrific. One your man attempted to cross the Jardine River for his girlfriend's birthday but sadly to say, he didn't make it. (Don't know what the girlfriend got for her birthday).

Although it is wise to have long range fuel tanks there is no trouble in obtaining fuel along the way. Top ups for food can be obtained at Coca, Archer River, Lochart River and there are good super markets at Cooktown, Bamage and Weipa. Alcohol is very expensive once you leave Cairns. A slab of beer was \$48 and a Coolibah cask \$30. There are several manned Fruit Fly Stations and travellers have to be aware of what fruit and vegetables you can take in and out of Cape York.

Although the 4x4 driving was terrific, the companionship around the camp-fire was fantastic, the scenery was beautiful, but I believe the lasting friendships that have been formed was the greatest aspect of our trip to Cape York.

John's knowledge of the Cape is incredible and I would like to thank him for enabling us to go on a great adventure.

Barbara



Rapid Bay - A Fishing Day Trip Report.

I received a phonecall one night from Brian Gray telling me the day trip to Rapid Bay had been moved to the 16th and asked if we were still interested in going? We were, and Sunday morning saw us at the clubrooms in bright sunshine ready to go. Now it isn't always necessarily the case that being the last to arrive has the honour to write the trip report. Ours was the second vehicle to arrive and yet here I am writing this report. I suppose we can't expect visitors on there first outing to have to write it and somehow Trip Leaders even though they arrive last get out of it as well, and I would have to agree the first to arrive wouldn't do it - so that leaves me!!

Apart from the Trip Leaders Brian and Joyce Gray there was Pete, Jenny, Brian and Bronwyn all travelling together, Inta, Juris and Dainis Skabe the visitors, and myself (Kevin alias Stumpy) my son David and daughter Annika.

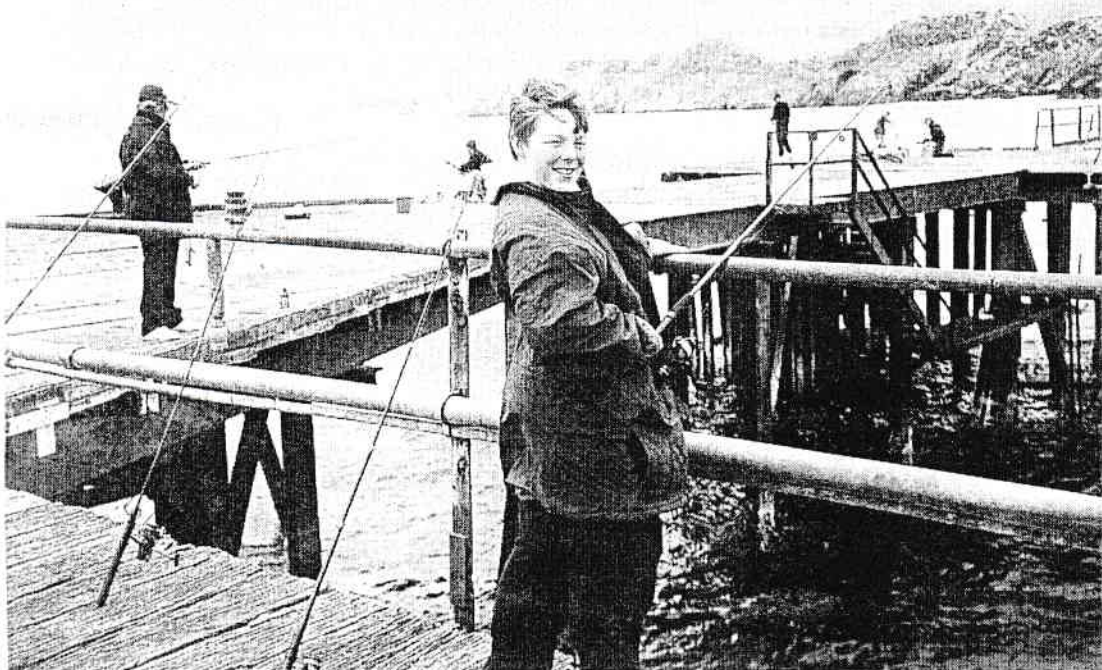
Part of the days activity was an observation run which we were to complete on the way down. There was promises of prizes at the end and David thought this was pretty cool, so he grabbed a pen and was ready to go. We set off on time and soon found out we had some radio problems. Inta and Juris didn't have a radio, I couldn't hear or transmit to Brian, and I could only just hear Pete although he could hear me. With only four vehicles we didn't think it would cause many problems so we continued, with my radio off.

We first headed along Piggot Range Road, then back to South Road until somewhere past Aldinga we turned off onto a dirt road at the Victory Hotel. Now one of the questions were, "what year was the Hotel established"? The post that held the sign that had the answer had conveniently fallen over - so no one got that one right. The road we were on was a little bit rough although no one needed to engage 4WD. It took us over the range of hills where at the top we stopped to look back to realise we where quite high up. After allowing some horse riders to pass we continued on our way and ended up at Yankalilla for a quick break. Moving off again we went up an other back road keeping an eye out for various signs that would answer our questionnaire sheet while enjoying the scenery as well.



Above Visitors from left to right Juris, Inta and Dainis Skate

Below David Leslie.



Eventually we arrive at Rapid Bay in time for lunch. We set up tables and were soon enjoying our communal meal. This is a good idea as it gets everybody sitting together and of course talking together. Joyce marked our answers and announced a tie between Pete and Jenny and Brian and Bronwyn who both just happen to be travelling in the one vehicle. They were quite insistent that they did their sheets separately. They received there yummy looking prizes while everyone else received consolation prizes.

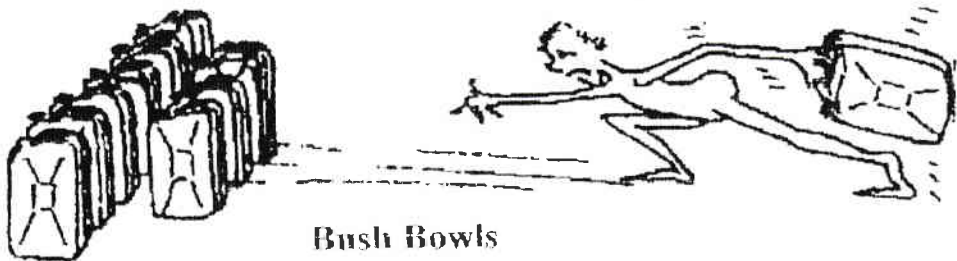
Lunch over, we packed up and headed for the jetty at about he same time as the dark clouds and the wind. The rain squalls básically missed us but the wind stayed. We tried fishing for a couple of hours with only a few squid ended up in the bucket. What was really annoying was that a few meters away a young guy caught about 8 Barracoota while we, in a nut shell, got nothing. Inta was the only lady to catch anything, she was awarded a wine goblet and Juris, Dainis and Peter all got beer mugs. Me! well I got cold, lost my bait and Annika & David soon got tired of catching nothing so we went home.

Overall, it was a very pleasant day out, we went through some lovely country side and had good company along the way. From all who went, out thanks to Brian & Joyce for a very enjoyable day

Kevin Leslie

Jerry Cairne's Corner

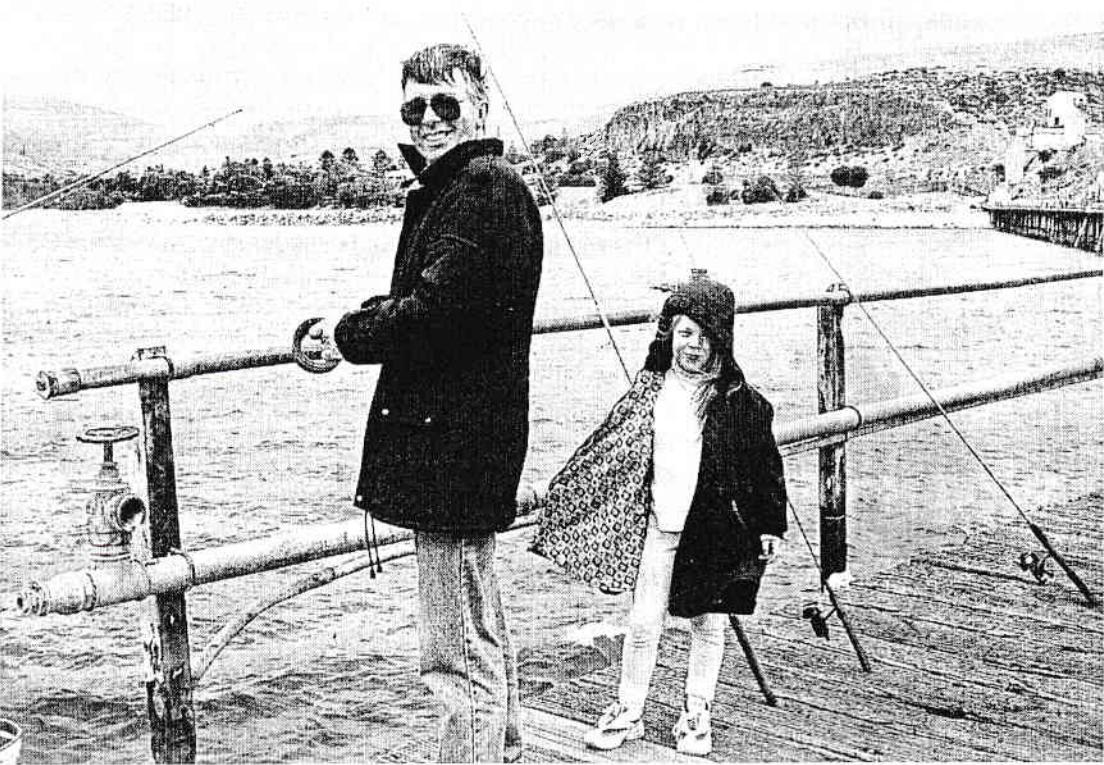
Further useful ideas for the common fuel container

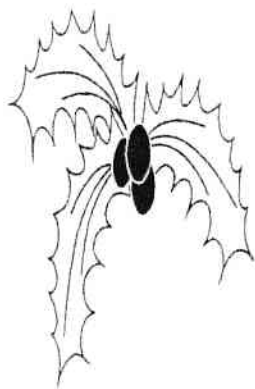




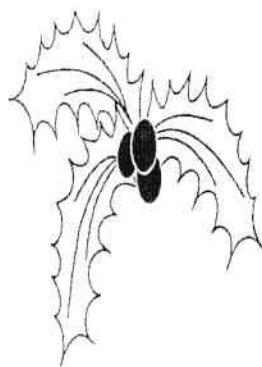
Above Peter and Jenny Jones

Below Kevin and Innika Leslie.





★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★
 ★ There is no Meeting for ★
 ★ the month of January, ★
 ★ we will meet in the new ★
 ★ year in February, have a ★
 ★ safe and Merry ★
 ★ Christmas from the ★
 ★ Mount Lofty ★
 ★ Rangers ★
 ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★ ★



Sheryl Penno F.G.A.A.

Manufacturing Jeweller
 Gemmologist - Designer

For ALL your Jewellery needs see Sheryl first
 Phone: 0414-720353

Phone: 018 857 622 LIGHTING*POWER
 *HOT WATER
 *STOVES

OVENDEN ELECTRICAL

*INSTALLATION *MAINTENANCE
 *DOMESTIC *COMMERCIAL

72 TURNERS AVE, HAWTHORNDENE
 S.A. 5051

AS

Plumbing and Gasfitting

Specialising in:

- * Bosch Hot Water
- * Hot Water Systems
- * Boiler Services
- * Storage Hot Water
- * Evaporative Cooling
- * Gas Heating

Shaun Lawson

11 Sunnybanks Drive Happy Valley SA 5159
 Tel/Fax (08) 8387 5115 Mobile 041 1794 558

TCIS Insurance Brokers Pty Ltd

offer a full range of insurance covers
 to club members

Ken Bradey

Ph 08 8278 7000 Mobile 018 807 934

Lic. R 24694 Telephone 8382 1963

Ted Bal

Quality 2nd fix Carpenter

24 Baanga Road
 Morphett Vale SA 5162

Alltrac 4WD

For a smooth ride, improved handling and clearance let *Alltrac* 4WD install an Ultimate suspension system to your ehicle. Ultimate suspension is acknowledged world wide as a leader in 4WD suspension design. We can

custom tailor an Ultimate suspention system exactly to your requirements and give you a lifetime warranty on springs and 5 years on shock absorbers.

So remember an Ultimate suspension will improve performance, comfort and steering for you on the road, 4WDDriving or towing.

Alltrac 4WD ***305 South Rd, Mile End, 5031***
ph (08) 82324 5299 a/h 018 846 544

Driving Instructor & Trainer

JOHN DODD

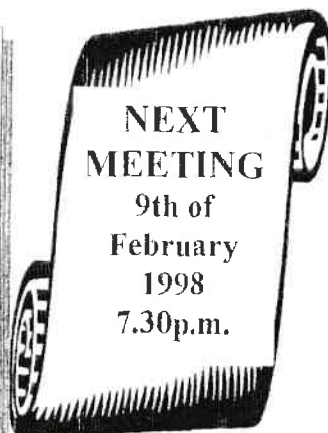
0885566494



NEXT MEETING

9th of
February
1998
7.30p.m.

Driver Training
Logbook
Driving Test
Overseas Conversions
Driving Instructor
Training





TRADING MART

Sell, Buy or Exchange

Sell - Allen Towbar (2 Tonne towing capacity) to suit Toyota Landcruiser HZJ 75.
\$100.00 set of five tyre and rims 31 x 10.5 R15 \$700.00ono(second spare for free) set of Toyota Landcruiser Manuals/Chassis and Body repair Manual & 2F Engine repair manual \$50.00 the lot.
Contact Ted Bal Mobile 0411223555 Bus Hrs or 8382 1963 ah

Sell- BOX- Sealed light galvanised box, suit storage of sleeping bags or cloths etc. on roof rack 45"Lx24"Wx12"H. \$75.00
BOX- Sealed light galvanised Box, suit spares etc 24"Lx12"Wx12"H. \$35.00
ENQUIRIES FOR THESE ITEMS PHONE PAUL WEST 015 393 569.

Sell- Tyre one only used as Spare - never been on the road. BF Goodrich's Allterrain TA 31.1050 15" rim — \$150.00 ono MAX ALMOND 8278 3848

Sell- IDEAL ROUND AUSTRALIA VEHICLE
OKA DUAL CAB - Lift-off POP-TOP CAMPER

With tray and tonneau.

Perkins 110T 4 litre diesel(345 Nm torque @ 1600rpm).

Seats six.

63,000 kms

Fitted with the following extras

900R16 Michelin XZL tyres , Dual batteries-Second battery 90AH deep cycle , Dual fuel tanks with separate gauges.(approx 1900 km range) ,Dual cab air conditions, Dual spare wheels, Steel bull bar 90 litre water tank below floor, 12 volt fridge(Trailblaza 60 litres) Solar panel, Gas Stove, Limited slip diff., Free wheel hubs, Power steering, Discs all round, Brush defection rails, Under floor tool box, 240 volt ac inverter, Additional passenger grab handle at dash Water pump at sink, Spring interior posture-pedic mattresses

PRICE \$94,990

New vehicle costs, dual-cab tray-top with camper approx \$150,000

Contact Jim Ditchfield a/h 08 8278 1614

Classified ads can be placed in this section of the magazine by Phoning Dean Dayman
After Hours on 8296 6390 between 6.00pm and 9.00pm Monday to Friday.

Sponsored by Alltrac 4 WD

Your Committee

PRESIDENT	Ken Bradey	Wk 018 807 934 Hm 8278 2787
VICE PRESIDENT	Clyde Paton	Hm 8278 1964
SECRETARY & PUBLIC OFFICER	Dean Dayman	Wk 8346 7999 Hm 8296 6390
TREASURER	Hubert Orbons	Wk 278 8142
ASSOCIATION DELEGATE	John Dodd	Hm 08 8556 6494
MEMBERSHIP OFFICER	John Keay	Hm 8278 6863
TRIPS CO-ORD.	Ted Bal	Hm 8382 1963
MAP LIBRARIAN	Jack Moss	Hm 8278 2719
SOCIAL COMMITTEE	Cheryl O'Toole	Hm 8387 1571
PROPERTY OFFICER	Henry Stendara	Hm 381 7827
MAGAZINE EDITORS	Gail Dodd	Hm 08 8556 6494 Fax 08 8556 6494
	Dean Dayman	
LIBRARIAN	Jack Moss	Hm 8278 2719